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The epicardium as modulator of the cardiac autonomic response during early development

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1 Introduction

The cardiac autonomic nervous system (cANS) is essential in modulating cardiac function by altering heart rate (chronotropy), conduction velocity (dromotropy) and force of contraction (inotropy) [1]. Dysfunctioning of the cANS plays a role in the pathogenesis of arrhythmias [1] and hypertension [2] and is involved in disease progression in heart failure [3]. Furthermore, normal functioning of the cANS is important for the prognosis of adult patients with congenital heart disease [4].

Understanding the processes that govern normal cANS development may help in unraveling the pathophysiology of abovementioned disease processes and in developing targeted treatment options. The cANS can be divided into a sympathetic and parasympathetic component. In general, sympathetic stimulation results in an increase of heart rate, conduction velocity and force of contraction, while parasympathetic stimulation has an opposing effect. Sympathetic neurons have their cell bodies primarily in the paravertebral stellate ganglion, whereas parasympathetic cell bodies are located in the cardiac ganglia [5]. The cells contributing to the cANS are derivatives of neural crest cells (NCCs) and cells of the node placode [6,7]. Kroese et al. demonstrated that prior to cardiac sympathetic innervation of the developing chicken embryo, the heart already responds to the catecholamine epinephrine [8]. This neurotransmitter binds to β(1) adrenergic receptors (AR), thereby activating cAMP dependent signaling [9], resulting in an increase in heart rate, conduction velocity and force of contraction [5]. It is remarkable that expression of enzymes necessary for production of catecholamines was found throughout the myocardium during cardiac development in rat [10], even before production is observed in the adrenal glands [11,12]. After addition of epinephrine in chick at Hamburger and Hamilton (HH) stage 20–24, several hemodynamic parameters, including heart rate, increased significantly [8]. This
supports an important role for catecholamines in the heart during early embryo development. Furthermore, stimulation of chick embryos with isoproterenol (\(\beta\)-agonist) at embryonic day 7 (HH30–31) resulted in an increase in cAMP [14]. In addition to responding to \(\beta\)-adrenergic stimulation, the early embryonic chicken heart was also shown to respond to \(\beta\)-adrenergic receptor blockade by reducing heart rate and cardiac output [15]. Thus prior to establishment of the CNS, the heart already responds to autonomic stimulation and blockade.

Interestingly, Kroese et al. showed that after treatment with all-trans retinoic acid (RA) the reaction to epinephrine, including the increase in heart rate, was significantly reduced [8]. Normal RA signaling has been shown to be important for proper development of the epicardium [16]. This single layer of cells is derived from the proepicardial organ (PEO) and covers the initially bare primary myocardial heart tube. Cells derived from the epicardium are known to play an essential role during normal cardiac development and defects in epicardial development result in cardiac malformations (reviewed in [17]).

The aim of the current study was to identify which cell population in the developing heart plays a role in modulating the autonomic response during early development. Our studies reveal unanticipated expression of neuronal markers in the epicardium during early cardiac development. To investigate a potential role of the epicardium, electrophysiological experiments were performed with and without inhibition of epicardial outgrowth.

2. Material and methods

2.1. Animals

Immunohistochemical analysis was performed in wild type mouse embryos with a mixed genetic background of different embryonic stages (E9.5–E17.5, mice described in [18]). The morning of the vaginal plug was considered E0.5. Pregnant mice were euthanized using CO\(_2\) exposure and cervical dislocation. Animal care was in accordance with national and institutional guidelines and approved by the animal experiments committee of the Leiden University Medical Center.

To study protein expression in chick embryos, fertilized eggs of the White Leghorn chicken were incubated at 37 °C and 80% humidity. Hearts were excised, and staged according to Hamburger and Hamilton (HH) [13]. Tissue was fixed in 4% paraformaldehyde for 24 h and subsequently embedded in paraffin and sectioned (5 μm) for immunohistochemical analysis.

2.2. Human fetal tissue

A 5-week-old human fetal heart was collected after elective abortion based on individual informed consent procedures conforming to the Declaration of Helsinki. Furthermore, the study was approved by the Medical Ethics committee of the Leiden University Medical Center. Tissue was treated as described above.

2.3. Immunohistochemistry

The protocol used for immunohistochemical staining was described previously [19]. Briefly, slides were rehydrated, subjected to heat-induced epitope retrieval and incubated with the following list of antibodies: anti-cardiac Troponin I (CTNI) (myocardial marker, 1:1000, HyTest Ltd), anti-Wilms’ tumour-1 (WT1) (expressed in the epicardium, 1:1000, ab89901, Abcam), anti-tubulin beta-3 chain (TUBB3) (4T21/2, HyTest Ltd), anti-Wilms’ tumor-1 (WT1) (expressed in the epicardium), anti-cardiac Troponin I (CTNI) (myocardial marker, 1:1000, ab89901, Abcam), anti-tubulin beta-3 chain (TUBB3) (4T21/2, HyTest Ltd), anti-Wilms’ tumor-1 (WT1) (expressed in the epicardium), and anti-tubulin beta-3 chain (TUBB3) (4T21/2, HyTest Ltd). To amplify WT1 expression Tyramide Signal Amplification (PerkinElmer) was used. Visualization was achieved by incubation with Alexa Fluor® 488 streptavidin (Invitrogen). The remainder of primary antibodies was visualized with Alexa-conjugated fluorescent secondary antibodies (Invitrogen) at a final concentration of 1:200. DAPI (D3571, 1/1000; Life Technologies) was used as a nuclear stain, after which slides were mounted with Prolong gold (Life Technologies).

2.4. Mechanical blocking of the proepicardial organ (PEO)

Mechanical inhibition of the epicardial outgrowth in the chicken embryo was performed as described previously [20]. At HH15, a window was created in the eggshell, after which the embryonic membranes were opened. Subsequently, a small piece of eggshell membrane was placed between the PEO and developing heart tube, after which the egg was re-incubated until the desired stage. In order to verify that outgrowth of the epicardial layer was hampered, hearts were sectioned and a Hematoxylin and Eosin staining was performed.

2.5. Ex-ovo extracellular micro-electrode recordings and epinephrine administration

To investigate the effect of epinephrine on heart rate, electrophysiological measurements were performed in embryonic chicken hearts at different developmental stages. After reaching the desired stage of development, embryos were extracted from the egg. The heart and some surrounding tissue were excised and placed in a temperature-controlled (37 ± 0.1 °C) tissue bath containing Tyrode. Recordings were performed using a previously described protocol [21]. Recording electrodes were placed on the atrium and the ventricular apex, and a reference electrode in the tissue bath. The hearts of five groups of embryos were studied: 1. HH15 embryos (n = 5), when the heart is not yet covered by epicardium; 2. HH19 embryos (n = 3), when epicardial covering of the sinus venosus, atria and AV-canal has commenced; 3. HH21 embryos (n = 3), when migration of epicardial cells around the heart is (nearly) complete [22]; 4. HH24–25 control embryos (n = 9, no surgical manipulation), when epicardial covering has been completed and subepicardial mesenchyme is present; 5. HH24–25 embryos (n = 9) after inhibition of epicardial outgrowth.

The hearts were allowed to reach a stable baseline heart rate (which was comparable between all studied groups, Supplemental Fig. S1), after which 10 μl of pre-warmed epinephrine (1 mg/ml, Centrafarm, The Netherlands) was directly pipetted onto the heart. Pre-warmed Tyrode was administered as a negative control to HH24–25 hearts (n = 6). The relative response to epinephrine was calculated by correcting the change in heart rate for the baseline heart rate. The heart rate was calculated every 10 s and plotted.

2.6. Statistical analysis

The Mann–Whitney U-test (two groups) or Kruskal–Wallis test (>two groups) were used, since the data was not normally distributed. P < 0.05 was considered statistically significant. Data shown is mean ± S.E.M. Statistical analysis was performed using the Graphpad Prism 6 software package (Graphpad Software).

3. Results

3.1. During early cardiac development the neuronal marker TUBB3 is expressed by the epicardium

In order to investigate which cell population plays a potential role in modulation of the early cardiac autonomic response, protein expression of the neuronal marker TUBB3 was analyzed during cardiacogenesis.

At E9.5, the primary heart tube is not covered by epicardial cells and the PEO is recognizable (Fig. 1a–d). Co-expression of neuron-specific TUBB3 and WT1 was observed in a subset of cells in the PEO (Fig. 1a–d). WT1+/TUBB3− and WT1−/TUBB3+ cells were also
present (Fig. 1a–d), confirming the heterogeneity of the PEO [23]. At E10.5, the epicardial layer has started to envelope the heart and showed co-expression of TUBB3 and WT1 in most epicardial cells (Fig. 1e–h). Co-expression of TUBB3 and WT1 was still clearly present at E11.5 in the majority of epicardial cells (Fig. 1i–l). Strong expression of TUBB3 was observed in the mesenchyme of the endocardial cushions in the OPT and AV canal, shown at E11.5 (Fig. 1i–l). TUBB3 expression in the epicardium decreased with ongoing development. At E12.5, only faint
expression was observed in the epicardium (Fig. 1m–p), disappearing at E13.5 (Fig. 1q–t). At this stage, TUBB3 expression was only observed in subepicardial nerve fibers (Fig. 1q–t) and no co-expression of TUBB3 and WT1 was observed in the epicardium or subepicardium.

To confirm the neuronal phenotype of the epicardium, NCAM (neuronal marker) expression was analyzed. At E11.5, co-expression of NCAM and TUBB3 was seen in the nervous system, including the neural tube and dorsal root ganglion (Supplemental Fig. S2a–d). Furthermore, NCAM expression was seen in the epicardium, co-localizing with TUBB3 (Supplemental Fig. S2e–h), thereby confirming the neuronal phenotype of the epicardium.

In addition, TUBB3 expression was analyzed during early human fetal development. A subset of epicardial cells and cells in the endocardial cushions showed expression of TUBB3 (Supplemental Fig. S3b–c). Furthermore, cells in the subepicardial space showed TUBB3 expression (Supplemental Fig. S3d–e).

3.2. A subpopulation of cells in the central nervous system co-express WT1 and TUBB3

The neuronal marker TUBB3 showed protein expression in the epicardium, co-expressing with WT1. In order to provide possible evidence that these proteins are involved in normal neuronal function, expression of TUBB3 and WT1 was studied in the nervous system. At E11.5, the developing nervous system showed expression of TUBB3 (Fig. 2a–d). No WT1 expression was found (Fig. 2a–d). Microscopic analysis at E13.5 revealed co-expression of TUBB3 and WT1 in the ventral region of the neural tube, as well as the roof of the 4th ventricle of the brain (Fig. 2e–g). WT1 expression was observed along the entire length of the neural tube (Fig. 2e). Co-expression of TUBB3 and WT1 in the spinal cord was still present at E17.5 (Fig. 2h–k).

3.3. During early cardiac development the catecholamine receptor β2AR is expressed by the epicardium

To further confirm a potential neuronal phenotype of the epicardium, expression of the beta 1 (β1) and beta 2 (β2) adrenergic receptors (AR) was studied. To confirm neuronal co-expression of TUBB3 and β2AR, these markers were studied at E11.5 in the nervous system. Co-labeling of TUBB3 and β2AR was seen in the dorsal root ganglion and neural tube (Fig. 3a–d).

In murine embryos at E11.5, most epicardial cells are TUBB3+ and a subpopulation of epicardial cells showed co-expression with β2AR (Fig. 3e–h). β2AR+ cells were found throughout the epicardial layer, predominantly seen in the AV and interventricular sulcus (Fig. 3e–h). Furthermore, expression of β2AR was seen in endocardial cells and a subpopulation of cells in the endocardial cushions (Fig. 3e) Expression of TUBB3 and β2AR was seen in the subepicardium at E12.5, with a subset of cells co-expressing both markers (Fig. 3i–l). β1AR expression was not observed in these stages (not shown).

3.4. Inhibition of epicardial outgrowth results in a diminished response to epinephrine

At HH21 of chick development, expression of β2AR was found in the epicardium, PEO and endocardium (Supplemental Fig. S4) which is in agreement with the β2AR expression found in mice. First, the role of the epicardial layer in the response of the heart to epinephrine was studied. For this purpose, chick hearts from embryos of subsequent stages of epicardial development were analyzed using ex-ovo micro-electrode recordings (Fig. 4 and Supplemental Fig. S5). The relative increase ((maximal heart rate – baseline) / (baseline)) × 100% in heart rate after administration of epinephrine was calculated. HH15 hearts, which lack epicardial covering, showed no increase in heart rate after administration of epinephrine (Fig. 4a and Supplemental Fig. S5a). A significant increase in heart rate was observed in hearts of HH19 (when epicardial covering of the sinus venosus, atria and AV-channel has initiated), HH21 (epicardial covering has (nearly) been completed) and HH24 (the occurrence of subepicardial mesenchyme) compared to HH15 embryos (Fig. 4b–e and Supplemental Fig. S5b). This indicates that the presence of epicardium is required for the response to epinephrine during early developmental stages.

To further substantiate the role of the epicardium in the response to epinephrine, an experimental model was used in which outgrowth of the epicardium is inhibited in chick embryos. To confirm epicardial inhibition, hearts were analyzed histologically, after the electrophysiological measurements. Analysis of the epicardial response to epinephrine was conducted at stage HH24, when the effects of the epicardial inhibition are clearly observed. At HH24, control hearts showed epicardial covering of the entire heart, with a cell-rich subepicardial space (Supplemental Fig. S6). After epicardial inhibition, large portions of the heart were not covered by epicardium and the regions covered with epicardium showed less subepicardial cells (Supplemental Fig. S6). Furthermore, compaction was hampered, as shown by a less dense compact myocardial layer compared to controls (Supplemental Fig. S6).

Ex-ovo micro-electrode recordings were performed after administration of epinephrine in control and inhibited hearts. After administration of epinephrine to control hearts (n = 9), a fast increase in heart rate was observed (Fig. 5a and Supplemental Fig. S5b). The relative increase in heart rate was 57.2 ± 7.20%. After epicardial inhibition (n = 9), however, this response was decreased (Fig. 5b,d p = 0.03 and Supplemental Fig. S5d), with a relative increase in frequency of 24.8 ± 4.33%. Pre-warmed Tyrode served as a negative control. Upon administration a short decrease in heart rate was observed, after which the heart rate returned to the baseline frequency (Fig. 5c and Supplemental Fig. S5c).

The earliest electrical activity is generated in the myocardium of the sinus venosus (SV) [21]. Since the response to epinephrine was altered after epicardial inhibition, the next step was to evaluate epicardial covering of the SV myocardium in these hearts. Hearts that were classified as successful inhibition of epicardial outgrowth in Fig. 5, were microscopically subdivided into two categories based on epicardial covering of the SV. Hearts were classified as “mild inhibition” (n = 4) when the myocardium of the SV was covered by epicardium, but no subepicardial cells were present (Fig. 6a,b). Hearts were classified as “severe inhibition” (n = 5) when the myocardium of the SV was (largely) devoid of epicardial and subepicardial cells were not present (Fig. 6d,e). Micro-electrode recordings revealed that the relative response to epinephrine was hampered in the mild inhibition group. The increase in heart rate was less pronounced and it took longer to return to the baseline heart rate after epinephrine administration compared to the control group (Fig. 6c). In the severely inhibited group, virtually no response to epinephrine was observed (Fig. 6f). The relative response to epinephrine was significantly decreased in the group classified as “severe inhibition” as compared to the “mild inhibition” group (p = 0.016 Fig. 6g).

4. Discussion

Autonomic modulation is essential for proper functioning of the heart and contributes to the prognosis of patients with heart failure and congenital heart disease. Early in development, the heart already responds to sympathetic stimulation, even prior to the presence of sympathetic nerve fibers [8]. The exact mechanism behind this early response is poorly understood. The current study provides new evidence that can account for this response. Key findings of this study are; 1) The epicardium expresses TUBB3, NCAM and β2AR during early development, which are known neuronal markers; 2) Inhibition of epicardial outgrowth results in a disturbed response to epinephrine; 3) The severity of inhibition of epicardial covering of the sinus venosus myocardium correlates to the severity of disturbance in the response to epinephrine. Together, these results suggest a role for the epicardium in autonomic modulation of the heart during early development.
The current work describes expression of proteins known to be of importance in the nervous system in the epicardium. The tubulin isoform TUBB3 is primarily expressed in neurons and is important for axonal guidance and maintenance [24]. Expression however is not limited to neurons, since melanocytes (derived from the neural crest, as do neurons) also show TUBB3 expression [25,26]. To ensure the neuronal phenotype, staining of another neural marker, neural cell adhesion molecule (NCAM) was performed. NCAM expression was also present in the epicardium, confirming the neuronal phenotype of the epicardial layer. More indirect evidence suggesting a possible role for the epicardium in neural function is the co-expression of WT1 and TUBB3 in the central nervous system. Wt1, a transcription factor expressed in the embryonic PEO and epicardium, is necessary for normal epicardial and cardiac development [27]. The current manuscript shows WT1/TUBB3 co-expression in the central nervous system, which is in agreement with previous reports demonstrating an important role for Wt1 in neural functioning [28–32].

In addition to epicardial expression of NCAM and TUBB3, the receptor for epinephrine, β2AR, was expressed in the epicardium. Epinephrine binds to β2AR, which activates adenyl cyclase, resulting cAMP dependant signaling [9], which leads to the sympathetic modulation of the heart rate, conduction velocity, and force of contraction.

To investigate the functional role of the epicardium in autonomic modulation, the response to epinephrine was analyzed in an experimental model in which normal outgrowth of the epicardium was inhibited. Results showed a significantly reduced response to epinephrine after epicardial inhibition. To further validate these results, epinephrine was administered in control chicken embryos at HH15, a stage in which no epicardial cells are present on the heart tube. Interestingly, these embryos did not show a response to epinephrine, confirming the data seen after epicardial inhibition. These results show that epicardial covering of the heart is (at least partially) responsible for a normal response to epinephrine during early cardiogenesis.

Absence of epicardial covering of the sinus venosus myocardium, as was described in the "severe inhibition group", results in absence of the epicardial β2AR. If epinephrine cannot bind to this receptor, cAMP mediated signaling is likely to be hampered, resulting in an absent response to epinephrine. Furthermore, it was recently shown that the β2AR forms protein complexes with the funny-current ion channel HCN4, responsible for spontaneous depolarization of pacemaker cells. Disturbing the formation of the β2AR/HCN4 protein complexes results in a hampered response to sympathetic stimulation [33], a result also observed after epicardial inhibition (this study).

Kroese et al. showed that disturbance of retinoic acid signaling results in a hampered response to epinephrine. Disturbing RA signaling in the epicardium by epicardial deletion of the retinoid X receptor-α (RXRα), results in defective epithelial-to-mesenchymal transition (EMT), thinning of the myocardium, disturbed coronary arteriogenesis and ventricular pre-excitation [34,35]. This phenotype is also seen after disturbance of epicardial outgrowth in avian embryos [36] and in Wt1-null mice [27,37]. Wt1 regulates RA signaling by activating RALDH2, the enzyme involved in RA synthesis [38], and Wt1-null mice show downregulation of RALDH2 [27]. Vice versa, induction of RA signaling results in upregulation of Wt1 expression in chick epicardial-derived cells [39]. Therefore, disturbing the normal outgrowth of the epicardium could result in hampering of RA signaling. Previous data showed that RA treatment in vitro results in neuronal differentiation, with an increase in β2AR expression [40]. This indicates that RA signaling is important for normal β2AR expression. Disturbing this by

![Fig. 2.](image-url)
Fig. 3. β2 adrenergic receptor is expressed in the epicardium and subepicardium during development. a–b. Co-expression of β2AR (green) and TUBB3 (red) is found in the dorsal root ganglia during murine embryonic development from E11.5 onwards. Separate gray values are shown for TUBB3 (c) and β2AR (d). e–h. At E11.5, a subpopulation of TUBB3 + epicardial cells is positive for β2AR (arrowheads in f–h). i–l. At E12.5 co-expression of TUBB3 and β2AR in the epicardium is lost. There is, however, expression of β2AR in the subepicardium of which a subset shows co-labeling with TUBB3 (arrowheads in j–l). DRG, dorsal root ganglion; NT, neural tube; RA, right atrium; LCA, left cardinal vein; AVC, atrioventricular cushion; RV, right ventricle; LV, left ventricle.

Fig. 4. The epicardium modulates the response to epinephrine during early development. a. Administration of epinephrine to isolated hearts at HH15 results in a slight decrease in heart rate. b–d. Administration of epinephrine to isolated hearts at HH19, HH21 and HH24 results in a marked increase in heart frequency. e. Relative response of hearts at HH19, HH21 and HH24 is significantly increased compared to the response of hearts at HH15.
The current study has several limitations. It cannot be excluded that inhibition of the outgrowth of the epicardium has secondary effects on the heart which can affect cardiac functioning, since epicardial cells are important for differentiation and maturation of cardiomyocytes [44]. However, our results show that epicardial covering is important for the response to epinephrine, since normal hearts without epicardium (HH15) do not respond to epinephrine. However, as soon as cardiac outgrowth of epicardial cells has commenced (HH19), the heart shows a rapid response to epinephrine. The early response seen at HH19, makes it unlikely that myocardial differentiation is responsible for the change in heart rate seen after administration of epinephrine. Furthermore, the response seen in normal hearts at HH15 was comparable to the response seen in epicardially inhibited hearts. This again shows that it is not myocardial differentiation, but the presence of epicardium which is responsible for the response to epinephrine. Although the chicken model demonstrates highly reproducible results, the results described in the current work could possibly be strengthened by electrophysiological testing in a mammalian model, which shows defects in epicardial covering. However, up to date, there is no mouse model specifically affecting outgrowth of the epicardium, since the genes commonly used for epicardium-specific expression of Cre are known to be expressed more broadly throughout the fetus during development [19,45].

In conclusion, the current study provides evidence indicating a role for the epicardium in autonomic modulation during early development. Autonomic modulation is essential for proper cardiac functioning and dysfunction of the autonomic nerve system is implicated in several diseases, such as cardiac arrhythmias, heart failure, congenital heart disease and hypertension [1–3]. The current study provides evidence indicating a role for the epicardium in autonomic modulation during early development. Further research is required to investigate the role of the epicardium in autonomic dysfunction seen in common cardiac disorders, and to explore the mechanisms responsible for the early heart rate response mediated by the epicardium.

Fig. 5. Repression of the epicardial covering of the heart reduces the cardiac response to epinephrine. a. Administration of epinephrine to isolated control hearts at HH24 result in a fast increase in heart frequency. b. Administration of epinephrine to isolated hearts after epicardial inhibition at HH24 results in a strongly reduced response in heart frequency. c. Administration of Tyrode to isolated control hearts results in a slight decrease in heart frequency. d. Relative response of hearts after epicardial inhibition is significantly reduced compared to the response of control hearts, *p = 0.03.
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Disclosures

None.

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