Manifestations of drag reduction by polymer additives in decaying, homogeneous, isotropic turbulence
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The dramatic reduction of drag by the addition of small concentrations of polymers to a turbulent fluid continues to engage the attention of engineers and physicists. Significant advances have been made in understanding drag reduction both experimentally [1–3] and theoretically [4–7] in channel flows or the Kolmogorov flow [8]. However, the existence of drag-reduction-type phenomena in turbulent flows that are homogeneous and isotropic [9–19] remains controversial. Some experimental [15–18], numerical [11–14], and theoretical [9,10] studies have suggested that drag reduction should occur even in homogeneous, isotropic turbulence; but other studies have refuted this claim [19].

To settle this controversy, we have initiated an extensive direct numerical simulation (DNS) of decaying, homogeneous, isotropic turbulence in the presence of polymer additives. We monitor the decay of turbulence from initial states in which the kinetic energy of the fluid is concentrated at small wave vectors; this energy then cascades down to large wave vectors where it is dissipated by viscous effects; the energy-dissipation rate $\epsilon$ attains a maximum at $t_m$, roughly the time at which the cascade is completed. A recent shell-model study [13] has suggested that this peak in $\epsilon$ can be used to quantify drag reduction by polymer additives. Since shell models are far too simple to capture the complexities of real flows, we have studied decaying turbulence in the Navier-Stokes (NS) equation coupled to the infinitely extensible nonlinear elastic Peterlin (FENE-P) model [20] for polymers. Our study, designed specifically to uncover drag-reduction-type phenomena, shows that the position of the maximum in $\epsilon$ depends only mildly on the polymer concentration $c$; however, the value of $\epsilon$ at this maximum falls as $c$ increases. We use this decrease of $\epsilon$ to define the percentage drag (or dissipation) reduction (DR) in decaying homogeneous, isotropic turbulence; we also explore other accompanying physical effects and show that they are in qualitative accord with drag-reduction experiments [18,21]: In particular, DR increases with $c$ (up to 25% in one of our simulations). For small values of $c$, the energy spectrum of the fluid is modified appreciably only in the dissipation range; however, this suffices to yield significant drag reduction. We show that vorticity filaments and intermittency are reduced at small spatial scales and that the extension of the polymers decreases as $c$ increases.

The NS and FENE-P (henceforth NSP) equations are

$$D_t u = \nu \nabla^2 u + \frac{\mu}{\tau_P} \nabla \cdot [f(r_p)c] - \nabla p; \quad (1)$$

$$D_t c = \mathcal{C} \cdot (\nabla u) + (\nabla u)^T \cdot c - \frac{f(r_p)c - I}{\tau_P}. \quad (2)$$

Here $u(x,t)$ is the fluid velocity at point $x$ and time $t$, incompressibility is enforced by $\nabla \cdot u = 0$, $D_t = \partial_t + u \cdot \nabla$, $\nu$ is the kinematic viscosity of the fluid, $\mu$ is the viscosity parameter for the solute (FENE-P), $\tau_P$ is the polymer relaxation time, $\rho$ is the solvent density (set to 1), $p$ is the pressure, $(\nabla u)^T$ is the transpose of $(\nabla u)$, $\mathcal{C}_{\alpha\beta} = \langle R_{\alpha} R_{\beta} \rangle$ are the elements of the polymer-conformation tensor $\mathcal{C}$ (angular brackets indicate an average over polymer configurations), $I$ is the identity tensor with elements $\delta_{\alpha\beta}$, $f(r_p) = (L^2 - 3)/(L^2 - r^2_p)$ is the FENE-P potential that ensures finite extensibility, $r_p = \sqrt{\text{Tr}(\mathcal{C})}$ and $L$ are the length and the maximum possible extension, respectively, of the polymers, and $c = \mu/(\nu + \mu)$ is a dimensionless measure of the polymer concentration [22], $c = 0.1$ corresponds, roughly, to 100 ppm for polyethylene oxide [1].

We consider homogeneous, isotropic, turbulence, so we use periodic boundary conditions and solve Eq. (1) by using a massively parallel pseudospectal code [23] with $N^3$ collocation points in a cubic domain (side $L = 2\pi$). We eliminate aliasing errors [23] by the 2/3 rule, to obtain reliable data at small length scales, and use a second-order, slaved Adams-Bashforth scheme for time marching.
Eq. (2), we use an explicit sixth-order central-finite-difference scheme in space and a second-order Adams-Bashforth method for temporal evolution. The numerical error in \( r_p \) must be controlled by choosing a small time step \( \delta t \); otherwise, \( r_p \) can become larger than \( L \), which leads to a numerical instability; this time step is much smaller than what is necessary for a pseudospectral DNS of the NS equation alone. Table I lists the parameters we use. We preserve the symmetric-positive-definite (SPD) nature of \( \mathcal{C} \) at all times by using [22] the following Cholesky-decomposition scheme: If we define \( \mathcal{J} \equiv f(r_p)\mathcal{C} \), Eq. (2) becomes

\[
D_t \ell_{i1} = \sum_k \gamma_k \ell_k + \frac{1}{2} \left[ (q - s) \ell_{i1} + (1) \right] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2} + \left( \delta_{i3} + \frac{1}{2} \sum_{m=1}^{m_2} \frac{\ell_{i1}^2}{\ell_{i1}^2} \right) + \frac{1}{2} \bigg[ (q - s) \ell_{i1} + (1) \bigg] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2},
\]

\[
D_t \ell_{i2} = \sum_{m=1}^{m_2} \gamma_m \ell_m - \ell_{i1} \ell_{i1} + \frac{1}{2} \left[ (q - s) \ell_{i1} + (1) \right] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2} + \left( \delta_{i2} + \frac{1}{2} \sum_{m=1}^{m_2} \frac{\ell_{i1}^2}{\ell_{i1}^2} \right) + \frac{1}{2} \bigg[ (q - s) \ell_{i1} + (1) \bigg] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2},
\]

\[
D_t \ell_{i3} = \frac{1}{2} \left[ (q - s) \ell_{i1} + (1) \right] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2} + \left( \delta_{i3} + \frac{1}{2} \sum_{m=1}^{m_2} \frac{\ell_{i1}^2}{\ell_{i1}^2} \right) + \frac{1}{2} \bigg[ (q - s) \ell_{i1} + (1) \bigg] \frac{s \ell_{i1}^{(mod)} \ell_{i1}}{\ell_{i1}^2}.
\]

The SPD nature of \( \mathcal{C} \) is preserved by Eq. (4) if \( \ell_{i1} > 0 \), which we enforce explicitly [22] by considering the evolution of \( \ln(\ell_{i1}) \) instead of \( \ell_{i1} \).

We use the following initial conditions (superscript 0): \( c_{nm}(x) = 0 \) for all \( x \); and \( u_{nm}(x) = P_{nm}(x)u_{nm}(k) \times \exp(\theta_p(k)) \), with \( m, n = x, y, z \), and \( P_{nm} = (\delta_{mn} - k_m k_n / k^2) \) the transverse projection operator, \( k \) the wave vector with components \( k_m = (\Delta N)/2 \), \( \Delta N = 10 \), \( k || k \), and \( \theta_p(k) \) random numbers distributed uniformly between 0 and \( 2\pi \), and \( v_{nm}^m(k) \) chosen such that the initial kinetic-energy spectra are either of type I, with \( E^I(k) = k^2 \exp(-2k^2) \), or of type II, with \( E^II(k) = k^4 \exp(-k^2) \).

In addition to \( u(x, t) \), its Fourier transform \( \mathbf{u}(k, t) \), and \( \mathcal{C}(x, t) \), we monitor the vorticity \( \omega = \nabla \times \mathbf{u} \), the kinetic-energy spectrum \( E(k, t) = \sum_{k_1} E(k_1, t) \), the total kinetic energy \( \mathcal{E}(t) = \int E(k, t) \, d^3k \), the energy-dissipation rate \( \epsilon(t) = \nu \sum_k k^2 E(k, t) \), the cumulative probability distribution of scaled polymer extensions \( P^C(r_p^2 / L^2) \), and the hyperflatness \( F_0(r) = S_p(r) / S_1^2(r) \), where \( S_p(r) = \langle \left( [u(x + r) - u(x)] \cdot r / r^p \right)^p \rangle \) is the order-\( p \) longitudinal velocity structure function and the angular brackets denote an average over our simulation domain at \( t_m \). For notational convenience, we do not display the dependence on \( c \) explicitly.

<table>
<thead>
<tr>
<th>( N )</th>
<th>( \delta t )</th>
<th>( L )</th>
<th>( \nu )</th>
<th>( \tau_p )</th>
<th>( c )</th>
</tr>
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<tr>
<td>96</td>
<td>1.0 \times 10^{-2}</td>
<td>100</td>
<td>10^{-2}</td>
<td>0.1 - 3</td>
<td>0.1, 0.2, 0.3, 0.4</td>
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<tr>
<td>192</td>
<td>1.0 \times 10^{-2}</td>
<td>100</td>
<td>10^{-2}</td>
<td>0.1</td>
<td>0.1, 0.4</td>
</tr>
<tr>
<td>256A</td>
<td>1.0 \times 10^{-2}</td>
<td>100</td>
<td>10^{-2}</td>
<td>0.1</td>
<td>0.4</td>
</tr>
<tr>
<td>256</td>
<td>4.0 \times 10^{-3}</td>
<td>100</td>
<td>10^{-3}</td>
<td>0.1, 0.4</td>
<td></td>
</tr>
</tbody>
</table>

0 for \( j < i \). Thus, Eq. (3) now yields \( 1 \leq i \leq 3 \) and \( \delta_{ij} = \delta_{ij} \). The position of this peak changes mildly with time, reaches a peak, and then decreases; for \( c = 0 \), the peak occurs at \( t = t_m \). This peak changes with \( c \), but its height goes down significantly as \( c \) increases. This suggests the following natural definition [13] of the percentage drag or dissipation reduction for decaying homogeneous, isotropic turbulence:

\[
\text{DR} = \left( E^{f} - E^{p} / E^{f} \right) \times 100;
\]

here (and henceforth) the superscripts \( f \) and \( p \) stand, respectively, for the fluid without and with polymers, and the superscript \( m \) indicates the time \( t_m \). Figure 1(a) shows plots of DR versus \( c \) for the Weissenberg number \( \text{We} \equiv \tau_p E^{f} / \nu \approx 0.35 \), and versus \( \tau_p \), for \( c = 1/11 \approx 0.1 \). DR increases with \( c \) in qualitative accord with experiments on channel flows (where DR is defined via a normalized pressure difference); but it drops gently as \( \tau_p \) increases, in contrast to the behavior seen in channel flows (in which \( \tau_p \) is varied by changing the polymer).

In decaying turbulence, the total kinetic energy \( \mathcal{E}(t) \) of the fluid falls as \( t \) increases; the rate at which it falls increases with \( c \) [Fig. 1(c)], which suggests that the addi-
tion of polymers increases the effective viscosity of the solution. This is not at odds with the decrease of $\varepsilon$ with increasing $c$, since the effective viscosity because of polymers turns out to be scale-dependent. We confirm this by obtaining the kinetic-energy spectrum $E^{p,m}(k)$ for the fluid in the presence of polymers at $t = t_m$. For small concentrations ($c \approx 0.1$), the spectra with and without polymers differ substantially only in the deep-dissipation range, where $E_i^{l,m}(k) \ll E^{p,m}(k)$. As $c$ increases, say, $c = 0.4$, $E^{p,m}(k)$ is reduced relative to $E_i^{l,m}(k)$ at intermediate values of $k$ [Fig. 2(a)] but becomes, however, deep in the dissipation range $E_i^{l,m}(k) \ll E^{p,m}(k)$. We now define [12] the effective scale-dependent viscosity $\nu_e(k) \equiv$ $\nu + \Delta \nu(k)$, where $\Delta \nu(k) = -\mu \sum_{k} \mathbf{k} \cdot (\mathbf{\nabla} \cdot \mathbf{J})_k = \mathbf{\nabla} \cdot \mathbf{J}$, is the Fourier transform of $\mathbf{\nabla} \cdot \mathbf{J}$. The inset in Fig. 2(a) shows that $\Delta \nu(k) > 0$ for $k < 15$, but $\Delta \nu(k) < 0$ in the near-wall region $k > 20$. This explains why $E^{p,m}(k)$ is suppressed relative to $E_i^{l,m}(k)$ at small $k$, rises above it in the deep-dissipation range, and crosses over from its small-$k$ to large-$k$ behavior around the value of $k$ where $\Delta \nu(k)$ goes through zero.

Given the resolution of our DNS, inertial-range intermittency can be studied only by using extended self-similarity [24] as we will report elsewhere. However, we explore dissipation-range statistics further by calculating the hyperflatness $F_8(r)$ [Fig. 2(b)]. The addition of polymers slows down the growth of $F_8(r)$, as $r \to 0$, which signals the reduction of small-scale intermittency. This is further supported by the iso-$|\omega|$ surfaces shown in Fig. 3. If no polymers are present, these iso-$|\omega|$ surfaces are filamentary [25] for large $|\omega|$; polymers suppress a significant fraction of these filaments.

We use a rank-order method [26] to obtain $P^C(r_p^2/L^2)$ and find that, as $c$ increases [Fig. 2(c)], the extension of the polymers decreases. We have checked that, in the passive-polymer version of Eqs. (1) and (2), the extension of polymers is much more than in Fig. 2(c).

Our study contrasts clearly drag reduction in homogeneous, isotropic, turbulence and in wall-bounded flows. In both of these cases, the polymers increase the overall viscosity of the solution (see, e.g., Fig. 1(c) and Ref. [12]). In wall-bounded flows, the presence of polymers inhibits the flow of the streamwise component of the momentum into the wall, which, in turn, increases the net throughput of the fluid and thus results in drag reduction, a mechanism that can have no analog in homogeneous, isotropic turbulence. However, the decrease of $\varepsilon(t)$ with increasing $c$ [Fig. 1(b)] yields a natural definition of DR [Eq. (5)] for this case [27]. Thus, if the term drag reduction must be reserved for wall-bounded flows, then we suggest the expression dissipation reduction for homogeneous, isotropic turbulence. We have shown that $\nu_e$ must be scale-dependent; its counterpart in wall-bounded flows is the position-dependent viscosity of Refs. [4,7]. Furthermore, as in wall-bounded flows, an increase in $c$ leads to an increase in DR [Fig. 1(b)]. In channel flows, an
increase in We leads to an increase in DR, but we find that DR falls marginally as We increases [Fig. 1(b)].

Our DNS of the Navier-Stokes equation with polymer additives [Eqs. (1) and (2)] resolves the controversy about drag reduction in decaying homogeneous, isotropic turbulence and shows clearly that Eq. (5) offers a natural definition of DR for this case in a far more realistic model than those of Refs. [11,13]. We also find a nontrivial modification of the fluid kinetic-energy spectrum especially in the deep-dissipation range [Fig. 2(b)] that can be explained in terms of a polymer-induced, scale-dependent viscosity. Experiments [16,17] do not resolve the dissipation range as clearly as we do, so the experimental verification of the deep-dissipation-range behavior of Fig. 2(a) remains a challenge. Earlier theoretical studies [10,11] have also not concentrated on this dissipation range. The reduction in the small-scale intermittency [Fig. 2(b)] and in the constant-\(|\omega|\) isosurfaces [Fig. 3] is in qualitative agreement with channel-flow studies [2], where a decrease in the turbulent volume fraction is seen on the addition of the polymers, and water-jet studies [21], where the addition of the polymers leads to a decrease in small-scale structures. We hope our work will stimulate more experimental studies of drag or dissipation reduction in homogeneous, isotropic turbulence.

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[27] In some steady-state simulations [11,22], DR is associated with $E(k) > E(k)$, for small $k$. We obtain this for type II, but not type I, initial conditions; but Eq. (5) yields drag reduction for both of these initial conditions.