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Anisotropic Pauli spin blockade in hole quantum dots

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We present measurements on gate-defined double quantum dots in Ge-Si core-shell nanowires, which we tune to a regime with visible shell filling in both dots. We observe a Pauli spin blockade and can assign the measured leakage current at low magnetic fields to spin-flip cotunneling, for which we measure a strong anisotropy related to an anisotropic g factor. At higher magnetic fields we see signatures for leakage current caused by spin-orbit coupling between (1,1) singlet and (2,0) triplet states. Taking into account these anisotropic spin-flip mechanisms, we can choose the magnetic field direction with the longest spin lifetime for improved spin-orbit qubits.

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I. INTRODUCTION

For quantum computation [1–3], increasing research efforts have focused in recent years on C, Si, and Ge [4–6] because these materials can be purified to only consist of isotopes with zero nuclear spin [7,8] and thus exhibit exceptionally long spin lifetimes [9,10]. The one-dimensional character of Ge-Si core-shell nanowires leads to unique electronic properties in the valence band, where heavy- and light-hole states are mixed [11–13]. The band mixing gives rise to an enhanced Rashba-type spin-orbit interaction (SOI) [13], leading to strongly anisotropic and electric-field-dependent g factors [14,15]. This makes quantum dots in Ge-Si core-shell nanowires promising candidates for robust spin-orbit qubits.

Crucial steps towards high-fidelity qubits are spin readout via a Pauli spin blockade (PSB) [16] and understanding the spin relaxation mechanisms. For Ge-Si core-shell nanowires, there have been reports on charge sensing [17] spin coherence [18], and spin relaxation [19]. The authors of the latter performed their experiments along a single magnetic field axis and concluded additional work was needed to pinpoint the spin relaxation mechanism.

In this Rapid Communication, we define a hole double quantum dot in a Ge-Si core-shell nanowire by means of gates. We observe shell filling and a Pauli spin blockade. The measured leakage currents strongly depend on both the magnitude and direction of the magnetic field and are assigned to spin-flip cotunneling processes for low magnetic fields. We find signatures of SOI-induced leakage current at higher magnetic fields up to 1 T.

II. SHELL FILLING AND PAULI SPIN BLOCKADE

Our device in Fig. 1(a) consists of a p-type-doped Si substrate covered with 200 nm SiO2, on which six bottom gates with 100 nm pitch are patterned with electron-beam lithography (EBL). The gates are buried by 10 nm Al2O3 grown with atomic layer deposition at 100 °C. A single nanowire with a Si shell thickness of ~2.5 nm and a defect-free Ge core with a radius of ~8 nm [20] is deterministically placed on top of the gate structure with a micromanipulator and then contacted with ohmic contacts made of 0.5/50 nm Ti/Pd. Based on transmission electron microscope studies of similar nanowires, the wire axis is most likely pointed along the (110) crystal axis. A source-drain voltage VSD is applied between the source and ground, and the current I is measured at the drain contact. All measurements are performed using direct current (dc) electronic equipment in a dilution refrigerator with a base temperature of 8 mK.

In Fig. 1(b) we plot I versus the voltage Vg3 on gate g3 and the voltage Vg5 on g5. We see a highly regular pattern of bias triangles [21], indicating the formation of a double quantum dot above gates g3 (“left dot”) and g5 (“right dot”). The 16 bias triangle pairs all have very sharp edges, and the absence of current along the honeycomb edges indicates a double quantum dot weakly coupled to the reservoirs [21]. We introduce (m,n) as the effective charge occupation numbers m and n of the left and right dot, respectively.

Nine honeycomb cells are visible in Fig. 1(b). In each column from right to left a hole is added to the left dot, while in each row from top to bottom a hole is added to the right dot. The addition energy Eadd for each added hole can be extracted from Fig. 1(b) by measuring the distance between the triple points that are connected by the dashed lines and converting this distance graphically from the gate voltage into energy using the bias triangle size as a scale. The addition energy of the left dot is Eadd = 9.8 ± 0.1 meV for the middle and left column, and Eadd = 10.3 ± 0.1 meV for the right column. For the right dot, Eadd = 9.5 ± 0.1 meV in the top and bottom row, but Eadd = 10.2 ± 0.1 meV in the middle row. The increased Eadd in the right column and middle row can be readily explained by the filling of a new orbital in the corresponding dot, so that in addition to the (classical) charging energy Ec, the (quantum-mechanical) orbital energy Eorb has to be taken into account, with Eorb = 0.5 ± 0.1 mV in the left and Eorb = 0.7 ± 0.1 mV in the right dot. This filling of a new orbital for both dots allows us to identify the charge occupation (m,n) with the occupation numbers of the newly filled orbitals in the left and right dot for m,n ≥ 0.

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(b) Current $I$ vs $V_{g3}$ and $V_{g5}$ with $V_{g2} = 2585$ mV, $V_{g4} = 2210$ mV, $V_{g6} = 3195$ mV, and $V_{SD} = 2$ mV. White dashed lines are guides to the eyes for the honeycomb edges. Blue arrows represent $E_C$, and the gaps between adjacent arrows indicate an additional $E_{ab}$. Circles mark triangle pairs exhibiting PSB. $(m,n)$ denotes the effective hole occupation $m$ and $n$ on the left and right dot, respectively.

For spin-$\frac{1}{2}$ particles filling the orbitals, the bias triangle pairs marked by red circles in Fig. 1(b) should exhibit PSB in opposite $V_{SD}$ directions. The lower panels of Figs. 2(a) and 2(b) display zooms of these triangle pairs for positive and negative $V_{SD}$. A suppression of the current at a detuning $\epsilon$ lower than the singlet-triplet splitting $\Delta_{ST}$ can be observed at negative $V_{SD}$ in Fig. 2(a), where the zero-detuning current at positive $V_{SD}$ of $I_{pos}(\epsilon = 0) = 3.6$ pA is reduced to $I_{neg}(\epsilon = 0) = -1.6$ pA at negative $V_{SD}$. Current suppression at positive $V_{SD}$ is visible in Fig. 2(b), where $I_{pos}(\epsilon = 0) = 1.1$ pA and $I_{neg}(\epsilon = 0) = -4.2$ pA, exactly as expected. The current is thus only partially suppressed; comparable values for the resonant ($\epsilon = 0$) leakage current in double quantum dots have been reported in the literature [22–24]. From the line traces taken in the spin-blocked bias direction, we extract a singlet-triplet splitting $\Delta_{ST} = 0.5 \pm 0.1$ meV. Note that this value is very close to $E_{ab}$ (see above). This is reasonable since the (2,0) and (0,2) singlet-triplet splits originate from successive quantum dot orbitals.

We retune the device by lowering $V_{g2}$ and $V_{g6}$ in small, controlled steps and following the bias triangle pair at the (1,1)-(2,0) degeneracy in $V_{g3}$-$V_{g5}$ gate space [Fig. 2(c)]. From the line cuts (lower panel) we extract $I_{pos}(\epsilon = 0) = 10.4$ pA and $I_{neg}(\epsilon = 0) = 1.2$ pA, i.e., the nonblocked current is almost threefold higher after retuning, whereas the leakage current even reduced so that current rectification is now more pronounced.

In conclusion, Figs. 1 and 2 display the formation of a gate-defined double quantum dot, in which we show orbital shell filling for both dots and extract orbital energies of 500–700 $\mu$eV. We find PSB for two bias triangle pairs in opposite bias directions.

### III. Anisotropic Leakage Current

Our quantum dots are elongated along the nanowire axis $\hat{a}_{NW}$ and are exposed to a static electric field $\vec{E}$ from the bottom gates pointing out of the chip plane. We explore the origin of the leakage current $I_{leak}$ in PSB by performing magnetospectroscopy measurements along the white dashed line in Fig. 2(c) and plot $I_{leak}$ versus the detuning and the magnetic field in Fig. 3(a). In order to investigate possible anisotropic effects, we conduct measurements along three orthogonal directions of $\vec{B}$ [see also Fig. 3(d)]: $(B_x, \vec{B})$ parallel to the nanowire, $(B_x, \vec{B})$ perpendicular to both the nanowire and the electric field, and $(B_z, \vec{B})$ perpendicular to the nanowire and parallel to the electric field.

In Fig. 3(a) we plot $I_{leak}$ vs $\epsilon_0$ and $B \equiv |\vec{B}|$. Here, $\epsilon_0 \equiv \epsilon(B = 0)$ is introduced as an absolute energy scale, since $\epsilon$ is only defined relative to the alignment of the (2,0) and (1,1) ground states. For all three $I_{leak}(\epsilon_0, B)$ plots in Fig. 3(a), we scan the $I_{leak}(\epsilon_0)$ line traces and set the center of the lowest-energy peak as $\epsilon = 0$. In Figs. 3(b) and 3(c) we plot...
The peaks to and were explained by spin-flip cotunneling [34]. We can fit keeping depiction of the magnetospectroscopy directions. A hundred millitesla have been reported in other systems [31–33] the two-hole level, and tunnel coupling with the left (right) reservoir, \( g_r \) the effective \( g \) factor, \( h \) Planck’s constant, \( \Gamma_{l(r)} \) the tunnel coupling with the left (right) reservoir, \( \Delta \) the depth of the two-hole level, and \( U_M \) the mutual charging energy [34].

The fit in the left panel of Fig. 3(b) gives \( g^*_r = 0.4 \pm 0.1 \) with a hole temperature \( T = 40 \) mK. The finite residual current of \( I_{\text{res}} = 0.8 \) pA at high magnetic fields indicates a second leakage process efficient at finite magnetic field, e.g., spin-orbit interaction [35]. The obtained \( g \) factors for a magnetic field applied parallel to the nanowire axis are consistent with our findings for a single quantum dot [15], where \( g^*_r = 0.2 \pm 0.2 \).

To summarize, for \( \vec{B} \) pointing along the nanowire axis, we can explain the peak of \( I_{\text{leak}} \) at \( B = 0 \) with spin-flip cotunneling and obtain \( g^*_r = 0.4 \pm 0.1 \), and we find hints for additional leakage processes above \( \pm 0.8 \) T.

B. Magnetospectroscopy along \( B_x \)

We now let the magnetic field point perpendicular to both the nanowire and the electric field. The zero-detuning line cut suggests the superposition of at least two peaks: A narrow peak dominates up to \( B \approx 0.2 \) T, and is superimposed on a broader peak that is visible over the whole range from \( -1 \) to \( 1 \) T and cannot be explained without further investigation. At finite detuning (left panel in Fig. 3(c)) this broader peak is not observed, which permits us to perform a more precise fit of the central peak. By fitting to Eq. (1) we obtain \( g^*_r = 1.2 \pm 0.2 \) at \( \epsilon = 150 \) \( \mu \)eV. The \( g \) factor along this magnetic field direction is significantly lower than in single quantum dot measurements [15], where \( g^*_r = 2.7 \pm 0.1 \) was maximal.

Because \( g_y > g_r \), the spin-flip cotunneling-induced leakage current is exponentially suppressed for magnetic fields above \( B \approx 0.25 \) T and we obtain \( I_{\text{leak}} \) at \( \epsilon = 150 \) \( \mu \)eV of \( \sim -0.1 \) pA. At zero detuning, the minimum observed current is \( \sim -0.2 \) pA, which might be overestimated because of the additional features at high magnetic fields.

In summary, for \( B \perp E, \perp N W \), we observe a peak in the leakage current at \( B = 0 \), which we explain with spin-flip cotunneling and find \( g^*_r \approx 1.2 \). The remaining leakage current is significantly lower than for \( B \parallel \vec{a}_{N W} \).

C. Magnetospectroscopy along \( B_y \)

The third high-symmetry direction is \( B_y \), parallel to \( E \) and perpendicular to the nanowire. Similar to the other two magnetic field directions, we find a peak around \( B = 0 \) in the \( I_{\text{leak}}(B) \) curve at \( \epsilon = 0 \) (right panel of Fig. 3(b)). We fit Eq. (1) to a high-resolution magnetic field sweep at a ten times lower sweeping rate (5 mT/min instead of 50 mT/min) [inset of right panel in Fig. 3(b)], which results in \( g^*_r = 3.9 \pm 0.1 \). \( g^*_y \) here is substantially higher than the \( g_y \) values obtained for \( B \perp E \), as opposed to our findings in single quantum dots [15], where \( g^*_r > g^*_y \). One possible explanation for this discrepancy is that it is very likely that we do not operate in the lowest-energy subband of the nanowire. Here, we estimate approximately 70 holes to reside in each quantum dot. The theoretical calculations for the \( g \)-factor anisotropy [14] that we have confirmed experimentally take into account only the quasidegenerate two lowest-lying subbands, and other theoretical work suggests that the heavy-hole light-hole mixing is very different for different subbands [12,36]. The measured angle dependence of \( g^* \) confirms that the measured \( g^*-factor \) anisotropy is not related to the crystal orientation, but to the

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![Fig. 3](image_url)
one-dimensional confinement in the nanowire and a finite electric field perpendicular to the nanowire axis.

The leakage current at magnetic fields $B > 0.1$ T, where spin-flip cotunneling is efficiently suppressed, exhibits a qualitatively different behavior than for $B \parallel B_∥$. Up to $B \approx 0.3$ T the leakage current is minimal and increases again for $B > 0.3$ T. Up to $B = 1$ T the leakage current does not fully saturate, although the slope reduces at both $\epsilon = 0$ and $\epsilon = 150$ $\mu$eV when $B$ approaches 1 T, which hints at a saturation for $B > 1$ T. Such an increasing $I_{\text{leak}}(B)$ with saturation at higher $B$ is again an indication for spin-orbit-induced leakage. Taking the line trace at $\epsilon = 0$ in the right panel of Fig. 3(b), we find a minimal leakage current of $I_{\text{min}} = 0.1 \pm 0.1$ pA. The leakage current due to spin-orbit coupling between (2,0) triplet and (1,1) singlet states can be expressed as

$$I_{\text{SOI}} = I_{\text{max}} \left( 1 - \frac{8B^2}{9(B^2 + B_0^2)} \right),$$

where $I_{\text{max}}$ is the maximum leakage current at high magnetic fields, and $B_0$ the width of the characteristic dip around $B = 0$ [35]. If we now assume the minimum leakage current $I_{\text{min}}$ to be exclusively due to a spin-orbit interaction, we expect $I_{\text{max}} = 9I_{\text{min}} = 1 \pm 1$ pA at high fields. This estimate is in reasonably good agreement with the value for $I_{\text{max}}$ we obtain by fitting the data excluding the central peak to Eq. (2) [see the red solid line in the right panel of Fig. 3(b)], where we find $I_{\text{max}} = -1.6 \pm 0.3$ pA and $B_0 = 1.0 \pm 0.2$ T. Since at zero detuning $I_{\text{max}} = 4\Gamma_{\text{rel}}$, where $\Gamma_{\text{rel}}$ is the spin relaxation rate [35], we can calculate $\Gamma_{\text{rel}} = 2.5 \pm 0.5$ MHz. This is comparable with reports on measurements of heavy holes in intrinsic Si [33], where $\Gamma_{\text{rel}} = 3$ MHz, and electrons in InAs [24], where $\Gamma_{\text{rel}}$ ranges from 0 to 5.7 MHz. We note that $B_0$ is of the order of $\sim 1$ T. Danon and Nazarov [35] neglect the Coulomb interaction effects of $B$, which are of relevance at such field strengths (see also the Supplemental Material S1). Therefore, also other spin-orbit or Coulomb-related effects can provide significant leakage paths [37–41].

To sum up, the spin-flip cotunneling peak in $I_{\text{leak}}(B, \epsilon = 0)$ can be efficiently quenched by a magnetic field due to a very high effective $g$ factor of $g_\ast^\text{SOI} \approx 3.9$. $g_\ast^\text{SOI}$ is significantly higher than $g_\ast$, in contrast to our findings in single quantum dots, where we see the opposite behavior. At higher $B$ we notice an increasing $I_{\text{neg}}$, which we assign to spin-orbit coupling-induced mixing of the spin states.

Let us now briefly compare our findings with existing literature and discuss the implications for spin-orbit qubits. Priibag et al. [42] measured the leakage current at three different angles in plane of the sample and found an almost isotropic dependence of the SOI-induced leakage current. To our knowledge there are no reports of an angle dependence in the plane perpendicular to the nanowire. Spin-flip cotunneling limited leakage current as found in our device is exponentially suppressed by a Zeeman splitting of the spin states at finite $B$, i.e., the remaining leakage current at a given $\tilde{B}$ depends on the effective $g$ factor. Since we find $g_\ast^\text{SOI}$ to be highly anisotropic with respect to both $\tilde{E}$ and $\tilde{E}_{\text{SOI}}$, the leakage current can be minimized by pointing $\tilde{B}$ along $\tilde{E}$. Also, the leakage current caused by SOI is anisotropic and depends on the wave-function overlap between the two dots [35]. Therefore, it is possible to tune the double quantum dot so that the SOI leakage current dip around $B = 0$ is wider than the leakage current peak around $B = 0$ caused by spin-flip cotunneling, which is the case here for $\tilde{B} \parallel \tilde{E}$. Previously measured spin relaxation times of several hundred $\mu$s obtained with $\tilde{B}$ along the nanowire [19] might be extended by an order of magnitude when measured parallel to $\tilde{E}$, according to the data presented here.

IV. CONCLUSION

In conclusion, we have successfully formed a gate-defined double quantum dot in a Ge-Si core-shell nanowire. We have observed shell filling and a Pauli spin blockade, and have been able to explain the observed leakage current by a combination of spin-flip cotunneling at low magnetic fields and SOI-induced coupling between singlet and triplet states at higher fields.

With these results we show that by wisely choosing the magnitude and direction of a magnetic field applied to a Pauli spin-blocked double quantum dot, one can achieve longer spin lifetimes.

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