Vesicles under simple shear flow: elucidating the role of the relevant control parameters

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I. INTRODUCTION

Vesicles are closed phospholipid membranes suspended in an aqueous solution [1,2]. They continue to gather increasing interest in different disciplines ranging from biology to mathematics. The vesicles that are the focus of this investigation are usually called “giant vesicles,” and have a typical size in the 10–100 μm range (the word “giant” is used in reference to vesicles in the cytoplasm which are in the 100 nanometers range). Vesicles that are made of pure bilayer membranes mimic some features of the red blood cell (RBC), such as its equilibrium biconcave shape, tank-treading (TT) (see below), and tumbling (TB) under shear flow. Thus, vesicles have gained popularity as model systems for understanding RBC mechanics. Recent studies have highlighted that the unique mechanical properties of the lipid bilayer membrane, such as its fluidity, incompressibility, and resistance to bending, give rise to a number of fascinating nonequilibrium features of the vesicle and of RBC dynamics. Vesicle dynamics under simple shear flow have been the subject of extensive theoretical and experimental studies [3–19]. It is known that vesicles under shear flow exhibit three different types of dynamical regimes. The most classical one is the TT mode (the vesicle assumes a steady inclination angle and a fixed shape, while the fluid membrane undergoes a tank-tread-like motion). This regime has also been observed for RBC [20].

Since this is a quickly advancing field, a brief review will first be presented. The TT of vesicles was analyzed by Keller and Skalak [3] (KS) (these authors actually considered RBCs), and later by Kraus et al. [4], using three-dimensional (3D) numerical techniques based on the boundary integral formulation. It was shown by KS that the inclination angle, $\Psi$ (see Fig. 1 for definition of the angle) of the vesicle main axis with respect to the flow is equal to $\pi/4$ in the limiting case of a sphere, and decreases with the degree of the vesicle deflation. The full numerical solution [4] confirmed the analysis of KS. Seifert [6] later analyzed the TT regime in the quasispherical regime. KS further showed that the TT regime exists within a certain range of control parameters. To focus the discussion, the three dimensionless parameters that enter the vesicle problem under a shear flow are:

(a) the excess area as defined by
experimental data on vesicles have typically explored the range \( \text{Ca} = 0.1 - 20 \) both for vesicles and RBCs while varying the temperature and/or adding polymers inside the vesicle or in the suspending medium. The available experimental data on vesicles have typically explored the range \( \Delta = 0.1 - 2 \).

(b) The ratio between the viscosities of the internal (\( \eta_{\text{int}} \)) and the external (\( \eta_{\text{ext}} \)) fluids

\[
\lambda = \frac{\eta_{\text{int}}}{\eta_{\text{ext}}}
\]

For a human RBC \textit{in vivo}, \( \lambda = 5 - 6 \). Laboratory experiments have explored the range of 0.1–20 both for vesicles and RBCs while varying the temperature and/or adding polymers inside the vesicle or in the suspending medium [12,13,18].

(c) The capillary number, which is defined as the ratio between two characteristic time scales, the shearing time, \( \tau_{\text{flow}} = 1/\gamma \), where \( \gamma \) is the shear rate, and the typical time needed for a vesicle to attain its equilibrium shape after cessation of the flow, \( \tau_{\text{shape}} = \eta_{\text{ext}} R_0^3/\kappa \)

\[
\text{Ca} = \frac{\tau_{\text{shape}}}{\tau_{\text{flow}}} = \frac{\eta_{\text{ext}} \gamma R_0^3}{\kappa},
\]

where \( \kappa \) is the membrane bending rigidity. Typical values from experimental investigations of vesicles lie roughly in the range \( \text{Ca} \sim 1 - 10^3 \) [12,13].

KS showed that the TT regime exists below a critical value of \( \lambda \), denoted \( \lambda_c \), which depends on \( \Delta \) (see Fig. 2). The inclination angle decreases with \( \Delta \). Neither the inclination angle, nor the TT-TB boundary, have been found to depend on \( \text{Ca} \) (or shear rate) in the KS theory or in the numerical simulations [3,4]. It will be shown in this paper that a significant dependence on \( \text{Ca} \) may be exhibited.

KS showed that beyond \( \lambda_c \), the TT solution ceases to exist and the vesicle undergoes TB. KS assumed a shape preserving solution (i.e., the vesicle maintains the same shape during tumbling). The transition from TT to TB was subsequently numerically analyzed [7,8] for two-dimensional (2D) vesicles (with no shape constraints, unlike KS theory) by means of the boundary integral formulation and phase-field models. It was been noted that the bifurcation from TT to TB is of saddle-node type [7]. The overall picture from the 2D numerical study [7] was found to be consistent with the KS analysis [3]. Figure 2 shows a schematic of the phase diagram. The TT motion has been analyzed experimentally by Kantsler and Steinberg [11] and the transition to TB by Mader et al. [13].

A regime has been revealed by recent research. A theoretical study [14] performed in the quasispherical regime has reported new dynamics, referred to as vacillating-breathing (VB) (later also described as trembling or swinging): the vesicle main axis oscillates about the flow direction, and the shape undergoes a breathinglike motion. In that work, it was shown that the VB motion coexists with TB. A movie shows the two regimes, VB and TB [21]. Which motion prevails depends on the initial conditions. This theory has truncated the expansion of the evolution equations about a spherical shape to leading order. As a consequence, the membrane bending rigidity (or \( \text{Ca} \)) scales out from the evolution equations, and only \( \lambda \) and \( \Delta \) remained. Later studies by Noguchi and Gompper [22], Lebedev et al. [16], and Danker et al. [23] continued the analysis to higher orders in the deviation from a sphere. Their main outcome is that the bending rigidity (or \( \text{Ca} \)) shows up in the higher order expansion. A common result from these three investigations [[16,22,23]], is that the phase diagram in the \( \text{Ca} - \lambda \) plane has the qualitative form shown in Fig. 3. The careful analysis reported in this paper reveals, however, many important hidden differences.

The analysis of Noguchi and Gompper [22] regarding the dynamics of vesicle deformation was based on the work Ref. [14] supplemented with higher order contributions in the bending energy, and the KS theory [3] for the inclination angle. Lebedev et al. [16] followed a similar analysis as in [14], in which higher order contributions in the deviation from a sphere were partially included (the next higher order term was only added to the bending force, not the corre-
VESICLES UNDER SIMPLE SHEAR FLOW: ELUCIDATING

This page contains a section of scientific text discussing vesicles under simple shear flow, including the development of a phase diagram and the dynamics of vesicles. The text references previous work by Danker et al. [23] and Lebedev et al. [16]. It also discusses the hydrodynamical response and the significance of the vesicle dynamics in relation to the hydrodynamic response. The section on vesicle dynamics is contrasted with the consistent theory of Danker et al., and the investigation reveals several features following this theory.

The main findings of this work are: (i) the details of how the phase diagram (Fig. 3) describing regions of existence of the three regimes (TT, VB, and TB) depends on the three essential control parameters (Ca, λ, and Δ) or alternatively S, Λ, and Δ) are reported; (ii) in the TT regime, the inclination angle may vary with the shear rate (or Ca), which has not been previously revealed; (iii) the period of the TB and VB modes as a function of the three relevant control parameters are described, which differ from the results of Noguchi and Gompper [22]. More precisely, a weak dependence (not more than 10–20%) of the period was found as a function of Ca, which is at least ten times smaller than that found by Noguchi and Gompper [22]; (iv) it is shown that the amplitude of oscillation of the main axis of the vesicle in the VB mode strongly depends on the excess area when S and Λ are constant. The change can vary by up to 200%, however, the theory of Lebedev et al. [16] predicts no variation at all.

The present results should be useful for any future attempts to analyze experimental data. There have been only a few experimental results in which VB has been discussed [12,13]. It seems that an early experimental discovery of the VB mode, clearly described by de Haas et al. [5], had been overlooked in the literature. Recently, an experimental determination of the phase diagram was reported [19], and these results were considered for the present study.

This paper is organized as follows. In Sec. II, the vesicle model is presented. The small deformation theory and its associated dynamical equations appear in Sec. III. Section IV contains the main results and discussion. Section V presents a brief summary of the main outcomes and some comments.

**II. VESICLE MODEL**

### A. Membrane structure and bending force

At room temperature, the membrane is in a liquid state. The energy required to expand or to compress a portion of the membrane is very high, i.e., the membrane compressibility modulus is \( \sim 100 \) mN/m [1]. Therefore, the membrane is considered as a two-dimensional incompressible Newtonian fluid and this implies local and global conservation of the membrane surface area. This conservation is not observed for other deformable particles, such as capsules or droplets. RBCs share this surface conservation property. The difference between vesicles, drops, and capsules has recently been discussed [14,17]. Moreover, at osmotic equilibrium there is no net flow across the membrane, so the enclosed volume is conserved.

Energy is stored in the membrane bending modes. The associated energy is given by [24]

\[
E = \frac{\kappa}{2} \int \delta \left( 2H \right)^2 dA + \int \xi dA. \tag{5}
\]

The force is obtained by the derivative of the energy with respect to the membrane shape [25].

\[
F = \kappa \left[ 2H(2H^2 - 2K) + 2\Delta_0 H - 2\xi H \right] n + \left( I - n \otimes n \right) \cdot \nabla \xi,
\tag{6}
\]

where \( \kappa \) is the membrane rigidity (\( \sim 10^{-19} \) J), \( H = (1/R_1 + 1/R_2)/2 \) and \( K = 1/(R_1 R_2) \) are the mean and the Gaussian curvatures, respectively (\( R_1 \) and \( R_2 \) are the two principal radii of curvature), \( \Delta_0 \) is the Laplace-Beltrami (surface) operator, \( \xi \) is a Lagrange multiplier that enforces local membrane surface conservation, \( I \) is the identity tensor, and \( n \) is the outward unit normal vector.

### B. Fluid equations and their dimensionless form

In this section, the model is presented in its dimensionless form in order to identify the three dimensionless parameters. When the vesicle is subjected to linear shear flow,

\[
u_1^0 = \gamma v, \quad \nu_2^0 = \nu_3^0 = 0,
\tag{7}
\]

where \( \gamma \) is the shear rate.

The following dimensionless variables are introduced for space, time, fluid velocity, and pressure fields:

\[
r^* = r/R_0, \quad t^* = t/\tau, \quad v^* = vU, \quad p^* = pR_0/\eta U,
\tag{8}
\]

where \( \tau \) and \( U \) are characteristic time and velocity scales associated with the flow. The quantity \( \tau = R_0/U = 1/\gamma \) is
fixed, since this is the only time scale associated with the flow. We take the viscosity units to be that of the ambient fluid, \( \eta_{\text{ext}} \).

For most available experimental data, the Reynolds number is small (typically \( 10^{-2} \sim 10^{-3} \)), and thus inertia can be neglected. The Stokes equations result, whose dimensionless form inside and outside the vesicle, are

\[
\lambda \nabla^2 \mathbf{v}_\text{int}^* - \nabla P^\text{int} = 0, \\
\nabla \cdot \mathbf{v}_\text{int}^* = 0,
\]

and

\[
\nabla^2 \mathbf{v}_\text{ext}^* - \nabla P^\text{ext} = 0, \\
\nabla \cdot \mathbf{v}_\text{ext}^* = 0,
\]

where \( \lambda \) is the viscosity contrast [see Eq. (2)].

At the membrane, the bending force must balance the change in the hydrodynamic stress,

\[
(\sigma^*_\text{ext} - \sigma^*_\text{int}) \mathbf{n} + F^* = 0,
\]

where \( \sigma^* \) is the dimensionless stress tensor given in each fluid domain by \( \sigma^*_\text{ext} = -p^*_\text{ext} \mathbf{I} + (\nabla \mathbf{v}_\text{ext}^* + (\nabla \mathbf{v}_\text{ext}^*)^T) \) and \( \sigma^*_\text{int} = -p^*_\text{int} + \lambda (\nabla \mathbf{v}_\text{int}^* + (\nabla \mathbf{v}_\text{int}^*)^T) \) (the superscript “T” signifies the transpose of the matrix). The dimensionless membrane force takes the form

\[
F^* = (C_a^{-1}(2H^2(2H^2 - 2K^2) + 2\Delta \eta_0^2H^2) - 2\zeta^0H^2) \mathbf{n}
+ (I - \mathbf{n} \otimes \mathbf{n}) \cdot \nabla^2 \zeta^0,
\]

where \( C_a \) is the capillary number given by Eq. (3), and \( \zeta^0 = \zeta / (\gamma R_0) \) is the dimensionless Lagrange multiplier. The additional equations that are needed to determine this unknown are obtained from the local membrane incompressibility condition, which can be expressed as the constraint on the velocity field at the surface of the vesicle,

\[
(\delta_{ij} - \mathbf{n}_i \mathbf{n}_j) \partial \mathbf{v}_j^* = 0.
\]

The third dimensionless parameter is the excess area relative to a sphere, \( \Delta \), that quantifies by how much the vesicle is deflated relative to a sphere.

At the membrane the fluid velocity is continuous, which implies

\[
\mathbf{v}_\text{ext}^* = \mathbf{v}_\text{int}^*.
\]

If the membrane does not allow for a net flow, then the membrane velocity \( \mathbf{v}_m^* \) is equal to that of the adjacent fluid,

\[
\mathbf{v}_m^* = \mathbf{v}_\text{ext}^* = \mathbf{v}_\text{int}^*.
\]

Finally, at large distances from the vesicle, the flow approaches the imposed one (formally, the induced flow due to the presence of the vesicle vanishes at infinite distances from the vesicle)

\[
\mathbf{v}_\text{ext}^*(r \to \infty) = \mathbf{v}^{*0}.
\]

Equations (9)–(16) constitute a closed set for the study of the dynamics of a vesicle in a shear flow. The solutions for the velocity and pressure field are obtained following Lamb’s procedure [26], and their expressions together with other details can be found in Ref. [23]. From now on, the superscript “*” will be omitted, and only dimensionless quantities will be considered.

### III. SMALL DEFORMATION THEORY

In the small deformation theories, the dynamics and deformation of a particle, due to an external applied flow, are obtained by performing an expansion about the simple geometry, namely, a sphere (vesicles [5,6,14], droplets [27,28], and capsules [29,30]).

#### A. Vesicle shape

The surface of the vesicle, in spherical coordinates (\( \theta \in [0, \pi] \) and \( \phi \in [0, 2\pi] \)), is determined by the vector position [14]

\[
\mathbf{R}(\theta, \phi) = \left[ 1 + \epsilon f(\theta, \phi) \right] \mathbf{e}_z,
\]

where \( \epsilon \) is a small parameter related to the vesicle excess area (\( \epsilon = \Delta \)), and which is used as an expansion parameter for the deviation from a sphere [15,23]. The function, \( f \), is decomposed into the spherical harmonics, \( Y^2_m(\theta, \phi) \) as

\[
f(\theta, \phi) = \sum_{m=-2}^{2} F_{2,m} Y^m_2 = F_{2,-2} Y^{-2}_2 + F_{2,0} Y^0_2 + F_{2,2} Y^2_2,
\]

where \( F_{2,m} \) is a time-dependent amplitude of the corresponding mode, the evolution equations of which will be analyzed. The amplitude associated with \( Y^m_2 \) can be expressed in terms of the other amplitudes, via the vesicle volume conservation constraint [6,14,23], and the mode \( Y^0_1 \) is omitted, since we are not interested in translation of the vesicle. Since we consider a vesicle under simple linear shear flow, only the spherical harmonics of order \( n=2 \) survive [14]. This is sufficient to capture the basic features of dynamics. Finally, in Eq. (18), the harmonics \( Y^{-2}_2 \) have been omitted since the dynamics are only analyzed in the plane of the shear flow. Thus, \( Y^{-2}_2 = 0 \) at \( \theta = \pi/2 \); the shear plane is \( x-y \).

#### B. Shape evolution equations

The time evolution of the shape is given by the dynamics of the \( F_{ij} \) modes (see Ref. [23]). This work follows the so-called post-expansion theory, which keeps the leading terms in the full evolution equations in a consistent manner [23]. The equality [14]

\[
F_{2,\pm 2} = \Re e^{\pm 2i\Theta}
\]

is set and, with this definition in the TT regime, \( \Psi \) coincides with the orientation angle of the vesicle main axis, and \( \Re \) is the amplitude of the vesicle deformation. For ease of comparison, instead of \( \Re \), the variable \( \Theta \) [16] can be used, as defined by \( 2\Re = \cos \Theta \) with \( 0 \leq \Theta < \pi \). Since in Eq. (17), the deformation amplitude is multiplied by \( \epsilon \), it is more convenient to study the full amplitude, \( R = \frac{3}{2} \cos \Theta \). Following the post-expansion theory [23], the relevant leading order expansion about a sphere is obtained.
The dimensionless parameter $T$ can be absorbed in a redefinition of time so that three independent parameters remain: $S$, $\Lambda$, and $Ca$. In the following discussion, either one of the two sets, $(\Lambda, Ca)$ or $(S, Ca, \Lambda_1)$, will be used. The first set is more natural, since it has a simple physical interpretation, but the second set allows for comparison with Ref. [16]. Note that Eqs. (20a) and (20b) are symmetric under the transformations,

$$\Theta \rightarrow \Theta$$
$$\Psi \rightarrow \Psi + \pi$$

This is a useful observation since the numerical solutions (by means of the Newton method) for the fixed points of Eqs. (20a) and (20b) typically lead (for a given set of parameters) to several branches, which may be uninformative, yet simply, related to each other via the above symmetry relations.

The first term on the right-hand side of Eq. (20a) is of order $1/\epsilon^2$ (recall that $\epsilon = 1/\sqrt{\Delta}$), the second one is on order 1, and the final one is on order $1/\epsilon$. The first contribution $(1/\epsilon^2)$ arises in the leading theory [14], the second is the term added in [16], and the consistent calculation [23] includes the third term. The consistent theory has been discussed at length in [23]. Actually, the parameters $S$ and $\Lambda$ represent the asymptotic behavior of characteristic values of $Ca$ and $\lambda$ for small values of $\Delta$. If it is assumed that $Ca$ scales as (i.e., it is on the same order) $\Delta$ and $\lambda$ scales as $\Delta^{-1/2}$, then the last term in Eq. (20a) can be neglected for sufficiently small $\Delta$ and the dynamical properties of the vesicle become dependent only on two parameters, $\Lambda$ and $S$ ($T = AS/\gamma$). In that case, the two theories [16,23] agree. However, if $Ca$ remains on order $O(1)$, then the last term in Eq. (20a) plays an important role, especially in the VB and TB regimes. The goal of the present study is to provide a detailed analysis of the consequences of the consistent theory [23].

Equation (20b) provides the evolution of the vesicle inclination angle, $\Psi (-\pi \leq \Psi \leq \pi)$. For a given set of solutions, $\{\Theta(t), \Psi(t)\}$ (recall that $R$ is related to $\Theta$ $F_{2,2}$ [see Eq. (19)] and $F_{2,2}$ are obtained. The quantity $F_{2,0}$ is obtained via the area conservation constraint (for details see [23]), which reflects the fact that the deformation amplitudes must comply with the available excess area. This condition is manifested as $2F_{2,0}^2 + 4|F_{2,2}|^2 = 1$, which fully determines the vesicle shape configuration.

### IV. RESULTS

The following results are obtained by numerically solving Eqs. (20a) and (20b), which are nonlinear ordinary differential equations of first order, using Maple.

#### A. Phase diagram

1. **General consideration**

First, the phase diagram corresponding to the various regimes will be considered. Three regimes were identified under shear flow (see Fig. 3): (i) tank-treading (TT) (blue area), (ii) vacillating-breathing (VB) (violet area), and tumbling (TB) (red area). The phase diagram was derived using Eqs. (20a) and (20b). The steady TT to unsteady VB transition border, in the phase diagram, was observed when at least one eigenvalue, $\omega$, of the stability matrix of the set of fixed points corresponding to TT had a real part which became positive (perturbations of the fixed point as $\sim e^{\omega t}$). The occurrence of VB mode corresponds to a Hopf bifurcation: the real part of $\omega$ vanishes, while its imaginary part is finite.

The boundaries between the two unsteady regimes, TB and VB, was obtained numerically. TB is the continuation of the VB mode when $\Psi$ reaches $\pi/4$. In the low deformation regime ($Ca < 1$), the transition from TT to TB is direct (i.e., it is not preceded by a VB mode; see Fig. 3) and it occurs via a saddle-node bifurcation, as discussed in Ref. [7]. In the higher deformation regime ($Ca > 1$), TB is preceded by a VB regime upon increasing $\lambda$. Note that a small Ca implies that the vesicle response is fast in comparison to the shearing time; the vesicle adapts instantaneously to the shape imposed by the flow. A large Ca implies that the vesicle response is slow in comparison to the shearing time, and therefore, the vesicle will exhibit ample shape variation. Figure 4 shows the behavior of the orientation angle of the long axis of the vesicle, $\Psi$, as a function of time in the three regimes (from left to right TT, VB, and TB). The VB and TB modes are also shown in a movie [21]. The movie clearly displays the large breathing of the vesicle in the VB regime. A more subtle effect is that, in the TB regime, the vesicle axes also undergo an oscillation. A close inspection of the TB regime shows that the two main axes exhibit an oscillation in time.

The phase diagram (Fig. 3) has been discussed by three groups [16,22,23], and there is a consensus on its qualitative shape. However, further investigations are warranted to reveal how the three control parameters affect the phase and physical quantities, such as the period and amplitude of oscillations. This work clarifies these points through a careful analysis of the dynamics, which allow for several important disagreements between the three groups to be identified.

2. **Significant dependence of the boundaries of different regimes in parameter space**

First, the evolution of the phase diagram (Fig. 3) with $\Delta$ is investigated. A typical result is shown in Fig. 5. The phase
diagram can be characterized by three quantities: the critical viscosity contrast \( \lambda_c \), the critical capillary number \( \text{Ca}_c \), and the width of the VB domain \( \Delta \lambda \) at high enough \( \text{Ca} \), as shown in Fig. 5. These three quantities are presented in Fig. 6 as a function of \( \Delta \). The increase of \( \lambda_c \) with decreasing \( \Delta \) has already been reported \[3,8,13\]. However, the dependence of the width of the VB mode as a function of \( \Delta \) has not been reported.

As discussed above, it was claimed in Ref. [16] that two independent control parameters, \( S \) and \( \lambda \), are sufficient to describe the vesicle dynamics. In order to test this idea, the phase diagram in the \( S-\lambda \) plane was investigated. The results are shown in Fig. 7. According to Ref. [16], the phase diagram is universal in that plane (black line in Fig. 7). Clearly, this assumption is not valid, as shown in the same figure. By varying the excess area, a significant variation in the boundaries separating the TT-VB and VB-TB regime was observed. In fact, the additional term \( (\lambda_1) \) appearing on the right-hand side of Eq. (20a) strongly influences the phase diagram border location, making it quite sensitive to the excess area parameter. It is only when \( \text{Ca} \) (or \( S \)) is sufficiently small that the two theories coincide. Recent experiments \[19\] have reported a phase diagram in the \( S-\lambda \) plane by averaging out all values of excess area. In light of the results presented here, this is not appropriate. Different values of \( \Delta \) imply different locations of the bifurcation boundaries, which may be used to interpret future experiments.

The values of \( \Delta \) used above are consistent with most of the available experimental data, which have been in the range \[5,11,13\] \( \Delta=0.5-1.5 \). The third parameter \( \Delta \) will be seen to influence the amplitude of the VB mode even stronger (when \( S \) and \( \lambda \) are fixed).

**B. Tank-treading: Dependence of the steady angle on shear rate**

In 3D numerical simulations \[4\], it was reported that the inclination angle in the tank-treading regime does not depend on the shear rate (or more precisely on \( \text{Ca} \)). We find here that this does not always hold. Figure 8 shows, for a given set of
and maximum elongation can be attained at a lower shear rate when varying Ca. At low shear rates, the variation in the steady inclination angle in the experiments of Ref. [5] is enhanced, causing a further inclination of the vesicle toward the flow direction. When Ca is large enough, the vesicle elongation saturates, and consequently the angle reaches a plateau. Note that the plateau is reached earlier for a low viscosity contrast, because for low υ, the TT inclination angle more closely approaches the direction of maximum elongation, 2π/3. Thus, the elongation is more efficient, and maximum elongation can be attained at a lower shear rate. Finally, the fact that, for a given Ca, the angle decreases upon increasing υ, is a classical result [3,7–9].

The result for the variation in the TT angle with Ca, shown in Fig. 8, was not observed in the full simulation by Kraus et al. [4] for the following reasons. That work was limited to υ=1, and Ca≥1. As can be seen in Fig. 8 (red line), the plateau is reached for υ=1 slightly above Ca=1, which could not have easily been reproduced in the simulations of Kraus et al. [4]. As shown here, if one takes υ=2 (blue line in Fig. 8), the plateau is reached at Ca=10. The range Ca=1–10 is experimentally accessible [11,13], and we hope that these results will inspire systematic investigations in future experiments.

C. Tumbling

1. Behavior of the TB period with υ

At large enough Ca, the TB period decreases slowly with increasing υ (Fig. 9). It is only in the small Ca regime (i.e., when there is a direct bifurcation from TT to TB, see Fig. 5) that the period varies abruptly with υ (with a period approaching infinity at the transition point due to the Landau critical slowing down). To our knowledge, the behavior of the TB angular period with υ has not yet been reported. The dashed gray line in Fig. 9 corresponds to the period of a quasispherical rotating rigid body with a frequency Ω=υ/2 [31]. Note that all TB angular period curves tend to this value at higher υ. The decrease in the period with υ is interpreted as follows. At small υ, the vesicle deformation is high. During TB, the long and short axes oscillate (maximal stretching occurs at 2π/3 and maximal compression at 2π/4) and, due to accumulation of vesicle stretching during TB motion in the υ>0, the vesicle approaches the horizontal geometry in a stretched state, and will spend more time there before entering the υ<0. When υ is larger, the stretching is decreased due to the flow inside the vesicle.
This enhances the delay between the shearing time and the response of the vesicle. The vesicle, being less stretched, will thus spend less time in the horizontal direction.

2. Behavior of the TB period with Ca

We have investigated the TB period as a function of Ca, for different values of λ (the behavior of the period is not shown here due to the slight sensitivity to the parameters). In the low deformation regime (Ca ≈ 1), we find a weak decrease in the TB period upon increasing Ca. The decrease is typically on the order of 6% to 11%. In the larger deformation regime, more precisely when Ca ≈ 2, the period nearly ceases to depend on Ca for the range of λ values explored (from 1 to 10). The fact that the oscillation period is quite insensitive to Ca may be explained as follows. At high enough Ca (say beyond 2), the vesicle stretching will reach a maximal value, such that the vesicle shape does not evolve further. The vesicle has nearly the same shape (given the fact that λ and Δ are fixed), and nothing causes the period (normalized by the shear rate) to change.

We would like to draw attention on a contradiction between the present work and that of Noguchi and Gompper [22], who have also reported on the behavior of the TB period as a function of Ca (for their frequency, see Fig. 2 therein). They observed an increase in the period with Ca, while the opposite behavior was seen here. The most significant point is that, the period they observed strongly depended on Ca (their period varies by about a factor 4 when Ca is varied by a similar factor). In contrast, we find variations in few %. The insensitivity of the TB period to Ca has also been observed numerically using a boundary integral method in three dimensions (to be reported elsewhere [32]). Noguchi and Gompper [22] used a dissipative particle numerical simulation technique with a membrane viscosity (not included in our study). The effect of the membrane viscosity has been included in the analytical theory [16], but it simply results in a renormalization of the bulk viscosities, a fact which cannot change our results regarding the dependence of the period on Ca. Noguchi and Gompper [22] additionally used a phenomenological picture based on the KS theory that seemed to support their finding. Neither the present study nor the full 3D numerical simulation [32] agree with Noguchi and Gompper’s result. Our full numerical boundary integral simulations show a marked contrast with the KS theory [32]. The strong dependence on Ca observed by Noguchi and Gompper [22] in the phenomenological study (using KS theory) might be symptomatic of the breakdown of the KS theory. However, there is currently no explanation for why their numerical simulations provide quite different results than ours (both from our analytical and numerical data).

D. Vacillating-breathing

1. Vacillating-breathing period

Figure 10 shows the VB angular period versus Ca, for different values of λ. For a given Ca, the VB period decreases with increasing λ. This can be rationalized by noting that increasing λ reduces the vesicle deformation and makes the VB response stiffer and stiffer, which leads to a faster motion (smaller period).

For a given λ, it is only in the vicinity of the transition from TB to the VB mode (compare Fig. 5 for Δ = 1 to the data in Fig. 11(b) in order to locate the various regimes) that the period undergoes an abrupt drop (a consequence of the critical slowing down). By increasing Ca beyond a typical value of about 2, the period reaches a plateau, as it did in the TB regime. The observation that the period is insensitive to Ca (for Ca on order of, or greater than, 2) has been confirmed by the full three-dimensional simulations based on the boundary integral formulation, to be reported elsewhere [32].

2. Vacillating-breathing amplitude: Nature of the bifurcation from TT to VB

The (complex) amplitude of the VB mode is now investigated, which is sensitive to the three dimensionless parameters. The VB angular amplitude, ΔΨ (defined as the absolute value of the difference between the maximum and the minimum of Ψ(t)), increases with λ, as is depicted in Fig. 11(a). It tends to approach π/2 when λ is close to the TB boundary. When λ is close to the TT boundary, both the minimum and the maximum of Ψ(t) tend to zero.

The fact that the amplitude approaches zero at TT-VB boundary in a continuous manner was observed for all the parameter values explored so far. Therefore, the bifurcation from TT to VB is supercritical (in contrast to a subcritical bifurcation; a dynamical analog of a first order transition). This feature is further investigated by plotting the amplitude as a function of λ. The typical behavior is shown in Fig. 11(a). The amplitude is well fitted with a square root law (ΔΨ = \sqrt{\lambda - \lambda_c}) in the vicinity of the bifurcation point, which is a prototypical result for a supercritical (or pitchfork) bifurcation.

Note that absolute value of the minimal angle is different from the maximal one, |Ψ_{min}| ≠ |Ψ_{max}| with |Ψ_{min}| > |Ψ_{max}|. In the VB mode, the longest axis of the vesicle oscillates around a small negative angle (in contrast to RBCs that oscillate around a positive angle [33]). This means that the

![Capillary Number](attachment:capillary_number.png)

**FIG. 10.** (Color online) The period of vacillating-breathing (rescaled by γ), versus the capillary number for different values of the viscosity contrast. Here, Δ = 1.
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oscillation takes place about an angle that is very close to that of a TT vesicle before the TT-VB transition occurs. Figure 11(b) shows the VB angular amplitude versus Ca for different values of \( \Lambda \). At smaller values of \( \Lambda \), the amplitude decreases with increasing Ca, until it reaches a plateau, at higher values. The same behavior was also reported in [22].

3. Vacillating-breathing amplitude: Strong dependence on the three control parameters

Figure 12 represents the variation in the angular and the deformation amplitudes with the excess area, \( \Delta \), in the VB regime. The values of the parameters \( S \) and \( \Lambda \) used in Fig. 12 were chosen to select the VB regime. Subsequently, \( S \) and \( \Lambda \) were fixed and \( \Delta \) was varied from 0.125 to 1 (a typical range in experiments [5,11–13,19]). The angular amplitude decreases with \( \Delta \), while the deformation amplitude increases. At higher \( \Delta \) (more deflated vesicles), ample breathing is caused, which can be measured by \( R \). Due to this ample breathing, the main axis of the vesicle remains quite close to the horizontal axis, which implies that the amplitude of vacillation (measured by \( \Psi \)) decreases.

An important fact is the strong variation in both \( S \) and \( \Lambda \) with \( \Delta \), for a fixed set of \( S \) and \( \Lambda \). These results confirm the importance of the excess area as a third control parameter. Unfortunately, the recent experimental study [19] (where the authors neglected the third parameter) did not investigate this quantity, which is essential to verifying the theory.

4. Vacillating-breathing limit-cycles

Figure 13 shows the limit-cycles of a vesicle performing VB dynamics for different sets of parameters. A point belonging to a limit-cycle [e.g., the point A in Fig. 13(a)] represents the instantaneous vesicle inclination angle and the corresponding deformation.

In Fig. 13(a), a typical limit-cycle for the VB mode and its evolution with \( \Delta \) are shown, while \( S \) and \( \Lambda \) are fixed, as in Fig. 12. Increasing the excess area induces a shift in the limit-cycle toward higher deformation regions, and to smaller amplitude angular oscillations.

It must be noted that, when varying \( Ca \), for the range observed in Fig. 13(b) and while \( \Lambda \) and \( \Delta \) are fixed, the configuration of the limit-cycle does not exhibit a dramatic change. Only small variations in the deformation and the angular amplitudes were observed.

Figure 13(c) shows the evolution of the limit-cycle when varying \( \Lambda \). Increasing \( \Lambda \) causes an increase in the deformation and the angular amplitudes. The same information is represented in Fig. 13(d), and in the \( \Theta-\Psi \) Atlas.

V. CONCLUSION

Using the dynamical equations, (20a) and (20b), derived in Ref. [23], a systematic physical analysis of vesicle dynamics under a linear shear flow was performed.

It was observed that the boundaries of the phase diagram corresponding to the TT, VB, and TB regimes are sensitive to the three dimensionless control parameters, and not only the two reported in Ref. [16] (\( S \) and \( \Lambda \)). It has been shown that the amplitudes of deformation and orientation in the VB strongly depend on the third parameter \( \Delta \) (by fixing \( S \) and \( \Lambda \)). It has also been shown that the vesicle inclination angle in the TT regime significantly depends on shear rate in the parameter range that is accessible to experiments. Finally, it
was reported that the period of oscillation in the VB and TB regimes is quite insensitive to the shear rate. This result is in contradiction with previously reported results based on phenomenological equations and on dissipative particle dynamics [22].

Recent experiments [19] have reported the phase diagram (such as Fig. 7) and have concluded, by reference to the work of Lebedev et al. [16], that only the two parameters $S$ and $\Lambda$ are relevant. In the light of the present study, this conclusion is inappropriate. A careful analysis should be performed by selecting vesicles with different excess areas. In addition, experimental investigations of several other relevant physical quantities are lacking (such as the amplitude of the VB mode, as in Fig. 11, and the behavior of the limit-cycle, as in Fig. 13), where a strong variation with the third parameter is expected. We hope that this work will inspire such experiments.

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