Outcome prediction for treatment of knee osteoarthritis with a total knee arthroplasty. Development and validation of a prediction model for pain and functional outcome using the Dutch arthroplasty register (LROI) data

Citation for published version (APA):

DOI:

Document status and date:
Published: 01/06/2019

Document Version:
Publisher's PDF, also known as Version of Record (includes final page, issue and volume numbers)

Please check the document version of this publication:

• A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
• The final author version and the galley proof are versions of the publication after peer review.
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OUTCOME PREDICTION FOR TREATMENT OF KNEE OSTEOARTHRITIS WITH A TOTAL KNEE ARTHROPLASTY. DEVELOPMENT AND VALIDATION OF A PREDICTION MODEL FOR PAIN AND FUNCTIONAL OUTCOME USING THE DUTCH ARTHROPLASTY REGISTRY (LROI) DATA

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Background: One of the main determinants of treatment satisfaction after total knee arthroplasty (TKA) is the fulfilment of preoperative expectations. For optimal expectation management it is useful to be able accurately predict the treatment result. Multiple patient factors that are obtained for registration in the Dutch Arthroplasty Registry (LROI) are associated with the treatment result. Therefore, these factors can potentially be utilised to estimate the most likely outcome on pain and functional outcome for an individual patient

Objectives: The aim of the present study was to create and validate models that predict residual symptoms on 10 specific outcome parameters at 12-month follow-up for patients undergoing primary TKA for knee osteoarthritis.

Methods: Data was extracted from the LROI on TKA patients who had pre- and postoperative PROMs registered in the LROI registry. Multiple logistic regression analyses were performed to construct predictive algorithms for satisfaction, treatment success, and residual symptoms concerning pain in rest and during activity, sit-to-stand movement, stair negotiation, walking, performance of activities of daily living, kneeling and squatting. Models were developed for men and women separately.

Results: Data of 7071 patients could be included for data analysis. Residual complaints on kneeling (972%/ 59.5%) and squatting (971%/ 56.5%) were reported most frequently, and least residual complaints were scored for walking (116%/ 12%) and pain in rest (118%/ 14%). The predictive algorithms for residual symptoms concerning sit-to-stand movement, stair negotiation, walking, activities of daily living and treatment success showed acceptable discriminative values (AUC 0.68 – 0.74). The prediction models for residual complaints regarding kneeling, squatting, pain and satisfaction showed the least favourable results (AUC 0.58 – 0.64). The calibration curves showed adequate calibration for most of the models.

Conclusion: A considerable proportion of patients has residual complaints after TKA. The present study showed that demographic and PROMs data collected for the LROI registry, can be used to predict the chance for residual symptoms after TKA. The predictive models that have been developed can be useful for individual expectation management in patients planned for TKA for knee osteoarthritis.

Disclosure of Interests: None declared


THU0462

EXPECTATIONS OF TREATMENT RESULT OF KNEE OSTEOARTHRITIS PATIENTS TREATED WITH A TOTAL KNEE ARTHROPLASTY. THE INFLUENCE OF DEMOGRAPHIC FACTORS, PAIN, PERSONALITY TRAITS, PHYSICAL AND PSYCHOLOGICAL STATUS

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Background: Unrealistic preoperative expectations have a strong influence on the outcome after total knee arthroplasty (TKA). More insight into determinants of the level of expectations is useful in identifying patients at risk for unrealistic expectations. This information can be used in optimizing pre-operative expectation management.

Objectives: The aim of the current study was to analyze to what extent pre-operative outcome expectations of TKA patients are determined by psychological factors, demographic factors, pain, physical function and general health status.

Methods: A cross-sectional analysis of 204 patients with symptomatic and radiographic knee OA, scheduled for primary TKA was conducted. Outcome expectations were measured using the Hospital for Special Surgery knee replacement expectations survey. Independent variables included were age, sex, body mass index and patient reported outcome measures for pain, physical function, quality of life, anxiety, depression, catastrophizing, optimism and pessimism. Multiple linear regression analyses were used to evaluate associations between these variables and pre-operative outcome expectations.

Results: The mean overall survey score on the HSS-KRES was 70.9 (SD 17.9). Distribution of expectation scores is shown in Figure 1.