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Planar Monomode Optical Couplers Based on Multimode Interference Effects

Lucas B. Soldano, Frank B. Veerman, Meint K. Smit, Bastiaan H. Verbeek, Alain H. Dubost, and Erik C. M. Pennings

Abstract—The self-imaging property of a homogeneous multimoded planar optical waveguide has been applied in the design of passive planar monomode optical couplers based on multimode interference (MMI). Based on these designs, 3 dB and cross couplers were fabricated in SiO2/Al2O3/SiO2 channel waveguides on Si substrates. Theoretical predictions and experimental results at 1.52-μm wavelength are presented which demonstrate that MMI couplers offer high performance: on-chip excess loss better than 0.5 dB, high reproducibility, low polarization dependence and small device size.

I. INTRODUCTION

OPTICAL couplers are key components in photonic integrated circuits both for signal routing and signal processing. Two-mode interference (TMI) couplers were already proposed in 1977 [1] as a simpler alternative to the weak synchronous couplers based on parallel waveguides, and reported in 1988 [2] to build integrated-optic dual-channel wavelength-division multi-/demultiplexers. TMI couplers consist of a two-moded central waveguide (TMI section) connected to two pairs of single-moded access waveguides (Fig. 1(a)). Compared to weak synchronous couplers, TMI couplers are shorter, less sensitive to fabrication variations and less polarization dependent. However, requirements of high power coupling efficiency and proper mode excitation from the single-moded access waveguides to the TMI section limit the branching angle of the access waveguides to very small values (typically <2° [3]).

Due to the finite resolution of the lithographic process, part of the area between the access waveguides (shaded regions in Fig. 1(a)) will become filled in a nonreproducible way. This introduces considerable uncertainty in the actual length of the TMI section, causing spread in coupler performance. Moreover, due to the proximity of the access waveguides, extra modal coupling occurs [4], adding to the performance spread.

We show that replacing the TMI section by a (wider) multimode interference (MMI) section while keeping single-moded access waveguides (Fig. 1(b)) allows a good separation of the access waveguides, eliminating the performance spread due to both the filling-in and the extra coupling in the access waveguides. Furthermore, due to the high number of modes supported by the MMI section, power coupling efficiencies are higher and consequently device excess losses are lower compared to those of TMI couplers (which can reach up to 3 dB [3]).

Experimental results on MMI couplers were recently reported by us [5]–[7]. This paper provides the theoretical background of the self-imaging effect in multimoded waveguides, a detailed verification of the restricted multimode self-imaging effect, design considerations for the MMI couplers, simulation predicted performances and measurement results of the integrated devices.

II. SELF-IMAGING IN MULTIMODED WAVEGUIDES

A. General Multimode Resonances

The operation of the MMI coupler is based on the self-imaging property of a multimoded waveguide, as suggested by Bryngdahl [8] and described in more detail by Ulrich [9], [10]. The propagation constants $\beta_{\nu}$ of the modes supported by a multimoded waveguide (MMI section) with slab effective index of refraction $N_f$ and width $W_{MMI}$ (Fig. 2) show a nearly quadratic dependence with the lateral mode number $\nu$:

$$\beta_{\nu} \approx \sqrt{k_0^2 N_f^2 - \frac{\pi^2 (\nu + 1)^2}{W_{MMI}^2}} \approx k_0 N_f - \frac{\pi^2 (\nu + 1)^2}{2 k_0 N_f W_{MMI}^2}$$

which follows from $k_y^2 + k_z^2 = k_0^2 N_f^2$ with $k_z = \beta_{\nu}$, $k_y \approx (\nu + 1) \pi / W_{MMI}$ and the fact that $\beta_{\nu}$ is close to $k_0 N_f$. 

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A. H. Dubost is with the Département Communications, Ecole Nationale Supérieure des Télécommunications, 75634 Paris, France.

E. C. M. Pennings is with Bellcore, Red Bank, NJ 07701-7040.

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Defining the beat length \( L_b = \frac{\pi}{(\beta_{00} - \beta_{01})} \), the propagation constants of the modes in the MMI section become
\[
\beta_{0\nu} \approx k_0 N_l - \frac{\pi (\nu + 1)^2}{3L_\pi}, \tag{2}
\]
The total lateral field profile \( h_x(y, z) \) at any \( z \) position in the MMI section can be written as a linear combination of the fields \( h_{x,\nu}(y) \) of the \( M \) guided modes:
\[
h_x(y, z) = \sum_{\nu=0}^{M-1} c_{\nu} h_{x,\nu}(y) \exp(-j\beta_{0\nu} z) \tag{3}
\]
where the coefficients \( c_{\nu} \) determine the relative contribution of each mode. In particular, the total lateral field profile at the entrance \((z = 0)\) of the MMI section is
\[
h_x(y, 0) = \sum_{\nu=0}^{M-1} c_{\nu} h_{x,\nu}(y) \tag{4}
\]
which reflects the decomposition of the input field profile into all guided modes. The coefficients of this decomposition can be found with the overlap integral performed between the input field profile \( h_x(y, 0) \) and each guided mode \( h_{x,\nu}(y) \):
\[
c_{\nu}^2 = \frac{\left| \int h_x(y, 0) h_{x,\nu}^*(y) \, dy \right|^2}{\int |h_x(y, 0)|^2 \, dy \int |h_{x,\nu}(y)|^2 \, dy}. \tag{5}
\]
And, using the propagation constants given by \( (2) \), the total lateral field profile at the end \((z = L_{MMI})\) of the MMI section can be found from \( (3) \):
\[
h_x(y, L_{MMI}) = \exp[-j\beta_{0\nu} L_{MMI}] \sum_{\nu=0}^{M-1} c_{\nu} h_{x,\nu}(y) \cdot \exp \left[ j \frac{\pi(\nu + 1)^2 L_{MMI}}{3L_\pi} \right]. \tag{6}
\]
Inspection of the phase factor leads to the example as it appears in \( (7) \) at bottom of page where \( q \) is an integer number and the overall phase factor \( \exp[-j\beta_{0\nu} L_{MMI}] \) has been dropped. The even and odd symmetry of the modes can be used to rewrite the previous results in terms of the total lateral field profile at the input \( h_x(y, 0) \), see \( (8) \) at bottom of page. These results show that:

\begin{itemize}
  \item[a.] When \( L_{MMI} = 2q(3L_\pi) \), the field at the entrance is reproduced at the end of the MMI section (self-imaging effect), and the coupler is in the bar state.
  \item[b.] When \( L_{MMI} = (2q + 1)(3L_\pi) \), the field at the end of the MMI section is a \( zz \)-plane mirror image of the field at the entrance, and the coupler is in the cross state.
  \item[c.] When \( L_{MMI} = (2q + 1/2)(3L_\pi) \), the field at the end of the MMI section is a linear combination of the original field at the entrance and its \( zz \)-plane mirror image with a relative phase of \( \pi/2 \), which means that the coupler operates in the 3-dB state.
\end{itemize}

Similarly, it can be proven (see Appendix A) that if the modes 2, 5, 8, \ldots in the MMI section are not excited, i.e., if
\[
c_{\nu} = 0 \quad \text{for} \quad \nu = 2, 5, 8, \ldots \tag{9}
\]
then similar resonances as stated by \( (7) \) occur for MMI section

\[
h_x(y, L_{MMI}) = \begin{cases} 
\sum c_{\nu} h_{x,\nu}(y) & \text{for} \quad L_{MMI} = 2q(3L_\pi) \\
\sum (-1)^{\nu+1} c_{\nu} h_{x,\nu}(y) + \sum_{\nu \text{ even}} j(-1)^{\nu} c_{\nu} h_{x,\nu}(y) + \sum_{\nu \text{ odd}} c_{\nu} h_{x,\nu}(y) & \text{for} \quad L_{MMI} = (2q + 1)(3L_\pi) \\
\sum_{\nu \text{ even}} j(-1)^{\nu+1} h_x(y, 0) + \sum_{\nu \text{ odd}} j(-1)^{\nu-1} h_x(-y, 0) & \text{for} \quad L_{MMI} = (2q + 1/2)(3L_\pi)
\end{cases} \tag{7}
\]

\[
h_x(y, L_{MMI}) = \begin{cases} 
h_x(y, 0) & \text{for} \quad L_{MMI} = 2q(3L_\pi) \\
-h_x(-y, 0) & \text{for} \quad L_{MMI} = (2q + 1)(3L_\pi) \\
j(-1)^{\nu+1} h_x(y, 0) + j(-1)^{\nu-1} h_x(-y, 0) & \text{for} \quad L_{MMI} = (2q + 1/2)(3L_\pi)
\end{cases} \tag{8}
\]
lengths which are multiple of $L_x$ instead of $3L_x$, thus allowing the design of couplers with MMI sections three times shorter. We call this phenomenon restricted multimode resonances.

B. Discussion

It was shown that the multimode resonances can be achieved either at MMI section lengths which are multiple of $3L_x$ (general multimode resonances), or MMI section lengths which are multiple of $L_x$ (restricted multimode resonances). The general multimode resonance mechanism holds irrespective of the input field profile $h_x(y, 0)$, but demands a rather long device. The restricted resonance mechanism, on the other hand, offers the possibility of much shorter devices at the cost of complying with the selective excitation stated in (9). This selective excitation, however, can be readily achieved through a correct shaping and positioning of the input field profile $h_x(y, 0)$. The field profiles of the $2^{nd}$, $5^{th}$, $8^{th}$, . . . order modes, shown in Fig. 3 for a nine-moded waveguide, present zeros (and odd symmetry) at almost the same $y$ positions (about 1/3 and 2/3 of $W_{WM}$). Therefore, providing a fundamental (even symmetric) mode as input field profile $h_x(y, 0)$ and centering it around the simultaneous zeros ensures very low excitation of those modes. We pursued this strategy for the design and realization of two sets of MMI couplers working in the 3-dB state and cross state.

C. Modeling of the MMI Couplers

Rib-type waveguides have been analyzed with the effective-index method [11]. The overlap integral (5) is applied at the entrance of the MMI section to evaluate all excitation coefficients. Fig. 4 shows the power excitation coefficients $c_{ij}$, calculated with the overlap integral between a fundamental mode input profile and the $2^{nd}$, $5^{th}$, and $8^{th}$ order modes in the MMI section as a function of the y offset, i.e., the lateral distance between the center of the MMI section and the peak of the fundamental mode profile in the access waveguide. This plot allows the choice of the optimum gap (as defined in Fig. 2) to best satisfy the selective excitation of (9).

$$\text{gap} = 2\text{off} - w + 2\delta = 3.30 \, \mu m$$

where off is the $y$ offset, $w$ is the width of the curved access waveguides and $\delta$ is the lateral displacement of the peak of the fundamental mode toward the outer ridge due to the curvature of the access waveguides (in our case $w = 2 \, \mu m$, $\delta \approx 0.1 \, \mu m$).

With these data, a mode-propagation calculation (3) is used to obtain the total field at any $z$ position in the MMI section. Fig. 5 shows the total intensity distribution within the MMI section, calculated in this way. Finally, an overlap integral between the field at the end of the MMI section and the field in the single-moded output waveguides allows to predict the optical power in each output branch.

With the procedure just described, sensitivity analysis can be performed of the behavior of the couplers to some fabrication
parameters (e.g., the MMI section width, the MMI section length, etc.) or operation parameters (e.g., the wavelength $\lambda$, the state of polarization, etc.). For the 3-dB couplers two figures of merit are defined (refer to Fig. 2): Excess Loss $= 10 \log((P_3 + P_4)/P_1)$, and Splitting Ratio $= 10 \log(P_3/P_4)$. For the cross couplers: Insertion Loss $= 10 \log(P_4/P_1)$, and Cross Talk $= 10 \log(P_3/P_4)$. Fig. 6 shows the sensitivity of the 3-dB couplers to variations in the width of the MMI section. It can be seen that in order to obtain excess losses lower than 1 dB and splitting ratios better than 0.1 dB, $W_{\text{MMI}}$ must be within $\pm 0.40 \mu m$ from its optimum value. Fig. 7 shows the sensitivity of the 3-dB couplers to variations in the wavelength. For a wavelength range between 1.52 and 1.59 $\mu m$ the excess loss is better than 0.5 dB and the splitting ratio remains within 0.1 dB.

III. FABRICATION OF THE DEVICES

The devices were implemented in the dielectric rib-type waveguide structure shown in Fig. 8. A 0.6-$\mu m$ $\text{Al}_2\text{O}_3$ guiding film is r.f. sputtered onto a 5-$\mu m$ $\text{SiO}_2$ cladding layer thermally grown on a (110) Si substrate. The channel waveguides are shaped by a 0.3-$\mu m$ Argon-beam etching after being defined by photolithography. A 1.35-$\mu m$ sputtered $\text{SiO}_2$ provides a top cover layer. A final thermal annealing step resulted in optical waveguide attenuations of 1 dB/cm at 0.6328 $\mu m$ and 0.3 dB/cm at 1.55 $\mu m$ [12].

Two sets of devices (3-dB and cross couplers) were designed and fabricated for operation at 1.52-$\mu m$ wavelength. The set of 3-dB couplers has $W_{\text{MMI}} = 14 \mu m$ (supporting a total of 9 modes). The simulated optimum length for the MMI section is only 155 $\mu m$. Couplers were fabricated with $L_{\text{MMI}}$ ranging from 120 to 190 $\mu m$ in steps of 5 $\mu m$.

The set of cross couplers has $W_{\text{MMI}} = 12 \mu m$ (supporting a total of 7 modes). The simulated optimum length for the MMI section is 236 $\mu m$. Couplers were fabricated with $L_{\text{MMI}}$ ranging from 200 to 270 $\mu m$ in steps of 5 $\mu m$.

Fig. 9 shows a microscope photograph of the realized 3-dB MMI couplers. The identification numbers on the left indicate the MMI section length in micrometers.

IV. EXPERIMENTAL RESULTS

Measurements were carried out by coupling a 1.52-$\mu m$ wavelength FP laser beam by means of a prism-coupling
Measurements agree quite well with computer simulations in the region around the optimum designed MMI section length. We attribute the discrepancy in the adjacent regions to a lower number of modes being guided in the MMI section, due to an obtained ridge profile somewhat smoother than the one depicted in Fig. 8.

V. CONCLUSIONS

A mathematical description of the self-imaging property (both for the general and restricted resonance cases) in multimoded waveguides has been given and was applied to the design of passive integrated 2x2 optical couplers. Simulations were carried out which indicated high performance and low sensitivity to fabrication and operation parameters. Cross couplers and 3-dB couplers were fabricated in a channel dielectric waveguide structure and tested at 1.52-μm wavelength.

Experimental agreement with computer-simulated behavior is very good. All measured quantities show rather flat curves with respect to the MMI section length, providing an indication of the good tolerance to this process parameter. The most critical parameter in the fabrication of the couplers is the MMI section width, which should be controlled to ±0.40 μm from its nominal value in order to achieve acceptable excess loss and splitting ratio figures.

Due to its good tolerance to process and operation parameters, this new coupler is suitable for making part of more complex OEIC's such as phase diversity networks [14] and electrooptic waveguide switches [15]. The self-imaging property opens the way to interesting perspectives for the realization of very compact N x N optical hybrids, which are currently under study.

APPENDIX A

A. The Restricted Multimode Resonances

It will be verified here that the same resonances as stated by (7) also occur for MMI section lengths which are multiple of $L_m$ instead of $3L_m$ provided that (9) is fulfilled. We start therefore by expressing the condition in (9) using modulo-$m$ operation:

$$c_p = 0 \quad \text{for } \mod_m[n] = 2.$$  \hspace{1cm} (A1)

From (6), the lateral field at the end of the MMI section can then be explicitly written as:

$$h_{x}(y, L_{MMI}) = \sum_{p=0}^{S} \left[ c_{3p} h_{x, 3p}(y) \exp \left( j \pi \frac{(3p+1)^2 L_{MMI}}{3L_m} \right) \right. \left. + c_{3p+1} h_{x, 3p+1}(y) \exp \left( j \pi \frac{(3p+2)^2 L_{MMI}}{3L_m} \right) \right] \hspace{1cm} (A2)$$

were the top summation limit $S$ is chosen as $S = \int(M/3)$. 

The design of the couplers was optimized for TE-polarization. When tested for TM-polarization they showed an average of 0.2 dB extra excess/insertion loss but no appreciable deterioration in the splitting ratio figure.
The first term accounts for modes $v = 3p$, and the second term accounts for modes $v = 3p + 1$ in the MMI section, with $p = 0, 1, 2, \ldots$. For $L_{\text{MMI}} = (2q) L_x$, substitution into (A2) gives:

$$h_x(y, L_{\text{MMI}}) = \sum_{p=0}^{S} \left[ c_{3p} h_{x, 3p}(y) \exp \left( j 2q \pi \frac{(3p+1)^2}{3} \right) + c_{3p+1} h_{x, 3p+1}(y) \cdot \exp \left( j 2q \pi \frac{(3p+2)^2}{3} \right) \right].$$

(A3)

By noting that

$$\begin{align*}
\text{mod}_3 [(3p+1)^2] & = 1 \quad \text{for all } p \\
\text{mod}_3 [(3p+2)^2] & = 1
\end{align*}$$

(A4)

equation (A3) can be simplified by factorizing $\exp(j 2q \pi/3)$

$$h_x(y, L_{\text{MMI}}) = \exp \left( j 2q \pi \frac{2}{3} \right) \sum_{p=0}^{S} \left[ c_{3p} h_{x, 3p}(y) + c_{3p+1} h_{x, 3p+1}(y) \right].$$

(A5)

Comparing with (A2) we see that the field at the end of the MMI section reproduces the field at the entrance, which means that the coupler is in the cross state. For $L_{\text{MMI}} = (2q+1) L_x$, substitution into (A2) now gives

$$h_x(y, L_{\text{MMI}}) = \sum_{p=0}^{S} \left[ c_{3p} h_{x, 3p}(y) \cdot \exp \left( j (2q+1) 2 \pi \frac{(3p+1)^2}{6} \right) + c_{3p+1} h_{x, 3p+1}(y) \cdot \exp \left( j (2q+1) 2 \pi \frac{(3p+2)^2}{6} \right) \right].$$

(A6)

By noting that

$$\begin{align*}
\text{mod}_6 [(3p+1)^2] & = 1 \quad \text{for } p \text{ even} \\
\text{mod}_6 [(3p+2)^2] & = 4 \quad \text{for } p \text{ even} \\
\text{mod}_6 [(3p+1)^2] & = 4 \quad \text{for } p \text{ odd} \\
\text{mod}_6 [(3p+2)^2] & = 1 \quad \text{for } p \text{ odd}
\end{align*}$$

(A7, A8)

the field at the end of the MMI section is

$$h_x(y, L_{\text{MMI}}) = \sum_{p \text{ even}} c_{3p} h_{x, 3p}(y) \exp \left( j (2q+1) \pi \frac{3p+1}{6} \right) + c_{3p+1} h_{x, 3p+1}(y) \cdot \exp \left( j (2q+1) \pi \frac{3p+2}{6} \right).$$

(A9)

Now, $\nu = 3p$ represents the even modes for $p$ even and the odd modes for $p$ odd, whereas $\nu = 3p + 1$ represents the odd modes for $p$ even and the even modes for $p$ odd. Thus:

$$h_x(y, L_{\text{MMI}}) = \sum_{\nu \text{ even}} c_\nu h_{x, \nu}(y) \exp \left( j (2q+1) \frac{\pi}{3} \right) + \sum_{\nu \text{ odd}} c_\nu h_{x, \nu}(y) \cdot \exp \left( j (2q+1) \frac{\pi}{3} \right).$$

(A10)

The field at the end of the MMI section is an $x$-$z$ plane mirror image of the field at the entrance, which means that the coupler is in the bar state. For $L_{\text{MMI}} = (q+1/2) L_x$, substitution into (A2) sheds:

$$h_x(y, L_{\text{MMI}}) = \sum_{p=0}^{S} \left[ c_{3p} h_{x, 3p}(y) \exp \left( j (2q+1) \pi \frac{(3p+1)^2}{6} \right) + c_{3p+1} h_{x, 3p+1}(y) \cdot \exp \left( j (2q+1) \pi \frac{(3p+2)^2}{6} \right) \right].$$

(A13)

which, taking into account (A7) and (A8) can be developed into

$$h_x(y, L_{\text{MMI}}) = \sum_{p \text{ even}} c_{3p} h_{x, 3p}(y) \exp \left( j (2q+1) \pi \frac{(3p+1)}{6} \right) + c_{3p+1} h_{x, 3p+1}(y) \cdot \exp \left( j (2q+1) \pi \frac{(3p+2)}{6} \right).$$

(A14)

With the same considerations as before, we return to the $\nu$ index

$$h_x(y, L_{\text{MMI}}) = \sum_{\nu \text{ even}} c_\nu h_{x, \nu}(y) \exp \left( j (2q+1) \pi \frac{\nu}{6} \right).$$
Dropping the overall phase factor, this turns out to be

$$h_x(y, L_{\text{MMI}}) = \exp\left(\frac{\pi}{2}\right) \sum_{\nu \text{ even}} c_\nu h_{\nu,\nu}(y) + \sum_{\nu \text{ odd}} c_\nu h_{\nu,\nu}(y) \exp\left(j(2q + 1) \frac{\pi}{6}\right) \exp\left(j(2q + 1) \frac{\pi}{2}\right).$$

(A16)

The field at the end of the MMI section is a linear combination of the even and odd modes with a relative phase of $\pi/2$, which means that the coupler operates in the 3-dB state.

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Alain H. Dubost was born in Lyon, France, on August 25, 1968. He graduated in electrical engineering and communications from the Ecole Nationale Supérieure des Télécommunications, Paris, France, in 1991. During his study he was engaged in integrated optics research. He is currently working at the Nuclear Research Centre at Vaujours, France, where he is involved in both the optimization of streak camera measurements and the characterization of optical probes.

Erik C. M. Pennings (S’88–M’90) was born in Sassenheim, the Netherlands, on November 3, 1960. He received the M.Sc. degree (cum laude) in physics from Groningen University, the Netherlands, in 1986 and the Ph.D. degree in electrical engineering from Delft University of Technology, Delft, the Netherlands, in 1990. His dissertation deals with the modeling of and experiments on bends in optical ridge waveguides. Subsequently, he joined Bell Communications Research as a postdoctoral member of technical staff. His main interests are in integrated optoelectronics. Dr. Pennings is a member of the OSA and the SPIE.