A new method for the determination of L-DOPA and 3-O-methyldopa in plasma and cerebrospinal fluid using gas chromatography and electron capture negative ion mass spectrometry

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A new method for the determination of L-DOPA and 3-O-methyldopa in plasma and cerebrospinal fluid using gas chromatography and electron capture negative ion mass spectrometry

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Key words: DOPA; 3-O-Methyldopa; Plasma; Cerebrospinal fluid; Gas chromatography–electron capture negative ion mass spectrometry; Normal values; Kinetics

Summary

L-3-(3,4-Dihydroxyphenyl)alanine (DOPA) and its 3-O-methyl metabolite (OMD) were measured in plasma and cerebrospinal fluid by a new assay which combines N,O-acetylation of amino acids in aqueous media, preparation of pentafluorobenzyl esters under anhydrous conditions, and analysis by gas chromatography–electron capture negative ion mass spectrometry. The N,O-acetyl, carboxy-PFB derivatives gave abundant carboxylate anions ([M-CH$_2$C$_6$F$_5$]-) which were suitable for sensitive analysis using selected ion monitoring. Plasma and CSF samples were sufficiently purified by a simple organic solvent extraction. Analytical recovery for DOPA was 100.2 ± 3.7% at the level of 100 nmol/l. Analysis of DOPA in plasma was performed with a relative standard deviation of 5%. The limit of quantitation in plasma and CSF was at the sub-nmol/l level. In healthy adults, DOPA concentration in plasma was 9.0 ± 2 nmol/l (n = 11) and in CSF 3.5 ± 0.9 nmol/l (n = 9). The concentration of OMD in plasma was 99.1 nmol/l (pool of 24 samples) and 15.3 nmol/l in CSF (pool of 12 samples). Measurement of 5-[2H]DOPA and 5-[2H]OMD in plasma of a healthy individual who had been orally loaded with 3.5-[2H]tyrosine (150 mg kg body wt) was possible for several hours after the load.
**Introduction**

L-3(3,4-Dihydroxyphenyl)alanine (DOPA), the natural precursor of catecholamines and melanins, is formed by hydroxylation of tyrosine (Tyr). In the catecholamine pathway this conversion is catalyzed by tyrosine hydroxylase (EC 1.14.16.2) and by tyrosinase (EC 1.14.18.1) in melanin synthesis. The conversion of Tyr into DOPA is thought to be the rate-limiting step in catecholamine synthesis [1]. Balanced rates of formation and metabolic removal of DOPA cause low steady-state levels in plasma. In normal urine only small amounts of DOPA have been found because > 99% of manufactured DOPA is metabolized before excretion [2]. At present, two techniques are known for their assessment in plasma, one using high performance liquid chromatography (HPLC) with electrochemical detection [3] and one using a radioenzymatic technique [4]. To date, gas chromatography–mass spectrometry (GC-MS) has not been utilized. However, this technique will be of value for the assay of minor amino acids in body fluids or tissue, and is inevitable for the in vivo study on the kinetics of formation and metabolism of DOPA using stable isotope labelled tyrosine or DOPA. Regarding the low endogenous level of DOPA in plasma, measurements of traces of in vivo produced labelled DOPA needs a highly sensitive mass spectrometric method. Electron capture negative ion (ECNI) chemical ionization has shown to provide improved sensitivity for compounds with electron affinity [5]. It was shown that pentafluorobenzyl (PFB) ester derivatives of endogenous acidic compounds exploit the potential sensitivity of the ECNI technique [6–8].

In a critical review, Labadarios et al [9] have shown that many problems will arise with present methods for deproteinization and clean-up of plasma samples and the subsequent preparation of volatile amino acid derivatives. In the present investigation we adopted the approach of derivatization of amino acids in the aqueous sample, first described by Ahnfelt and Hartvig [10]. By this approach amino acids were reacted at the amino group and, if present, at the phenolic hydroxy groups [11–13]. Their amphoteric and catecholic nature have been modified by this treatment and the stable derivatives can easily be recovered during organic solvent extraction. In addition, an advantage of this method is that amino and phenol groups have been protected during the formation of PFB esters. In this paper we describe a reliable method for the GCMS analysis of DOPA and OMD in plasma and cerebrospinal fluid (CSF). Normal values for these constituents are presented. In addition, the utility of the method is demonstrated by the measurement of 5-[3H]DOPA and 5-[2H]OMD in plasma following the administration of 3,5-[2H2]Tyr to a healthy individual.

**Experimental**

**Materials**

1-Tyrosine (Tyr), DOPA and L-3(4-hydroxy-3-methoxyphenyl)alanine (OMD) were obtained from Jansen Pharmaceutica (Beerse, Belgium). Methyl chloroformate and acetic anhydride (AA) were available from Merck (Darmstadt, FRG). Pentaflu-
oro benzyl bromide (PFB-Br) was from Pierce Chemical Co. (Rockford, IL, USA). All solvents used were of analytical grade and were obtained from Merck. Ring deuterated isomers of Tyr (3,5-[^2]H_2)Tyr); DOPA (3,5,6-[^2]H_3)DOPA) and OMD (3,5,6-[^2]H_3)OMD) were synthesized according to Muskiet et al [14]. The phosphate buffer used was a 3 mol/l K_2HPO_4 solution in distilled water; the pH being adjusted to a value of 8.5 with concentrated phosphoric acid.

Samples

Blood samples (5–10 ml) obtained by venipuncture were collected in tubes containing heparin as anticoagulant. The tubes were immediately placed on ice. Plasma was separated by centrifugation at 1000 × g for 10 min at 4 °C and was then carefully transferred into polypropylene tubes containing 1 mg of reduced glutathione and 1 mg of ethylenediaminetetraacetic acid disodium salt (EDTA)/ml of plasma. The samples were stored at −25 °C until analysis.

CSF samples were on receipt at the laboratory immediately transferred into polypropylene tubes containing 1 mg of reduced glutathione and 1 mg of EDTA/ml of CSF, and stored at −25 °C until analysis.

Sample preparation

Plasma and CSF samples (1 ml) were acidified with 2 ml of hydrochloric acid (100 mmol/l) and saturated with sodium chloride. Deuterated (3,5,6-[^2]H_3)-) analogues of DOPA and OMD (2.5 and 10 ng, respectively) were added as internal standards. The mixture was extracted 4 times with 4 ml of ethyl acetate by vigorous mixing for 5 min. During extraction deproteinization of proteins occurred which caused a stable emulsion. This emulsion was usually broken by centrifugation at 2400 × g for 5 min. In case of failure, the emulsion was stirred with a glass rod and the tube was re-centrifuged (2400 × g for 15 min). The clear supernatant (organic layer) was discarded each time. Finally, a portion (2 ml) of the aqueous layer was transferred to a clean test-tube using a disposable pipette which was passed through the layer containing the proteins. This portion was subjected to the derivatization method.

Derivatization

Acetylation in aqueous medium The devised procedure has been standardized to handle samples containing the amino acids in 2 ml of about 0.1 mol/l hydrochloric acid. Smaller volume samples ( aliquots of standard solutions) were adjusted to 2 ml with 0.1 mol/l hydrochloric acid. Then, 2 ml of the phosphate buffer and 30 µl of acetic anhydride were added in that order, and immediately mixed for about 10 s. The reaction was allowed to proceed at room temperature for 5 min. Then the mixture was acidified to pH 3 by addition of 0.8 ml of 6 mol/l hydrochloric acid. The acetyl derivatives formed were extracted with 5 ml of ethyl acetate by vigorous shaking for 5 min. Phase separation was facilitated by centrifugation (2400 × g, 5 min). A portion (4 ml) of the organic layer was evaporated at 60 °C with a stream of nitrogen.
Preparation of pentfluorobenzyl esters  The residue obtained after acetylation (above) was treated with a mixture of PFB-Br (5 μl), triethylamine (10 μl) and acetonitrile (50 μl) for 5 min at room temperature. Isolation of the PFB esters was performed by adding ethyl acetate (3 ml) and 0.1 mol/l hydrochloric acid (1 ml). After mixing (10 s) and centrifugation (2400 × g, 5 min) the organic layer (2.5 ml) was transferred to a polypropylene test-tube and evaporated at 60°C with a stream of nitrogen. The residue was dissolved in 50 μl of ethyl acetate for analysis by GCMS.

Gas chromatography–mass spectrometry  GCMS experiments were carried out on a Kratos MS-80 instrument (Kratos Ltd., Manchester, UK). The resolving power was set at R = 1000 (10% valley). The mass spectrometric conditions for electron capture negative ion chemical ionisation were: moderating gas, ammonia; source temperature, 250°C; electron energy was optimized for maximum sensitivity, normally between 50–80 eV; filament emission current: 1.5 mA. Mass spectra were recorded at a scan speed of 1 s per decade. Selected ion recordings were performed at −m/z = 264 and 266 for Tyr and [2H₂]Tyr; 294, 295 and 297 for OMD, [2H]OMD and [3H]OMD; and 322, 323 and 325 for DOPA, [2H]DOPA and [3H]DOPA, respectively. The dwell-time was 50 ms per channel. The chromatographic column was a 25 m × 0.22 mm i.d. fused silica capillary column coated with chemically bounded OV-17, film thickness 0.12 μm (CPSIL-19 CB, Chrompack, Middelburg, The Netherlands). Helium was the carrier gas at a flow rate of 0.55 ml/min. The oven temperature was 310°C. Samples were introduced using an all glass solid injector (Chrompack). The GC column was directly inserted into the ion source [15]. The GCMS interface was maintained at 280°C.

Evaluation of the method  Yield of acetylation in aqueous medium  DOPA (500 μg) was acetylated as described. A portion (100 μl, corresponding to 25 μg of DOPA) of the reaction medium was evaporated at 60°C with a stream of nitrogen. The residue was treated with 50 μl of bis(trimethylsilyl)trifluoroacetamide (BSTFA, Pierce) at room temperature for 15 min. At these conditions pure DOPA was converted to its 3,4-O-trimethylsilyl ether, carboxy-trimethylsilyl ester derivative (DOPA-TMS₃). This compound eluted at 248°C using the current CPSIL-19 CB capillary column of which the temperature was programmed from its initial temperature of 200°C to a final temperature of 270°C at a rate of 8°C/min. One microlitre of the mixture was injected into the GCMS and analysed using electron impact MS (EIMS) on the presence of trimethylsilyl derivatives of native or partially acetylated DOPA.

Derivatization with PFB-Br  DOPA (25 μg) was passed through the entire procedure. Any remaining free acid of DOPA-triacetyl after the treatment with PFB-Br was trimethylsilylated as described above. Its absence or presence was confirmed by GC-EIMS analysis. The GC column temperature was increased from
its initial temperature of 250°C to a final temperature of 320°C at a rate of 8°C/min.

**Linearity of the procedure** Standards containing DOPA ranging from 3 ng to 50 μg were processed and subsequently dissolved and/or diluted with ethyl acetate to a final concentration of 30 pg/μl. ECNI-MS responses (peak area/μg) of 1-μl injections of these were compared.

**Recovery during sample purification** Recovery during sample purification was established for labelled DOPA ([3H3]DOPA). First, DOPA was added to identical plasma samples which were then divided into two series. In one series labelled DOPA was added prior to purification, whereas in the other series labelled DOPA was added to the purified samples. Experiments in duplicate were carried out at levels of 85 and 11 ng of labelled DOPA, respectively. The recovery was determined on the ratio of the relative response of labelled DOPA/DOPA, obtained in both series.

**Results**

**Methodology**

*Derivatization* The phenolic amino acids in this study were derivatized in aqueous media according to two earlier methods of this laboratory, providing the N,O-methyl formate [11] and the N,O-acetyl derivatives [6], respectively. PFB esters of both forms were prepared and the resulting mixed derivatives were investigated in order to select their most suitable form to sensitive GC-ECNI-MS analysis. Acetyl-PFB derivatives were found to possess favorable chromatographic properties when compared to the methyl formate-PFB form. At the maximum column temperature (320°C) DOPA-formate-PFB appeared in the chromatogram as a broad peak at a long retention time. The corresponding acetyl derivative eluted at the same conditions in a sharp symmetrical peak within about 4 min, providing a more sensitive assay.

The yield of acetylation in aqueous media was investigated. Normally, these reactions were rapid and gave high yields when performed at high, constant pH of the medium. [11,12,16]. This condition was not suitable for DOPA since DOPA is unstable in alkaline solution [2]. It was found that the yield of triacetyl-DOPA increases with increasing pH until a plateau was reached in the pH range 7.58b18.5. At higher pH values the yield decreases, in particular when addition of reagent was somewhat delayed. The amount of reagent was kept to a minimum as excess reagent will rapidly hydrolyse and resulting acetic acid will decrease the pH. In order to keep the pH as constant as possible the capacity of the phosphate buffer was increased from 1 mol/l [11] to 3 mol/l. Using the conditions as described (see ‘Experimental’) the following pH course was realized. The initial pH was 7.9, which rapidly (<1 min) decreases to a final value of 7.6 due to hydrolysis of 30 μl of acetic anhydride. The yield of triacetyl-DOPA was estimated using GCMS by
analysing for native and partially acetylated DOPA remaining in the aqueous phase. The results indicated that under above conditions a quantitative yield was obtained.

**Isolation of acetyl derivatives and esterification**  After acetylation, modified amino acids behave as acidic compounds. Their recovery during extraction will be determined by the $pK_a$ value of the carboxylic group. A S-shaped curve was obtained (not shown) which describes the relationship between extraction yield and the pH of the aqueous phase. The maximum extraction recovery was obtained at pH $\leq 3.5$ ($pK_a = 2.3$ for carboxylic group of native DOPA [17]).

PFB esters of $N,O$-acetyl amino acids were prepared according to Strife and Murphy [8], slightly modified by replacing diisopropylamine by triethylamine. The yield of the ester was quantitative as judged, after trimethylsilylation, by GCMS analysis measuring any remaining free acid. Isolation of esters was performed by washing the diluted (ethyl acetate) reaction mixture with hydrochloric acid. By this treatment triethylamine and probably other impurities were removed which considerably improved the chromatography.

**Purification of plasma and CSF samples**  During extraction of acidified samples a separation was achieved between organic acids (and neutral compounds) into the organic phase [18] and amino acids into the aqueous phase. The latter being facilitated by complete protonation of the amino group ($pK_a = 8.7$ for amino group

![Fig. 1. Negative ion mass spectra of $N,O$-acetyl carboxypentafluorobenzyl esters of tyrosine (top), 3-O-methyl DOPA (middle) and DOPA (bottom).](image-url)
of DOPA [17]). The recovery of amino acids in the aqueous phase was estimated by additions of \([^{2}\text{H}_3]\)DOPA to plasma samples. Recovery was 100% and 87% at the level of 85 and 11 nmol/l, respectively.

**Linearity of the method**  The overall linearity of the method was estimated for standards of DOPA in the range of 3 ng–50 \(\mu\)g. The response obtained from the low range sample (2533, arbitrary counts/pg) was not essentially different from that obtained from the high range sample (2010, ibid.) The result indicates that the method was linear over more than 4 decades.

**Mass spectrometry**  The electron capturing properties of the PFB group at the terminal carboxyl group gave relatively intense signals under ECNI conditions. After expulsion of the PFB group (181 daltons) from the ionized molecular species, the negative charge is delocalized by the carboxyl moiety resulting in stable carboxylate anions. ECNI mass spectra of derivatized standards (Fig. 1) of Tyr, OMD and DOPA showed abundant carboxylate anions (M-181) at \(-m/z\) 264, 294 and 322, respectively. Molecular ions with significant intensities were not observed. The common low

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**Fig. 2.** Calibration curve for DOPA. Internal standard, \([2,5,6-^{2}\text{H}_3]\)DOPA (7.5 ng). Inset: 1 ng internal standard.
TABLE 1
DOPA and OMD in normal fasting plasma and selected CSF samples obtained in this study: comparison with previous reports

<table>
<thead>
<tr>
<th>Reference</th>
<th>Method</th>
<th>DOPA Plasma</th>
<th>DOPA CSF</th>
<th>OMD Plasma</th>
<th>OMD CSF</th>
</tr>
</thead>
<tbody>
<tr>
<td>This study</td>
<td>GC-ECNIMS</td>
<td>9.0 ± 2.0</td>
<td>(n = 11)</td>
<td>3.5 ± 0.9 (n = 9)</td>
<td>99.1c</td>
</tr>
<tr>
<td>3</td>
<td>HPLC-EC</td>
<td>32(10-50)</td>
<td>(n = 20)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>4</td>
<td>REA</td>
<td>6.1(6.6-15)</td>
<td>(n = 4)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>31</td>
<td>HPLC-EC</td>
<td>12.7 ± 1.9</td>
<td>(n = 5)</td>
<td>2.9 (n = 1)</td>
<td>-</td>
</tr>
<tr>
<td>32</td>
<td>HPLC-EC</td>
<td>4.3 ± 1.9</td>
<td>(n = 31)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>33</td>
<td>HPLC-EC</td>
<td>10.6</td>
<td>(n = 9)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>34</td>
<td>REA</td>
<td>7.3 ± 0.1</td>
<td>(n = 43)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>35</td>
<td>HPLC-EC</td>
<td>3.6 ± 1.3</td>
<td>(n = 4)</td>
<td>108.8 ± 26 (n = 5)</td>
<td>-</td>
</tr>
</tbody>
</table>

nmol/l; mean ± SD or range (n = number of subjects).

b HPLC-EC, high performance liquid chromatography-electrochemical detection.

REA, radioenzymatic assay.

c Pooled plasma samples (n = 24).
d Pooled CSF samples (n = 12).

mass fragment ion at \(-m/z\) 196 ([CHOC₆F₅]⁻ [7]) has no diagnostic value, as it has been observed previously for other PFB esters [6-8].

The limit of detection (signal-to-noise ratio > 5) was about 0.1–0.2 pg on column using selected ion monitoring of the carboxylate anions.

Quantitative results

Figure 2 shows a calibration curve for DOPA. Similar curves were routinely obtained for OMD. Imprecision of the method (within a batch) was determined by analyzing DOPA in six aliquots of a plasma pool. The mean concentration (9.4 nmol/l) was determined using a relative standard deviation (RSD) of 5%. Analytical

Fig. 3. GC-ECNIMS analysis of DOPA (m/z 322) and 5-[^2H]DOPA (m/z 323) in a plasma sample of an individual orally loaded with 3.5[^2H]tyrosine. Sample drawn 1 h after the load. GC oven temperature 320 °C.
recovery was determined using plasma to which 108 nmol/l of DOPA was added. A concentration of 108.3 ± 4 nmol/l was recovered, being 100.2 ± 3.7% (mean ± RSD, n = 4). The method was applied to the determination of DOPA and OMD in fasting plasma of apparently healthy adults and in selected CSF samples from hospitalized adults, who were not expected to have abnormal DOPA and/or OMD levels. The assay of DOPA was performed in individual samples, whereas levels of OMD in plasma and CSF were determined in pools of plasma samples and CSF samples, respectively. The results are shown in Table I.

Finally, the method was applied to the measurement of 5-[2H]DOPA and 5-[2H]OMD appearing in plasma of a healthy control individual who had been orally loaded with 150 mg/kg body wt. Figure 3 shows an example of the simultaneous analysis of DOPA and its [5-2H]isomer in a 1-ml plasma sample, which was drawn 1 h after the load. Figure 4 shows time courses of the relative content (labelled/non-labelled) of deuterated isomers of Tyr, DOPA and OMD in plasma for a period of 24 h after the load. Accuracy and precision for the determination of the ratio [2H]DOPA/DOPA was established by analyzing the relative abundance of the naturally occurring isotope (m/z = 323) of the [M-PFBI]-ion (m/z = 322) of plasma DOPA. The intensity ratio of 323/322 was determined in normal plasma as 0.181 ± 0.01 (mean ± SD, n = 4), being 106 ± 5.5% of its calculated [19] theoretical value of 0.175.

**Discussion**

The aim of this study was to develop a convenient and reliable work-up procedure for DOPA and other phenolic amino acids from biological samples that exploit the sensitivity of the ECNI mass spectrometry. In vivo studies which makes
use of deuterium labelled amino acids [20–25] need the availability of a mass spectrometric method. The detection of DOPA and traces of its [²H]isomer in plasma or CSF needs a highly sensitive MS method. Operating the mass spectrometer at a low resolving power (eg \( R = 1000 \)), the naturally occurring isotope peak of DOPA will coincide with the peak of [²H]DOPA. The height of the resultant baseline amounts 17.5 (see ‘Results’) of the intensity of the DOPA signal. For normal plasma and CSF this base line level corresponds to about 1.5 and 0.5 nmol/l, respectively (see Table I for normal DOPA levels). The required sensitivity of the method would be such that accurate differential analysis of borderline [²H]DOPA levels in these fluids will be attainable.

For the devise of the present method we made benefit of recently developed methodology for derivatization of amines and phenols in aqueous media [11–13,26] and for the preparation of PFB esters [6,8,27,28]. Procedures for the latter derivatization have shown to be valid in some applications [6–8,29].

Goal-directed use of aqueous derivatization techniques allow that purification of biological samples as well as isolation of amino acids were readily accomplished by means of simple organic solvent extraction. Before acylation, extraction allows the complete elimination of neutral and acidic compounds [18] and the elimination of proteins to a great extent. Thereafter, modified amino acids behave as ordinary acidic compounds which are easily recovered during extraction. Moreover, simultaneous acylation of phenolic hydroxyl groups will improve the extraction efficacy. It was shown [30] that hydroxyl groups at position 3 and 4 of dihydroxybenzoic acid markedly reduce the extraction yield. These functions are able to undergo hydrogen bonding which stabilize the analyte in the aqueous medium. After acetylation this ability will be lost.

Recently, Ahnfelt and Hartvig [10] described a comparable method for aminobutyric acids. After reaction of the amino function with trichloroethyl formate in aqueous medium, methyl esters were prepared using an extractive alkylation technique. This elegant method for esterification was unsuccessful when applied to prepare PFB esters of \( N,O \)-acetylated amino acids because hydrolysis of \( O \)-acetyl groups occurred during extractive alkylation.

The concentrations for DOPA and OMD found in normal plasma (Table I) are in good agreement with previous results [4,31–35]. Reports on control levels of DOPA and OMD in CSF are scanty. A value reported for DOPA in CSF from a single individual [31], was within the range obtained in this study (Table I).

Until now, not much attention has been paid to the biochemistry of OMD. Normally, it is excreted in urine in relatively small amounts when compared to primary dopamine metabolites like homovanillic acid (HVA) and dihydroxyphenylacetic acid (DOPAC). The opposite was found for plasma, in which the concentration of OMD was about 1.5 times that of HVA and 5–6 times that of DOPAC (cf reference [6] for plasma levels of HVA and DOPAC), indicating that it will be cleared at a low rate from the blood. In patients on DOPA therapy (eg in Parkinsons disease), it was shown that 3-\( O \)-methylation became a prominent metabolic pathway of administered DOPA [36]. This causes high OMD plasma levels [36–39], especially when the therapy regime includes the concomitant use of a
peripheral acting amino acid decarboxylase inhibitor. Because OMD is able to pass
the blood brain barrier [39], high plasma levels will cause increased levels in brain
tissue and in CSF [40]. Its function or action in brain is not clear if it has any
function et al. However, OMD has been associated with central side effects of
DOPA therapy [41]. The present method would be useful for further in vivo kinetic
studies of DOPA and associated compounds, their metabolism and distribution over
various body compartments. We have performed preliminary in vivo experiments by
oral loading of a normal individual with L-[3,5-\(^2\)H]\(\_\)tyrosine. Earlier, Sjöquist [21]
used 2,6,α-[\(^2\)H\(_3\)]tyrosine to determine catecholamine turnover. For the latter com-
 pound it was shown that it does not cause isotope effects in hydroxylation of
tyrosine at the 3 position. Guroff and Daly [42] showed that there was no isotope
effect in hydroxylation in the 4 position of 4-[\(^2\)H\_]phenylalanine. Whether tyrosine
hydroxylase will be affected by the presence of a deuterium atom at the 3 position
is not known. Additionally, it seems to be unlikely that the deuterium atom in position
5 will exert an isotope effect in further DOPA metabolism. Consequently, labelled
metabolites of DOPA will reflect the in vivo kinetics of the endogenous products.

Time courses for [\(^2\)H\(_2\)]Tyr and [\(^2\)H]DOPA (Fig. 4) measured in plasma of a
healthy individual who was given an oral load of the labelled tyrosine, indicate that
the biosynthesis of DOPA proceeds rapidly in man. The estimated plasma DOPA
biological half-life (\(t_{1/2}\)) was about 15–20 min, which was considerably shorter than
could be inferred from disappearance time courses for plasma DOPA reported by
Fahn [43], which indicate a plasma \(t_{1/2}\) of orally administered DOPA of about 1 h.
The half-life of OMD was about 12 h. Calculation of OMD half-life was performed
using the urine time course of [\(^2\)H]OMD of the same subject (data not shown). Data
from urine samples were available during the first 48 h after the load, whereas
plasma samples were available during only the first 24 h. Calculation of such a long
half-life needs data over a time period of at least 48 h. The long half-life of OMD
confirms the above noted low rate of DOPA metabolism via the \(O\)-methylation
pathway at steady-state conditions.

In summary, the results presented in this paper demonstrate the utility of the
method for quantitative measurements and kinetic studies on DOPA as the pre-
cursor for catecholamines in man. This method together with earlier developed mass
open new fields in neurochemical studies on DOPA and its metabolites in diseases
such as Parkinsonism and torsion dystonias.

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