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Dispersive properties of gradient-dependent and rate-dependent media

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Abstract

The dispersive behaviour of waves propagating in gradient-dependent and rate-dependent media is investigated analytically and numerically. Attention is focused on the proper modelling of dynamic strain localisation and the crucial role that dispersion plays in this. By considering the dispersive properties of a continuum and of a modelling in finite elements the effect of the discretisation on the localisation phenomenon can be quantified.

1. Introduction

By now there exists ample experimental evidence that the residual load-carrying capacity of cohesive-frictional materials such as sands, clays, rocks and concretes is noticeably below the peak strength. Although the extent to which the values of the peak strength and the residual strength differ depends on the particular material and matters such as confining pressure, a descending branch in the measured load–displacement curve is commonly observed (e.g., Read and Hegemier, 1984; van Mier, 1984).

There is hardly any doubt that micro-structural changes in the specimen are responsible for this effect. When adopting continuum mechanics as a framework to model this phenomenon additional terms have to be included that represent these changes in the micro-structure. In recent years several approaches have been pursued to achieve this goal. Pijaudier-Cabot and Băţanţ (1987) have suggested to use a non-local formalism in which the damage variable is averaged over a domain in a weighted sense. Aifantis (1984), Coleman and Hodgdon (1985), Schreyer and Chen (1986), Lasry and Belytschko (1988), Mühlhaus and Aifantis (1991) and de Borst and Mühlhaus (1992) have suggested to enhance the continuum model by incorporating higher-order strain gradients. The introduction of gradient terms can be viewed as an approximation of fully non-local models whereby the non-local strain is expanded in a truncated Taylor series (cf. Mühlhaus and Aifantis, 1991; de Borst and Mühlhaus, 1992), but can also be motivated directly since below a certain size scale the interaction between the micro-structural carriers of the deformation is non-local. In an alternative approach Mühlhaus (1989), Mühlhaus et al. (1991), de Borst (1991a, 1991b,
1993) and de Borst and Sluys (1991) have departed from the standard (Boltzmann) continuum and have used the structure of a Cosserat continuum to introduce micro-structure into the field equations. For problems with a high mode-II intensity they have shown this approach to be highly versatile. Finally, it has been emphasized that rate effects cannot be ignored when the loading conditions are transient. Indeed, from a physical point of view the extension of the inelastic constitutive relations with viscous terms is most natural and has been applied to metals (Needleman, 1988), to soils (Loret and Prévost, 1990, Sluys, 1992) and to concrete (Sluys and de Borst, 1992).

Apart from physical motivations to include higher-order terms or rate effects in the continuum description there are also compelling reasons from a mathematical point of view. For the formulation of constitutive models the observed descending branch in the load-deflection curve is mapped onto a stress-strain diagram by an affine transformation, that is, stress and strain are computed as the quotients of the force and the virgin load-carrying cross-section, and of the displacement and the length of the specimen, respectively. Clearly, this procedure results in a negative slope of the stress-strain diagram (commonly called strain softening) beyond peak stress level. Under static loading conditions incorporation of such a negative slope in a standard, rate-independent continuum model results in loss of ellipticity of the field equations. Conversely, loss of hyperbolicity occurs when dynamic loading conditions are considered. In both cases well-posedness of the rate boundary value problem is lost and the mathematical model ceases to be a proper description of the physics. In numerical simulations this loss of well-posedness becomes manifest through an extreme mesh sensitivity. Near failure all deformation concentrates in the smallest possible zone that can be resolved by the grid. Upon mesh refinement the failure zone collapses into a discrete plane (localisation) and the energy consumption during the failure process tends to zero.

In this contribution we shall consider two approaches to regularise the field equations in the presence of softening, namely the gradient-dependent model and the rate-dependent model. The effect of these regularisation methods is that the width of the localisation zone and the energy consumption during failure remain finite. Attention is focused on dynamic phenomena. By a combination of analytical and numerical techniques it is investigated how waves propagate in a strain-softening gradient-dependent or rate-dependent continuum. It turns out that the role of dispersion, i.e. waves with different wave numbers propagate with different velocities, is of pivotal importance in dynamic localisation phenomena. Although it is known for quite some time that wave propagation in higher-order continua is dispersive—indeed this property has motivated Eringen (1972, 1974) to use non-local elasticity for modelling certain wave propagation phenomena—it has been recognised only recently that dispersion is crucial for the formation of shear bands under dynamic loading conditions (de Borst and Sluys, 1991; Sluys, 1992; Sluys and de Borst, 1992). An analysis of dispersive waves enables us to analyse the characteristics of the localisation zone, namely the essential length scale effect can be derived and the occurrence of real wave speeds, which are responsible for the formation of a shear band with a non-zero width, can be demonstrated. The dispersion analysis of a gradient-dependent and a rate-dependent continuum discretised in finite elements shows the influence of the finite element size and the type of mass distribution on the accuracy of the solution for the localisation zone.

2. Wave propagation in a standard, rate-independent strain-softening element

Consider an initial value problem in one spatial direction. The governing equations for motion and continuity can then be stated in a rate format as

\[ \frac{\partial \dot{\sigma}}{\partial x} = \rho \frac{\partial^2 \dot{\sigma}}{\partial t^2}, \]

with \( \rho \) the mass density and

\[ \dot{\varepsilon} = \frac{\partial \varepsilon}{\partial x}, \]
in which velocity \( v = \dot{u} \) and \( \dot{\sigma} \) the stress rate. For the constitutive relation we shall use a plasticity formalism, so that the strain rate \( \dot{\varepsilon} \) is decomposed into an elastic contribution \( \dot{\varepsilon}^e \) and a plastic contribution \( \dot{\varepsilon}^p \):

\[
\dot{\varepsilon} = \dot{\varepsilon}^e + \dot{\varepsilon}^p.
\]

The elastic component is related to the stress rate \( \dot{\sigma} \) via a bijective relation

\[
\dot{\sigma} = E\dot{\varepsilon}^e,
\]

with \( E \) Young's modulus. The strain-softening model is assumed to have the following general format:

\[
\sigma = f'(\varepsilon^p),
\]

or in a rate form

\[
\dot{\sigma} = f'\dot{\varepsilon}^p,
\]

where the prime denotes differentiation with respect to the plastic strain \( \varepsilon^p \). Softening occurs if \( f' < 0 \). Combining Eqs. (2)–(4) and (6), and differentiating with respect to \( x \) yields

\[
\frac{\partial \dot{\sigma}}{\partial x} = \frac{f' E}{E + f'} \frac{\partial^2 \varepsilon^p}{\partial^2 x^2}.
\]

Substituting Eq. (1) into (7) we obtain the wave equation for a one-dimensional strain-softening bar

\[
E + f' \frac{\partial^2 \varepsilon^p}{\partial^2 x^2} - f' \frac{\partial^2 \varepsilon^p}{\partial x^2} = 0,
\]

with \( c_e = \sqrt{E/\rho} \) the linear elastic, longitudinal wave velocity (the so-called bar wave velocity). This second-order partial differential equation is linear if \( f' \) is constant (linear strain softening) and quasi-linear if \( f' \) is a function of \( \varepsilon^p \) (non-linear strain softening). The character of the solution of Eq. (8) can be investigated by means of its characteristics, which represent the directions along which the solution develops. We consider the variation of the first derivatives of velocity \( v \) with respect to \( t \) and \( x \)

\[
d\left( \frac{\partial v}{\partial t} \right) = \frac{\partial^2 v}{\partial t^2} \, dt + \frac{\partial^2 v}{\partial x \, \partial t} \, dx.
\]

Combination of Eqs. (9) and (10) with the wave equation for the strain-softening bar (Eq. (8)) yields a system of three second-order differential equations. The characteristic determinant reads

\[
D = \left( \frac{E + f'}{c_e^2} \right) \, dx^2 - f' \, dt^2.
\]

If \( D \neq 0 \) a unique solution in the \( u-x-t \) space can be determined. However, if \( D = 0 \) the system of equations is dependent and a curve in the \( u-x-t \) plane coincides with the characteristic directions

\[
\frac{dx}{dt} = \pm c_e \sqrt{f' \over E + f'}.
\]

For a wave equation the characteristics (\( \pm dx/dt \)) coincide with the wave speeds (\( \pm c \)). If we have softening (\( f' < 0 \)) the characteristics and therefore the wave speeds will be imaginary and the wave equation loses hyperbolicity. In fact, the domain is split up into an elliptic part, in which waves do not have the ability to propagate (standing waves), and into a hyperbolic part with propagating waves. Spatial interaction between the two domains is impossible, i.e. no stress can be transmitted from the elliptic domain to the hyperbolic domain and vice versa. The loss of hyperbolicity means that the rate boundary value problem becomes ill-posed (Benallal et al., 1991) and therefore ceases to be a meaningful description of the physics of the problem.

As alluded to in the introduction, dispersion of waves is of crucial importance for properly modelling dynamic localisation phenomena. Waves are called dispersive if harmonic waves with a different frequency propagate with different phase velocities. Denoting \( \omega \) as the angular frequency and \( k \) as the wave number counting the number of wave lengths \( \lambda \) in the bar over \( 2\pi \)

\[
k = 2\pi/\lambda,
\]

this means that the phase velocity \( c = \omega/k \) must be a function of the wave number (Whitham, 1974). A travelling wave is composed of harmonic waves which have different phase velocities and therefore its shape is altered during propagation.
For a dispersion analysis we consider a single linear harmonic wave which propagates through a one-dimensional continuum

\[ v(x, t) = A e^{i(kx - \omega t)}. \]  

(14)

A dispersion relation can be obtained if Eq. (14) is substituted into the wave equation (8), which yields

\[ \omega = c_e \sqrt{\frac{f'}{E + f^2}} k. \]  

(15)

For the classical strain-softening bar considered here the phase velocity \( c_e \) is clearly independent of the wave number \( k \), so that the waves are non-dispersive. Accordingly the shape of an arbitrary loading wave cannot be transformed into a stationary wave.

To investigate the consequences of the mathematical statements of ill-posedness and imaginary wave speeds, we shall now derive the analytical solution of a bar of length \( L \) which is fixed at one side and loaded by a dynamic tensile force at the other side (Sluys, 1992, see also Bažant and Belytschko (1985), who found an exact analytical solution for a one-dimensional strain-softening bar with prescribed velocity at both sides of the bar). This longitudinal wave propagation problem is sketched in Fig. 1. We use a linear strain-softening model (\( f' = h = \text{constant} \)) and a step load \( (t_d = 0) \). Starting at the right boundary the transient wave propagates through the bar and reflects at the left boundary. If \( \frac{1}{2} f_t < q_0 < f_t \), with \( f_t \) the tensile strength, the tensile strength is exceeded after reflection. The strain-softening branch is entered and a localised softening zone of a width \( w \) emerges. Since the wave equation now becomes elliptic, interaction over finite distances is immediate, the localisation zone cannot extend and remains infinitely small \( (w \to 0) \). A solution to the initial value problem is (note that there may exist other solutions, cf. Sluys (1992)):

\[ u(x, t) = \frac{H[t - (L - x)/c_e]}{\rho c_e} q_0[t - (L - x)/c_e] \]

\[ + \frac{H(t - (L + x)/c_e)}{\rho c_e} q_0[t - (L + x)/c_e], \]  

(16)

in which \( H \) is the Heaviside step function,

\[ \epsilon(x, t) = \frac{q_0}{E} \left[ H(t - (L - x)/c_e) \right. \]

\[ - H(t - (L + x)/c_e) \]

\[ + \frac{2q_0}{\rho c_e} (t - L/c_e) \delta(x), \]  

(17)

with \( \delta(x) \) the Dirac delta function, and

\[ \sigma(x, t) = q_0 \left[ H(t - (L - x)/c_e) \right. \]

\[ - H(t - (L + x)/c_e) \].  

(18)

If stresses and strains are known the energy consumption in the bar can be calculated as

\[ U(t) = \frac{q_o^2 A c_e}{2E} \left[ t - 2(t - L/c_e) H(t - L/c_e) \right], \]

for \( 0 < t < 2L/c_e \).  

(19)

According to this solution the strain tends to infinity after reflection in a localisation zone of zero width. In fact, the solution of the elliptic equation is a standing wave, described by a Dirac delta function, which does not have the ability to extend. The stress drops to zero instantly and the wave reflects on the softening zone as on a free...
boundary. The tensile wave returns as a pressure wave instead of a superposition of tensile waves which would happen for reflection of an elastic wave on a fixed boundary. Spatial interaction in terms of transmission of stress between the softening (elliptic) zone and the elastic (hyperbolic) zone is not possible. Finally, Eq. (19) shows that after reflection from \( t = L/c_e \) the bar is unable to consume inelastic energy and the elastic energy of the reflected wave is the total energy in the bar.

The problem of a uniaxial bar under impact loading will now be investigated numerically. The geometry, loading and material data are represented in Fig. 1. Use of these parameters yields a linear elastic wave speed \( c_e = 1000 \text{ m/s} \). We consider a block wave with a vertical stress front which corresponds to \( t_d = 0 \). The time integration of the field equations has been done with the Newmark scheme \( (\beta = \frac{1}{2}, \gamma = \frac{1}{4}) \). For the time step we take \( \Delta t = 5 \times 10^{-7} \text{ s} \). Use has been made of quadratic elements with a three-point Gauss integration scheme. A consistent mass matrix has been used for all analyses with the standard continuum model. The bar is divided into 10, 20, 40 and 80 elements, respectively.

The response of the bar is linearly elastic until the loading wave reaches the left boundary. The doubling in stress \( (2q_0 = \frac{3}{2}f_0) \) due to reflection of the tensile wave marks the onset of softening. A localisation zone of intense straining subsequently emerges.

In Fig. 2 the displacements and the strains for the different meshes are plotted at \( t = \frac{3}{2}L/c_e = 0.15 \times 10^{-3} \text{ s} \), that is when the wave has reflected at the left boundary and has returned to \( x = \frac{1}{2}L \).

Note that the result for the discretisation with 80 elements has not been plotted because at \( t = 0.15 \times 10^{-3} \text{ s} \) the bar has already failed. Mesh sensitivity is obvious: strain localisation occurs in the form of a jump in displacements in only one integration point. This is the smallest possible zone which is in agreement with the analytical solution Eqs. (16)-(19).

The stress profiles after the reflection as plotted in Fig. 3 show that the amount of wave
reflection also depends on the mesh: for more elements there is a larger reduction in stress of the reflected wave. As soon as the stress has become zero one integration point starts to act as a free boundary on which the tensile wave reflects as a pressure wave. Summation of a tensile wave propagating to the left and a pressure wave propagating to the right yields a zero stress situation. Finally, the development of the consumption of the energy \( U \) in the bar depends on the number of elements in the mesh, Fig. 3. In the limiting case of an infinite number of elements failure occurs at \( t = L/c_e \) without further energy consumption in the strain-softening zone of the bar. The stress drops to zero instantly and the wave reflects as a pressure wave. The elastic energy gradually vanishes in the bar with the returning pressure wave.

3. Enhancement of the standard, rate-independent strain-softening model

For the rate-independent strain-softening element the formation of the localisation zone is a discontinuous process in space and time. The jump-wise solution is in contradiction with experimental results, in which the shear band acts over a certain width and develops in a certain time span. In fact, the process is non-local in the space domain and non-instant in the time domain. This non-local and non-instantaneous behaviour can be forced separately using the following assumptions.

Firstly, we assume the average plastic strain in a localisation zone with size \( L \) according to

\[
\bar{\varepsilon}^p = \frac{1}{L} \int_{x-L/2}^{x+L/2} \varepsilon^p(x + s) \, ds,
\]

which implies the simplest dependence between local and non-local strain but is taken here for the sake of simplicity. When \( \varepsilon^p(x + s) \) is developed in a Taylor series expansion we obtain

\[
\bar{\varepsilon}^p = \varepsilon^p(x) + \frac{L^2}{24} \frac{\partial^2 \varepsilon^p(x)}{\partial x^2} + \cdots,
\]

assuming that \( \varepsilon^p(x) \) is a continuous function of a sufficiently high order. We can define a force \( F \) according to

\[
F = C(\varepsilon^p(x) - \bar{\varepsilon}^p) = \frac{CL^2}{24} \frac{\partial^2 \varepsilon^p(x)}{\partial x^2},
\]

with \( C \) a constant. The force \( F \) is proportional to the second-order gradient of the plastic strain and limits the deviation between the average and the local plastic strain in the localisation zone and therefore limits the jump or discontinuity of the solution in the space domain.

Secondly, we assume the average plastic strain in a representative time interval \( T \) in which the localisation process takes place as

\[
\bar{\varepsilon}^p = \frac{1}{T} \int_t^{t+T} \varepsilon^p(t + \tau) \, d\tau.
\]

Again, substitution of a Taylor series expansion for \( \varepsilon^p(t + \tau) \) in Eq. (23) yields

\[
\bar{\varepsilon}^p = \varepsilon^p(t) + \frac{T}{2} \frac{\partial \varepsilon^p(t)}{\partial t} + \cdots.
\]

The force \( F \) is now proportional to the first-order time derivative of the plastic strain according to

\[
F = C(\varepsilon^p(t) - \bar{\varepsilon}^p) = \frac{CT}{2} \frac{\partial \varepsilon^p(t)}{\partial t}.
\]

This force bounds the deviation between average and instantaneous strain inside the localisation zone and smoothes the jump in plastic strain as observed for the standard, rate-independent case. It is emphasized that the plastic strain is a function of space and time and, therefore, the evolution of plastic deformation in space and time are coupled. This has the advantageous consequence that smoothing of the discontinuity in the spatial domain implies smoothing in the time domain and vice versa. This will be demonstrated in the numerical example in Sections 4.4 and 5.4.

A macroscopic argument is found here to include higher-order spatial or time derivatives in the constitutive equations. In Section 4 the spatially averaged strain in Eq. (21) is substituted for the local plastic strain in Eq. (5) which yields a gradient-dependent model, while in Section 5 the time-averaged strain in Eq. (24) is substituted for
the instantaneous plastic strain in Eq. (5) which yields a rate-dependent model.

4. Dispersive waves in a gradient-dependent strain-softening element

4.1. Model formulation

In the present gradient plasticity theory the yield function is assumed to depend not only upon the plastic strain $e^p$, but also upon its second derivative. While the equation of motion (1), the kinematic equation (2) and the constitutive equations (3), (4) remain unchanged, the strain-softening part now reads

$$\sigma = f(e^p, \partial^2 e^p / \partial x^2).$$

In case of linear softening ($f' = h = \text{constant}$), the rate formulation becomes

$$\dot{\sigma} = h \dot{e}^p - \tilde{c} \frac{\partial^2 e^p}{\partial x^2},$$

(27)

where in the analyses presented here,

$$\tilde{c} = - \frac{\partial f}{\partial (\partial^2 e^p / \partial x^2)}$$

(28)

has also been assumed to be a constant. A problem with the application of standard numerical (finite element) computations for elasto-plastic solids is that Eq. (27) is a partial differential equation. To solve the rate boundary value problem numerically Mühlhaus and Aifantis (1991) and de Borst and Mühlhaus (1992) have proposed to consider the inelastic strain rate $\dot{e}^p$ as an independent unknown in addition to the axial velocity $v$. For this purpose we substitute the decomposition of strain rates (3) and the elastic part of the stress–strain law (4) in the weak form of the equation of motion (1) and in the softening function in rate format (27). Using the divergence theorem and neglecting boundary tractions this gives

$$\int_V \delta \sigma \left[ \frac{\partial^2 \dot{e}^p}{\partial t^2} - \frac{\partial^2 \dot{e}^p}{\partial x^2} \right] dV + \int_V \dot{\delta} \dot{e}^p (\dot{e} - \dot{e}^p) dV = 0$$

(29)

and

$$\int_V \delta \dot{e}^p \left[ E(\dot{e} - \dot{e}^p) - h \dot{e}^p + \tilde{c} \frac{\partial^2 \dot{e}^p}{\partial x^2} \right] dV = 0,$$

(30)

which will be used as a starting point of the finite element discretisation in Section 4.3.

4.2. Dispersion analysis

To analyse wave propagation in a gradient-dependent one-dimensional element we combine the constitutive equation (27) with Eqs. (2)–(4) and differentiate the result with respect to $x$

$$\frac{\partial}{\partial x} \left( - \tilde{c} \frac{\partial^2 \dot{\sigma}}{\partial x^2} + \frac{E + h}{E} \frac{\partial \dot{\sigma}}{\partial x} \right) = \frac{\partial^2}{\partial x^2} \left( h v - \tilde{c} \frac{\partial^2 v}{\partial x^2} \right).$$

(31)

If we combine this result with the equation of motion (1) we obtain a fourth-order differential equation for the one-dimensional gradient-dependent, strain-softening bar

$$\tilde{c} \left( \frac{\partial^4 v}{\partial x^4} - \frac{1}{c_e^2} \frac{\partial^4 v}{\partial x^2 \partial t^2} \right) + \frac{E + h}{c_e^2} \frac{\partial^2 v}{\partial t^2} - h \frac{\partial^2 v}{\partial x^2} = 0.$$ 

(32)

Note that if $\tilde{c} \rightarrow 0$ the wave equation for the classical strain-softening bar (Eq. (8)) is recovered with imaginary characteristics and imaginary wave speeds.

The condition of Eq. (32) can be investigated by means of its characteristics. To this end we consider the variation of two third-order derivative terms of $v$

$$d \left( \frac{\partial^3 v}{\partial x^3} \right) = \frac{\partial^4 v}{\partial x^3 \partial t} \frac{dt}{dx} + \frac{\partial^4 v}{\partial x^2 \partial t^2} \frac{dx}{dt},$$

(33)

$$d \left( \frac{\partial^3 v}{\partial x^2 \partial t} \right) = \frac{\partial^4 v}{\partial x^2 \partial t^2} \frac{dt}{dx} + \frac{\partial^4 v}{\partial x^2 \partial t^2} \frac{dx}{dt}.$$ 

(34)

Combination of Eqs. (33) and (34) and the wave equation for the gradient-dependent bar, Eq. (32), yields a system of three fourth-order differential equations with a characteristic determinant

$$D = \tilde{c} \left[ (c_e^2 - 1) \frac{dx^2}{dt^2} \right].$$

(35)

With $D = 0$ the characteristics are equal to the
elastic bar velocity \( \pm c_e \) and remain real when strain softening occurs. So, the wave equation remains hyperbolic and the initial value problem is well-posed.

We now carry out a dispersion analysis for the gradient-dependent bar. Substitution of the general solution (14) for a single harmonic wave into the wave equation (32) gives the dispersion relation for the gradient-dependent bar

\[
\tilde{c} k^4 - \left( \frac{\tilde{c}}{c_e^2} \right) k^2 \omega^2 - \left[ \frac{(E + h)}{c_e^2} \right] \omega^2 + h k^2 = 0.
\]

(36)

Considering the positive root for \( \omega \)

\[
\omega = c_e \sqrt{\frac{\tilde{c} k^2}{E + h + \tilde{c} k^2}},
\]

(37)

it becomes clear that the classical non-dispersive relation (15) is recovered when \( \tilde{c} \to 0 \). For \( \tilde{c} \neq 0 \) and in case of the one-dimensional bar problem the dispersion relation is plotted in Fig. 4. The phase velocity \( c = \omega / k \) of the harmonic wave reads

\[
c = c_e \sqrt{\frac{\tilde{c} k^2}{E + h + \tilde{c} k^2}},
\]

(38)

which relation is depicted graphically in Fig. 5. The phase speed \( c \) depends on the wave number \( k \) and, consequently, wave propagation is dispersive for the gradient-dependent bar (Whitham, 1974). Owing to the fact that different harmonic waves propagate with different velocities the shape of a pulse is altered and, in contrast to the standard continuum model, a loading wave can be transformed into a stationary localisation wave. For a gradient-dependent model the phase speed therefore not necessarily becomes imaginary at the onset of softening as in a standard continuum model. From Eq. (38) it follows that the phase velocity remains real if

\[
k \geq \frac{\sqrt{-h/\tilde{c}}}{l^{-1}}
\]

and thus

\[
\lambda \leq 2 \pi l, \quad \text{with} \quad l = \sqrt{-\tilde{c}/h}.
\]

(39)

The parameter \( l \) is the internal length scale in the gradient-dependent model. If \( k < l^{-1} \) or wave length \( \lambda > 2 \pi l \) we recover the situation in which a disturbance \( \delta u \) is unbounded and stability in the sense of Lyapunov is lost (i.e. a small disturbance of boundary data results in large changes of the response). However, localisation zones are stationary waves with \( c = 0 \) m/s and the maximum wave length is bounded by \( \lambda = 2 \pi l \). Waves with a wave length \( \lambda > 2 \pi l \) do not fit within the strain-softening region and will not occur. Consequently, all phase velocities remain real because the first-order wave with the lowest wave number (largest wave length) has a wave number which is equal or larger than the critical value in Eq. (39).

In the numerical analyses we will observe that all higher frequencies which are present in a loading wave vanish under the influence of nonlinear
material behaviour and we obtain a stationary harmonic localisation wave with a width equal to the maximum wave length \( w = \lambda = 2\pi l \).

4.3. The influence of the discretisation on dispersive waves

The dispersion analysis carried out for the one-dimensional bar can also be done for a bar discretised in the spatial dimension. By using a representation in finite elements the interaction between the physical and numerical dispersion can be determined. The size of the finite elements and the mass distribution within the element cause a contribution to the dispersion phenomenon. Since we use the implicit Newmark time integration scheme with \( \beta = \frac{1}{4} \) and \( \gamma = \frac{1}{2} \) the small contribution of the time integrator to numerical dispersion is neglected. An analysis of the discretisation influence offers the possibility to derive a condition for the minimum number of finite elements needed in the localisation zone for an accurate representation. The influence of the discretisation on dispersion behaviour has been discussed before by Huerta and Pijaudier-Cabot (1992).

For the gradient model we assume a finite element representation of the weak form of Eqs. (29) and (30) via

\[
v(x) = H\alpha, \quad \dot{\varepsilon} = B\alpha, \quad \dot{\varepsilon}^p = h^T\Xi, \quad \frac{\partial^2 \dot{\varepsilon}^p}{\partial x^2} = p^T\Xi,
\]

in which \( \alpha \) are the nodal velocities and \( \Xi \) the nodal plastic strain rates. Matrix \( H \) contains the interpolation polynomials for the displacement field and \( B = LH \), in which \( L \) is the differential operator matrix. An important issue is now the order of interpolation of the variables \( v \) and \( \dot{\varepsilon}^p \). While \( C^0 \)-interpolants suffice for \( v \), the presence of a second spatial derivative of \( \dot{\varepsilon}^p \) requires \( C^1 \)-continuous shape functions. In the numerical analyses presented here, Hermitian functions have been used for \( h \) for this purpose. If we take a bar element with an element size \( d \) and node numbers \( j \) and \( j + 1 \) we obtain

\[
\dot{\varepsilon}^p(x) = \left[ 1 - \frac{3x^2}{d^2} + \frac{2x^3}{d^3}, \frac{x - \frac{2x^2}{d} - \frac{x^3}{d^2}}{d} \right] \begin{bmatrix} \Xi_j \\ \frac{d\Xi_j}{d} \\ \Xi_{j+1} \\ \frac{d\Xi_{j+1}}{d} \end{bmatrix},
\]

in which \( d\Xi \) are the nodal gradients of the plastic strain rate. \( p \) is calculated by differentiating the polynomials of \( h \) twice. Substitution of Eqs. (40)–(43) in Eqs. (29) and (30) yields

\[
\int_V \rho H^T H \, dV \, \ddot{\alpha} + \int_V E B^T B \, dV \, \dot{\alpha} = 0,
\]

\[
-\int_V E B^T h^T \, dV \, \Xi = 0,
\]

\[
\int_V E h B \, dV \alpha - \int_V (h + E) h h^T \, dV \, \Xi
\]

\[
+ \int_V \tilde{\varepsilon} h^T \, dV \Xi = 0.
\]

The matrices in Eqs. (45) and (46) have been determined for a bar element integrated by a two point quadrature. We assume a mesh with elements of constant length and consider Eqs. (45) and (46) for node \( j \).

\[
\frac{M_d}{E} \frac{1}{d} \left( -a_{j-1} + 2a_j - a_{j+1} \right)
\]

\[
-\left( \frac{1}{2} \Xi_{j-1} + \frac{3d}{32} d\Xi_{j-1} - \frac{6d}{32} d\Xi_j \right) - \left( \frac{1}{2} \Xi_{j+1} + \frac{3d}{32} d\Xi_{j+1} \right) = 0,
\]

\[
E \left( -a_{j-1} + a_{j+1} \right)
\]

\[
- \frac{(h + E)d}{4096} \left( 540\Xi_{j-1} + 126d \, d\Xi_{j-1} + 3016\Xi_j + 540\Xi_{j+1} - 126d \, d\Xi_{j+1} \right)
\]

\[
+ \frac{\tilde{c}}{128} \left( \frac{132}{d} \Xi_{j-1} + 2d\Xi_{j-1} - \frac{264}{d} \Xi_j \right)
\]

\[
+ \frac{132}{d} \Xi_{j+1} - 2d\Xi_{j+1} \right) = 0,
\]

\[
(48)
\]
\[
\frac{Ed}{32} (3a_{j-1} - 6a_j + 3a_{j+1})
\]
\[-\frac{(h + E)d}{4096} (-126d \Xi_{j-1} - 27d^2 d \Xi_{j-1})
\]+ 90d^2 d \Xi_j + 126d \Xi_{j+1} - 27d^2 d \Xi_{j+1})
\]
\[+ \frac{\bar{c}}{128} (-18 \Xi_{j-1} + 3d d \Xi_{j-1} - 42d d \Xi_j
\]
\[+ 18 \Xi_{j+1} + 3d d \Xi_{j+1}) = 0. \quad (49)
\]

The parameter \( M_d \) is dependent on the mass distribution in the finite elements. For a consistent, a lumped and a higher-order mass matrix, we derive respectively,

\[
M_{d} = \frac{\rho d}{16} \left( 3 \frac{\partial^2 a_{j-1}}{\partial t^2} + 10 \frac{\partial^2 a_j}{\partial t^2} + 3 \frac{\partial^2 a_{j+1}}{\partial t^2} \right), \quad (50)
\]

\[
M_{d} = \frac{\rho d}{32} \left( 3 \frac{\partial^2 a_{j-1}}{\partial t^2} + 26 \frac{\partial^2 a_j}{\partial t^2} + 3 \frac{\partial^2 a_{j+1}}{\partial t^2} \right), \quad (51)
\]

The higher-order mass matrix is obtained by averaging the lumped and the consistent mass matrices.

Similar to the harmonic wave in Eq. (14) for the dispersion analysis of the discretised bar we take a consistent set of harmonic solutions

\[
a_j = A e^{i(kx - \omega t)}, \quad (53)
\]

\[
\Xi_j = ikB e^{i(kx - \omega t)}, \quad (54)
\]

\[
d \Xi_j = k^2 C e^{i(kx - \omega t)}. \quad (55)
\]

The solution at the neighbouring nodes for the velocity field is then

\[
a_{j-1} = (\cos kd - i \sin kd) A e^{i(kx - \omega t)}, \quad (56)
\]

\[
a_{j+1} = (\cos kd + i \sin kd) A e^{i(kx - \omega t)}. \quad (57)
\]

Substitution of the complete solution (Eqs. (53)–(57)) in Eqs. (47)–(49) gives a system of three equations for which a non-trivial solution results in a dispersion relation in which the frequency \( \omega \) is a function of the wave number \( k \) and the finite element size \( d \). The dispersion curve of the discretised bar for a consistent mass distribution is plotted in Fig. 6 for different sizes \( d \) of the finite elements. We observe that refinement of the mesh \( (d \to 0) \) leads to convergence of the dispersion curve to the continuum dispersion curve of Fig. 4. The same tendency is observed in Fig. 7 if we plot the phase velocity \( c \) against wave number \( k \) for different values of \( d \). A second observation is that in Fig. 7 the point that represents the stationary localisation wave \( (c = 0) \) gradually moves to a smaller value of \( k \) when larger elements are used. This means that the wave length \( (\approx 2\pi/k) \) which represents the width of the localisation zone increases. This is exactly what is observed in the numerical calculations of Section 4.4. This

Fig. 6. Discretised dispersion relation for a gradient-dependent bar.

Fig. 7. Discretised phase velocity–wave number curve for a gradient-dependent bar with a consistent mass matrix.
widening of the localisation band can be quantified as will be demonstrated next.

Furthermore, it is observed in Figs. 6 and 7 that the deviation between the “discretised” dispersion curve and the “continuum” dispersion curve increases for higher frequencies (and smaller wave lengths). This is in fact a trivial result because the accuracy of the finite element solution rapidly decreases when the wave length is of the same order as the element size. For instance in Fig. 6 for \( d = 4.0 \) mm a maximum in the dispersion curve is observed which corresponds to a wave length \( \lambda = 2d \). When wave lengths are smaller than \( 2d \) this linear element cannot produce accurate results.

The influence of the mass discretisation is shown in Fig. 8, in which a consistent, a lumped and a higher-order mass matrix have been used for an element size \( d = 2.0 \) mm. We observe that a consistent mass matrix provides an upper bound of the continuum value while a lumped mass matrix results in a lower bound value. The higher-order mass matrix gives the most accurate description, even for very high frequencies. The results with respect to mass discretisation are similar to the outcome of accuracy analyses carried out for elastic media (Hughes, 1987). A second result of the variation of mass matrices is that the type of distribution does not affect the width of a stationary localisation zone \( (c = 0) \).

This result is logical since inertia effects do not play a role in a stationary localisation zone.

Finally, if we take \( c = 0 \) in the dispersion relation a dependence can be derived between the width of the localisation zone in the discretised continuum \( w_{\text{discr}} \) and the element size \( d \). This result is plotted in Fig. 9, in which \( w_{\text{discr}} \) is normalised with respect to the exact width of the localisation zone \( w_{\text{exact}} \). A criterion for the required number of finite elements \( n_{\text{elem}} \) in the localisation zone can be derived. Namely, if a 10% mismatch between discretised and exact value is accepted it follows that

\[
\frac{w_{\text{exact}}}{d_{\text{cri}} \pm 10\%} = 11.8. \tag{58}
\]

However, it is noted that the use of elements with a quadratic interpolation for the velocity field results in a much less severe condition.

4.4. One-dimensional finite element analyses

Numerical analyses have been carried out for 20, 40, 80 and 160 elements to further investigate the dispersive character of the gradient-dependent model and the performance with respect to mesh refinement. The calculations have again been carried out with the Newmark time integration scheme with the same constants and time steps as for the standard continuum model. Unless stated otherwise a consistent mass matrix has been used.
Firstly, we have investigated the gradient model by means of the one-dimensional bar problem in pure tension (Fig. 1). A slight modification has been made to the parameter set by taking a steeper softening branch compared with the classical case: \( h = -2000 \text{ N/mm}^2 \). This does not necessarily increase the brittleness of the material because the gradient effect "carries" a part of the load. We will observe that the same happens in rate-dependent models because of the viscous effect. The extra gradient constant \( \bar{c} = 50000 \text{ N} \) The values for \( h \) and \( \bar{c} \) imply an internal length scale parameter \( l = 5 \text{ mm} \) (Eq. (39)).

Again, we consider a block wave (\( t_d = 0 \)) which propagates in a linear-elastic fashion through the bar until reflection occurs and the localisation process is initiated. Extra boundary conditions (cf. de Borst and Mühlhaus, 1992; Sluys, 1992) have been applied (\( \partial \bar{e}^p / \partial x = 0 \)) at both sides of the bar.

For the gradient model a localisation zone emerges with a width that converges to a finite, constant value upon mesh refinement. In Fig. 10 the strain profile is plotted for different meshes. The coarser meshes with 20 and 40 elements still deviate somewhat but the fine meshes give almost identical results. In the same figure the development of the localisation band has been plotted at several time steps. First, the width of the zone increases after reflection but later the speed of extension of the zone vanishes and a localisation band of constant width arises (\( \frac{1}{2}w \approx 16 \text{ mm} \)). Owing to dispersion and material damping the higher-order waves are attenuated and the shape of the loading wave changes into a first-order harmonic wave with velocity \( c = 0 \text{ m/s} \) under the condition that the localisation band has developed completely. According to condition (58), which came out of the discrete analysis of dispersive waves, at least 12 elements are needed in the localisation zone, which corresponds to a total number of \((100/15.7) \cdot 6 \approx 38\) elements for a 10% error in the width of the band. This is in good agreement with the results in Fig. 10, from which we observe that only the 20 element mesh gives an error that is larger than 10%. In Fig. 11 it is shown that mesh insensitivity is not only obtained for the width of the localisation zone but also for the wave reflection patterns and the energy consumption. The stress profiles (Fig. 11 - top) are a superposition of the loading wave travelling to the left and the reflected wave travelling to the right. The patterns are more or less identical for the four meshes and it appears that wave reflection in a gradient-dependent bar is not determined by the number of elements. For the gradient model the localisation zone thus converges to a non-zero width and to physically realistic responses for the wave reflection on and the energy consumption in the zone.

The internal length scale parameter of the gradient model has been varied by taking \( l = 2.5 \text{ mm}, \ l = 5.0 \text{ mm} \) and \( l = 7.5 \text{ mm} \). The results in Fig. 12 confirm the analytical solution for the localisation band width (for this problem: \( \frac{1}{2}w = \pi l \)). A new stage in the localisation process is
entered when in some part of the localisation zone the strength contribution due to local softening has vanished, so that the load-carrying capacity is only due to gradient effects. The wave length $\lambda$ then starts to increase, the wave speed becomes positive and the localisation zone starts to extend. This phenomenon is plotted in the picture of Fig. 13 for an analysis with a slightly different parameter set: $c = 100\,000$ N and $h = -4000$ N/mm$^2$.

5. Dispersive waves in a rate-dependent strain-softening element

5.1. Model formulation

When rate effects are incorporated in the constitutive model, the formulation for the strain-softening function changes into

$$
\sigma = f(\varepsilon^p, \dot{\varepsilon}^p).
$$

A simple version, which will be considered here, is a rate-dependent model that linearly depends on the plastic strain rate. In a rate format we then obtain

$$
\dot{\sigma} = f' \dot{\varepsilon}^p + m \frac{\partial \varepsilon^p}{\partial t},
$$

with $m$ a (constant) rate-sensitivity parameter. When we additionally assume linear softening ($f' = h = \text{constant}$), we obtain as constitutive relation

$$
\dot{\sigma} = h \dot{\varepsilon}^p + m \frac{\partial \varepsilon^p}{\partial t}.
$$

Substitution of the elastic stress–strain law (4), the decomposition of strain rates (3) and the constitutive equation (61) in the weak form of the equation of motion (1), invoking the divergence theorem and neglecting boundary tractions then gives

$$
\rho \int_V \delta \frac{\partial^2 \varepsilon}{\partial t^2} \, dV + \int_V \delta \dot{\varepsilon} E \left(1 - \frac{E}{h + E}\right) \dot{\varepsilon} \, dV \\
+ \int_V \delta \frac{m E}{h + E} \frac{\partial \varepsilon^p}{\partial t} \, dV = 0,
$$

Fig. 13. Extension of the localisation zone after the termination of softening.
which is used for the finite element discretisation in Section 5.3.

5.2. Dispersion analysis

To investigate wave propagation in a one-dimensional rate-dependent bar we combine the constitutive relation (61) with the kinematic equation (2), the decomposition (3) and the elastic part of the stress–strain relation (4) and differentiate the results with respect to $x$. The result is

$$\frac{\partial}{\partial x} \left( \frac{m}{E} \frac{\partial \sigma}{\partial t} + \frac{E + h}{E} \frac{\partial \sigma}{\partial t} \right) = \frac{\partial^2}{\partial x^2} \left( h\nu + m\frac{\partial \nu}{\partial t} \right).$$ (63)

After combination with the equation of motion (1) we obtain the following third-order differential equation

$$m \left( \frac{1}{c_e^2} \frac{\partial^3 \nu}{\partial t^3} - \frac{\partial^3 \nu}{\partial x^2 \partial t} \right) + \frac{E + h}{c_e^2} \frac{\partial^2 \nu}{\partial t^2} - h \frac{\partial^2 \nu}{\partial x^2} = 0. \quad (64)$$

In absence of rate effects ($m \to 0$) the classical wave equation (8) is recovered with imaginary characteristics and imaginary wave speeds (compare the gradient-dependent bar).

We again investigate the type of the wave equation by means of its characteristics. For this purpose we consider the variation of two second-order derivative terms of $\nu$

$$\frac{d}{dt} \left( \frac{\partial^2 \nu}{\partial t^2} \right) = \frac{\partial^2 \nu}{\partial x \partial t} \right) \text{d}t + \frac{\partial^3 \nu}{\partial x \partial t^2} \text{d}x, \quad (65)$$

$$\frac{d}{dx} \left( \frac{\partial^2 \nu}{\partial x \partial t} \right) = \frac{\partial^3 \nu}{\partial x \partial t^2} \text{d}t + \frac{\partial^3 \nu}{\partial x^2 \partial t} \text{d}x. \quad (66)$$

Combination of Eqs. (65), (66) and the wave equation for the rate-dependent bar (Eq. (64)) yields a system of three third-order differential equations with a characteristic determinant

$$D = m \left[ \frac{1}{c_e^2} \right] \text{d}x^2 - \text{d}t^2 \right]. \quad (67)$$

Setting $D = 0$ we observe that the characteristics are equal to the elastic bar velocity $\pm c_e$ and remain real when strain softening occurs. Accord-ingly, the wave equation remains hyperbolic and the initial value problem is well-posed.

However, the characteristics are generally not equal to the physical wave speed in the rate-dependent bar. Only when the second-order terms in Eq. (64) vanish ($m \to \infty$) the wave speed becomes equal to the elastic wave velocity $c_e$ as will be proven below by a dispersion analysis. So, the suggestion in literature (Needleman, 1988; Loret and Prévost, 1990) that in a rate-dependent continuum disturbances due to inelastic effects travel with the elastic wave speed is only correct for the limiting case.

To investigate the dispersive character of wave propagation in the rate-dependent, softening continuum a general solution for a single linear harmonic wave with angular frequency $\omega$ and wave number $k$ is assumed to be of a form given by Eq. (14). The dispersion relation can be obtained by substitution of (14) into Eq. (64). The result is:

$$\left( \rho m \omega^3 - mE \nu \omega^2 \right) i - \rho( E + h) \omega^2 + hE \nu = 0. \quad (68)$$

If we consider $\omega$ and $k$ to be real no solution is possible. Eq. (68) can only be satisfied if $k$ is complex, i.e. $k = k_r + \alpha i$. This implies that the harmonic wave is attenuated exponentially as it proceeds through the bar. The expression for $v(x, t)$ is now written as

$$v(x, t) = A e^{-\alpha x} e^{i(k(x + \omega t))}. \quad (69)$$

If we equate real and imaginary parts of Eq. (68) we obtain

$$k_r^2 = \frac{\rho \omega^2}{2E} \left\{ \left[ \left( m^2 \omega^2 + h^2 + Eh \right) + \left( \left( m^2 \omega + \omega h + Eh \right)^2 + \left( mE \omega \right)^2 \right)^{1/2} \right] \left[ \left( m^2 \omega^2 + h^2 \right) \left( m^2 \omega^2 + h^2 + Eh \right) \right] \right\} \times \left( m^2 \omega^2 + h^2 \right)^{-1} \right\} \left( m^2 \omega^2 + h^2 \right)^{-1} \quad (70)$$

and

$$\alpha^2 = \frac{\rho \omega^2}{2E} \left\{ \left[ \left( m^2 \omega^2 + h^2 + E \right) \right] \left( m^2 \omega^2 + h^2 + Eh \right) + \left( \left( m^2 \omega^2 + h^2 + Eh \right)^2 + \left( mE \omega \right)^2 \right)^{1/2} \right\} \times \left( m^2 \omega^2 + h^2 \right)^{-1} \right\} \left( m^2 \omega^2 + h^2 \right)^{-1} \quad (71)$$
respectively. In Figs. 14–16 the results are plotted for the parameter set as listed in Fig. 1 and for a value of $m = 0.2 \text{ N } \text{s}/\text{mm}^2$. The dispersion relation $\omega = f(k_r)$ of Fig. 14 shows that waves in a rate-dependent softening continuum behave in a fashion that is very similar to waves in a linear elastic continuum. If $k_r$ approaches zero, i.e. for waves of a very low frequency, the slope of the dispersion curve becomes infinite for softening ($h < 0$), which means that the quotient $\omega/k_r \rightarrow \infty$ for a static response. As for the gradient-dependent strain-softening bar wave propagation is dispersive since the phase velocity $c = \omega/k_r$ is a function of $\omega$ (Fig. 15). For this reason also in the rate-dependent softening continuum the shape of an arbitrary travelling wave can be transformed into a stationary localisation wave.

In Fig. 16 the damping coefficient $\alpha$ is plotted as a function of $\omega$. The limit of $\alpha$ with respect to $\omega$ reads

$$\lim_{\omega \rightarrow \infty} \alpha(\omega) = l^{-1}, \quad \text{with} \quad l = 2mc_e/E. \quad (72)$$

The parameter $l$ sets the internal length scale of this rate-dependent softening plasticity model. High frequencies are attenuated exponentially in the space domain to an extent which is determined by the length scale $l$. The implicit presence of an internal length scale is essential for the solution of the mesh-sensitivity problem.

5.3. The influence of the discretisation on dispersive waves

The dispersion analysis is also carried out for the discretised bar of rate-dependent softening material. As shown in Section 4.3 the finite element size and the mass distribution can contribute to the dispersive behaviour of waves.

For the rate-dependent model we assume a discretisation of Eq. (62) via

$$v(x) = Ha, \quad (73)$$

$$\dot{e}(x) = Ba, \quad (74)$$

in which quadratic polynomials have been used
for velocity field $v$. Substitution of Eqs. (73) and (74) in Eq. (62) yields

$$
\int_V \rho H^T H \, dV \dot{v} + \int_V \left(1 - \frac{E}{h + E}\right) B^T B \, dV \dot{a} + \int_V \frac{mE}{h + E} \frac{\partial \varepsilon^p}{\partial t} \, dV = 0.
$$

(75)

The matrices in Eq. (75) have been determined for a three-noded quadratic bar element of size $d$ with a three-point Gaussian quadrature. We assume the virtual work equation (75) for the centre node $j$ of one element which gives

$$
\frac{M_d}{E} + \frac{8}{3d} \left(1 - \frac{E}{h + E}\right) (-a_{j-1} + 2a_j - a_{j+1}) + 0.8607m \left(\frac{\partial \varepsilon^p}{\partial t} - \frac{\partial \varepsilon^p}{\partial t}\right) = 0,
$$

(76)

in which $\frac{\partial \varepsilon^p}{\partial t}$ and $\frac{\partial \varepsilon^p}{\partial t}$ are the quantities in the integration points 1 and 3, respectively. The parameter $M_d$ again represents the mass discretisation in the finite element and for the consistent, the lumped (row-sum technique) and the higher-order mass matrix we obtain

$$
M_d = \frac{\rho d}{15} \left(\frac{\partial^2 a_{j-1}}{\partial t^2} + 8 \frac{\partial^2 a_j}{\partial t^2} + \frac{\partial^2 a_{j+1}}{\partial t^2}\right),
$$

(77)

$$
M_d = \frac{2 \rho d}{3} \frac{\partial^2 a_j}{\partial t^2},
$$

(78)

$$
M_d = \frac{\rho d}{30} \left(\frac{\partial^2 a_{j-1}}{\partial t^2} + 18 \frac{\partial^2 a_j}{\partial t^2} + \frac{\partial^2 a_{j+1}}{\partial t^2}\right).
$$

(79)

For the dispersion analysis we assume the exponentially damped harmonic solution according to Eq. (69)

$$
a_j = A e^{-\alpha x} e^{ik_x x - \omega t},
$$

(80)

$$\frac{\partial \varepsilon^p}{\partial t} = \frac{E(k_x + \alpha i)\omega}{h + E - m\omega} A e^{-\alpha x} e^{ik_x x - \omega t},
$$

(81)

and for the neighbouring nodes and integration points we obtain

$$
a_{j-1}(-1/2d) = (\cos 1/2kd - i \sin 1/2kd)
$$

$$
\times e^{1/2\alpha d} A e^{-\alpha x} e^{ik_x x - \omega t},
$$

(82)

Substitution of the solutions Eqs. (80)-(83) in Eq. (76) and separation of real and imaginary part yields a system of two equations. A dispersive curve can be derived which exactly doubles back on the continuum curve in Fig. 14 and no influence of the finite element size is observed. So, if the dispersion property is determined by a rate-dependent term in the rate boundary value problem there is no influence of the spatial discretisation on the dispersive behaviour of waves. On the other hand, a dependence of the dispersive characteristics on the time discretisation (integration on constitutive and global level) is expected.

5.4. One-dimensional finite element analyses

The strain-softening bar of Fig. 1 will now be analysed numerically for the case that rate effects are incorporated. As for the gradient model a slight modification of the parameter set is applied ($h = -5000$ N/mm$^2$). This modification does not necessarily increase the brittleness of the material because the viscosity of the material also "carries" a part of the load. The value for the material rate-sensitivity parameter $m = 0.2$ N s/mm$^2$, results in a length scale parameter $l = 20$ mm (Eq. (66)).

In the first analysis the same loading pulse as in the rate-independent analysis is used ($t_d = 0$). In Fig. 17 a comparison between different meshes is made, at a time that the loading pulse has returned at the point of loading. The exponential decrease in strain after reflection that was predicted analytically comes out nicely. The strain pattern of the coarse mesh (10 elements) still deviates somewhat but the finer meshes give identical results and a localisation zone emerges that converges to a finite, constant band width upon mesh refinement. In the bottom part of Fig. 17 the development of the total strain along the bar is plotted for time intervals of $1 \cdot 10^{-5}$ s. The
figure shows that the width of the localisation zone remains constant while the loading wave propagates. Mesh independence is not only obtained in the sense that the band width is constant upon mesh refinement but also in the sense that the wave reflection pattern is insensitive with respect to the mesh as can be seen from the stress profiles (Fig. 18) of the reflected wave. We observe a partial reflection on the localisation zone, which is constant upon mesh refinement. Finally, the bottom part of Fig. 18 shows that the energy consumption remains finite during the loading cycle.

A second analysis has been carried out for a different loading pulse. The loading pulse firstly increases linearly in time before it becomes constant ($t_d = 50 \cdot 10^{-6}$ s). Again the effect of the inclusion of the length scale can be observed from the strain localisation plots for different meshes and at different times, Fig. 19. Note that the strain distribution in the localisation zone has a different shape for this loading case. In the previous analysis a sharp peak in the strain occurs at the left boundary, whereas in this analysis the strain profile is more uniformly distributed and has a lower peak value. This is due to the strain rate profiles in the bar at the moment of plastification. In the previous analysis plastification is
initiated in one point at the left boundary from which the exponential decay started. In this analysis the static yield strength is exceeded over a zone with a fixed length (16.7 mm). At the edge of this zone (x = 16.7 mm) the attenuation of the loading wave starts exponentially and at this point a bending point in the strain profile occurs.

Finally, the width of the localisation band has been analysed. Firstly, the influence of the length scale parameter on the observed localisation width was investigated in an analysis with \( t_d = 0 \) by using three different values for \( l \), namely 15, 20 and 25 mm. From Fig. 20 it appears that the width of the localised zone is a function of the length scale parameter. These results agree with the observation that the localisation zone should vanish when the length scale parameter approaches zero. A comparison of the results shown in Figs. 17 and 19 makes it clear that the shape of the loading wave influences the strain rate distribution in the localisation zone and therefore also the localisation band width. This effect is shown more clearly in the bottom part of Fig. 20 where three different values have been considered for the time span \( t_d \) in which the load is increased from zero to its maximum value.

6. Concluding remarks

In this article the crucial role of dispersion has been emphasized for the formation of stationary localisation waves in dynamically loaded solids. For a non-dispersive continuum localisation necessarily occurs in a set of measure zero, and the direction of the stationary localisation wave in two and three-dimensional numerical simulations is then fully determined by the lay-out of the grid lines (Sluys, 1992).

For two enhanced continuum models, namely a model enriched with higher-order strain gradients and a linear rate-dependent model, the dispersion properties have been investigated for one-dimensional wave propagation. This has been done for the continuum model and for the discretised model. The analytical findings perfectly match the numerical experiments.

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