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Monodisperse Micro-Shell Structured Gelatin Microparticles for Temporary Chemoembolization

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ABSTRACT
Embolization is a nonsurgical, minimally invasive procedure that deliberately blocks a blood vessel. Although several embolic particles have been commercialized, their much wider applications have been hampered owing mainly to particle size variation and uncontrollable degradation kinetics. Herein we introduce a microfluidic approach to fabricate highly monodisperse gelatin microparticles (GMPs) with a micro-shell structure. For this purpose, we fabricate uniform gelatin emulsion precursors using a microfluidic technique and consecutively crosslink them by inbound diffusion of glutaraldehyde from the oil continuous phase to the suspending gelatin precursor droplets. A model micromechanics study, carried out in an artificial blood vessel, demonstrates that the extraordinary degradation kinetics of the GMPs, which stems from the micro-shell structure, enables controlled rupturing while exhibiting drug release under temporary chemoembolic conditions.

INTRODUCTION
Embolization is the therapeutic procedure that deliberately blocks a blood vessel. By occluding the blood vessel, thereby not allowing any supply of nutrients or oxygen, propagation of tumor cells can be suppressed to necrosis. Cancer therapy using well-engineered embolic agents has been of great interest owing mainly to their lesser side effects as well as enhanced curative effacements. There are two embolic approaches. In mechanical embolization, a stent is placed to keep the aneurysm open and a coil is inserted in the bulging blood vessel. This approach may have some potential risks in the aspect of dislodging and shape deformation, thus usually displaying some limitations in completely blocking tremendous numbers of tiny blood vessels generated by tumors for their growth and survival. To overcome these difficulties, chemoembolization has recently emerged as a surgical technique that can improve the treatment effect and actual usability.

A number of embolic agents, including polyvinyl alcohol (PVA) particles, microfibrillar collagen particles, and gelatin particles, have been developed for chemoembolization. These chemoembolic agents have been developed with a variety of architectures, such as sponges, foams, and colloidal particles in micrometer scales, considering the types of organ, thickness of vessels and tumor situations. For example, PVA has been commercialized as a permanent embolic agent on the biomedical market owing to its easy availability and affordability as well as non-biodegradability in the blood vessel. In principle, embolic agents should have size and shape uniformity. Irregular shape and sizes commonly cause incongruent sticking into blood vessels, eventually forming aggregates proximally. Furthermore, if the embolic agent is placed in the wrong blood vessel, it causes pain, fever, nausea, inflammation and other complications. Therefore, there was no significant difference in the quantitative prescription to patients. For these reasons, there is a radical need to develop a new approach that allows the fabrication of chemoembolic agent with a controlled degree of vascular blocking as well as exactly scalable particle size and size monodispersity.

This study reports a straightforward approach for the synthesis of monodisperse gelatin microparticles (GMPs) that have the ability to block the target blood vessel site and exhibit controlled degradation therein. Gelatin is known as a temporary occlusive material. It is already widely used as a temporary embolic agent, mainly due to its biodegradability, which results in significantly reduced side effects, even in cases where accidentally the wrong blood vessel is blocked. Furthermore, gelatin is one of the inducible proteins that exhibit excellent biocompatibility. When a gelatin solution is heated, the conformation of its chains converts from triple helices to randomly dispersed coils, thus showing a thermo-reversible sol-gel
To retain its gel structure, crosslinking should be inevitably conducted by incorporating crosslinkers, including glutaraldehyde (GA), genipin, and alginate dialdehyde. In this study, we fabricate uniform gelatin emulsion precursors using a microfluidic technique and consecutively crosslink them by inbound diffusion of GA from the oil continuous phase to the suspending gelatin droplets, thereby inducing the formation of a micro-shell structure (Fig. 1). Finally, we demonstrate the utility of the obtained micro-shell structures by employing them in the development of a new type of chemoembolic agent.

**EXPERIMENTAL SECTION**

**Materials.** Gelatin type A (from porcine skin, 300 g Bloom, H₂O soluble 50 mg/ml, Sigma-Aldrich, USA) was used for preparation of microparticles. Glutaraldehyde (GA, 25 wt% water solution, Sigma-Aldrich, Germany) was used as a crosslinking agent. Olive oil (Sigma-Aldrich, Japan) and cetyl PEG/PPG-10/1 dimethicone (Abil EM 90, Evonik, Germany) were used as a continuous medium. Fluospheres® carboxylate-modified microspheres (100 nm, red fluorescent, 2 wt% solid contents, Invitrogen, USA) were immobilized in the microparticles as a proxy of drug. Fluorescein isothiocyanate (FITC, Sigma-Aldrich, USA) and dimethylsulfoxide (DMSO, Daejung, Korea) were used for characterization of the micro-shell structure. Phosphate buffered saline (PBS, pH 7.4, Sigma-Aldrich, USA), trypsin (from porcine pancreas, 13000-20000 BAEE unit/mg protein, Sigma-Aldrich, USA), pepsin (from porcine gastric mucosa, 3200-4500 units/mg protein, Sigma-Aldrich, USA) were formulated for mimicking an artificial blood fluid. All experiments used distilled (DI) water.

**Fabrication of capillary-based microfluidic devices.** Microcapillary-based microfluidic devices were fabricated by assembling tapered round capillaries. Tapering capillaries was conducted by heating and pulling cylindrical glass capillaries (outer diameter=1.0 mm, inner diameter=0.58 mm, World Precision Instruments, USA) using a pipette puller (Model P-97, Sutter Instruments, USA). The surface of capillary was hydrophobized by treating with a mixture of hexyltrimethoxysilane (1.0 wt%) and toluene for 2 min at room temperature. After the treatment, the capillary tubes were completely dried at 50 °C for a fourth of the day. In succession, the tapered round capillary tube was inserted into a square capillary tube (inner diameter 1.0 mm, Atlantic International Technology, USA). Lastly, cut-down syringe needles (Korea Vaccine Co., Ltd., Korea) were completely glued at the junction between capillaries or their ends on a glass microscope slide.
**Synthesis of GMPs from emulsion precursors.** The dispersion fluid made with a gelatin aqueous solution (10 wt%) was produced by heating the solution at 40 °C. The gelatin solution in a glass syringe (SGE, Australia) was injected from an inlet luer-stub connected through a polyethylene tube with an inner diameter of 0.86 mm (PE-5, Scientific Commodities, USA). We used olive oil as a dispersion fluid. To retain the fluidity of the gelatin solution, the microfluidic operation was conducted at 40 °C in a temperature-controlled chamber. The combined injection of outer and dispersion fluids through the microfluidic device produced monodisperse water-in-oil (W/O) emulsion drops. The flow rate was controlled accurately by syringe pumps (Pump 11 Elite, Harvard Apparatus, USA). The gelatin emulsion precursors were produced stably at specific flow rates. The range of dispersion fluid flow rate was 20 to 1600 μL/h and the range of outer fluid flow rate was 500 to 3800 μL/h. Generation of emulsion drops in the microfluidic device was monitored with a high-speed camera (Phantom Miro EX2, USA). The gelatin emulsion precursor drops were then crosslinked in the presence of controlled amounts of GA for 1 day. After complete reaction, olive oil and other additives were washed out by repeated centrifugation at 1500 rpm for 5 min with water. The rinsed GMPs were then re-dispersed in water.

**Measurement of the compressive modulus of GMPs.** For evaluation of the compressive modulus, GMPs dispersed in water were placed on a glass slide (76×26×1 mm, Marienfeld, Germany). The number of GMPs put on the glass slide was adjusted to exactly 32. The mean diameter of the GMPs was 112.4 μm. After compressing the GMPs with a pressure of 16 kPa, the change in the initial diameter of GMPs was monitored with a bright-field microscope (Axiovert. A1, Carl Zeiss, Germany).

**In vitro enzymatic degradation.** Degradation kinetics of GMPs was observed in a trypsin phosphate-buffered saline solution at 38 °C. The concentration of trypsin was exactly tuned to 4×10⁻⁴ wt%. We also conducted the same degradation experiment in a pepsin phosphate-buffered saline solution (pepsin= 4×10⁻⁴ wt%) at 38 °C. The time that was required for shape breakage or disappearance, we monitored the GMPs through a bright-field microscope equipped with imaging software (Jena GmbH, Carl Zeiss, Germany). In the case of observing any local decay or breakage of GMPs, Fluospheres® were immobilized in the gel network of the GMPs. Then, we carried out time-lapse fluorescence image analysis for the GMPs.
**Cytotoxicity test.** Cytotoxicity was measured by Cell-Counting kit (CCK-8, Dojindo, Japan). NCTC clone 929 (L929) cells were dispersed to 100 µL of RPMI1640 (with L-glutamine and 25 mM of HEPES, 90% and heat inactivated fetal bovine serum (FBS), 10%) and NIH/3T3 cells were dispersed to 100 µL of DMEM (with 4 mM of L-glutamine, 4500 mg/mL of glucose, and a mixture of sodium pyruvate and heat inactivated fetal bovine serum (9/1, v/v)) in a 96-well plate for 5000 cells per well. Cells were incubated for 24 h in a humidified incubator at 37 °C in the atmosphere of 5% CO₂. A 10 µL of samples with given concentrations were added to the plate. Then, the plate was incubated for an appropriate period of time (24 and 48 h) in the incubator. A 10 µL of CCK-8 solution was added to each well of the plate. The plate was incubated for 1-4 h and its absorbance was measured at 450 nm using a microplate reader. To confirm reproducibility, additional experiments were carried out three times under the same conditions.

**Capillary micromechanics.** A model capillary blood vessel was fabricated by tapering a round capillary using the pipette puller. The inner diameter of each tapered capillary was controlled in the range of 40 μm ~ 50 μm, comparable to the dimension of a typical capillary blood vessel. Subsequently, this model capillary was filled with a trypsin solution containing a GMP with a diameter of ~300 μm. The GMP used for this study was crosslinked with 0.01 wt% of GA. On filling in the model capillary with the trypsin solution, its inlet was connected to a balloon, inflated with air, which facilitates the GMP to clog the capillary channel under constant pressure. In this system, the pressure was set to 103.67 Pa. Under constantly pressurized conditions, the shape of the clogged GMP in the capillary tube was monitored using a fluorescence microscope.

**RESULTS AND DISCUSSION**

In a typical synthesis procedure, we first produced monodisperse water-in-oil (W/O) emulsion drops using the drop-based microfluidic technique (Fig. 2, see also supporting information).22, 23 Olive oil with a nonionic surfactant, Abil EM 90 (1 wt%, cetyl PEG/PPG-10/1 dimethicone), was used as the outer fluid. Gelatin aqueous solution (10 wt%) was used as the dispersion fluid. Coaxial jetting allowed the generation of monodisperse W/O emulsion drops, in which two immiscible solutions were passing through a capillary microchannel, and then the fluid thread was broken up into small emulsion droplets. When
the balance of immiscible fluids becomes stable, the emulsion drops were generated with the constant frequency. It was critical to operate the microfluidic system above the gelatin gelling temperature, which is typically 40 °C. Below this temperature, the drop size and jetting length of the fluid thread rapidly increased and after a while, the dispersion fluid stopped flowing. By tuning the flow rates of the three fluid streams, the gelatin emulsion drops were produced at rates from $10^{1}$ to $10^{3}$ Hz.

Tight control over the particle size and shape uniformity is essential for GMPs-based high performance chemoembolization. Under optimized fluid formulations, the size of gelatin emulsion precursors could be controlled by simply tailoring the flow rate ratio of the dispersion fluid to the outer fluid. Monodisperse gelatin emulsion precursors with scalable sizes could be obtained by also changing the inner radius of exit internal capillaries (Fig. S1). Then, the gelatin emulsion precursors were crosslinked in the presence of a designated concentration of GA with shaking the suspension at 150 rpm for 24 h at 25 °C. The concentration of GA was tuned from $2.5 \times 10^{-3}$ to 0.1 wt%. The condensation reaction between the amine group of gelatin chains and the aldehyde group of GA allowed the emulsion drops to solidify from the surface, given that GA molecules diffused from continuous phase. The modulus of GMPs was determined using a parallel plate Young’s modulus test. For this, the designated number of GMPs was sandwiched between two glass slides and was compressed by applying 16 kPa from the top cover (Fig. S2). We showed that the compressive modulus of GMPs was controllable in the range of 100-210 kPa, by varying the GA concentration. When the GA concentration was lowered to $2.5 \times 10^{-3}$ wt%, the GMPs were mechanically so fragile that they could not endure the applied stress. After complete crosslinking, the particle size of the GMPs could be controlled from tens of micrometers to hundreds of micrometers, while retaining the typical coefficient of variation in size less than 8.1 % (Fig. 3A-C).

Gelatin is degraded naturally in blood vessels. To evaluate the degradation kinetics of the GMPs synthesized in this study, in vitro degradation behavior was investigated in enzymatic conditions. Two different enzymes, trypsin and pepsin, were used in our study: trypsin is a serine protease which cleaves the peptide bonds that link amino acid residues and pepsin is a digestive enzyme that breaks down proteins into smaller peptides like trypsin. The degradation of GMPs was implemented using the method proposed by Roser and Kissel.26 First, the GMPs were added into PBS containing $4 \times 10^{-4}$ wt% pepsin at 37 °C. Then, the degradation of GMPs was monitored daily using a time-lapse bright-field microscope (Fig. S3). GMPs showed tunable degradation, which was controlled by varying the crosslinking
density in the degradation period of 2–27 days. To exactly characterize the degradation of GMPs, 100 nm-sized Fluospheres®, a proxy of drug, were physically immobilized in the gel network of GMPs. Moreover, to shorten the degradation period while displaying controlled drug release, degradation of Fluospheres®-immobilized GMPs were monitored in the presence of 4×10⁻⁴ wt% trypsin in PBS using a fluorescence microscope (Fig. 4A). Under these enzymatic conditions, the GMPs burst into tiny fragments over a period of time. The bursting time was exactly controllable by the GA concentration. We assumed that this extraordinary phenomenon was closely related to the network structure of GMPs.

To better understand the degradation of GMPs under enzymatic conditions, we tried to correlate their degradation kinetics with network structure. Basically, we determined the theoretical mesh size of the gelatin network by using the Peppas and Merrill equation (see ESI).²⁸, ²⁹ The mesh size of GMPs decreased from 33.8 to 5.9 Å, as the GA concentration increased (Fig. 5A-B). The swelling ratio of GMPs also showed the same pattern (Fig. S4). However, the bursting time was gradually increased as the GA concentration increased. This implies that there must be a structure factor that deviates the correlation. To make the particle burst favourable while maintaining the crosslinking density, the distribution of crosslinking points should have a gradient from the surface to the core of the particle. The crosslinked gelatin network generated at the periphery of the particles would likely hinder the diffusion of GA. We could also observe that as we crosslink the GMPs, using the inbound diffusion of GA from the continuous phase, more favourable crosslinking occurred from the periphery of the particle, thus resulting in the micro-shell particle morphology, as characterized in Fig. 6A-C. In our continued work, we conducted in vitro cytotoxicity test for GMPs before and after degradation. After co-culturing GMPs with two types of mouse cells, NIH/3T3 cells and NCTC clone 929 cells, in the culture time from 12 h to 48 h, we could confirm that there was no significant different in the cell proliferation between controls and GMPs (Fig. 7), thus ensuring the applicability as embolic agents.

To show practical application to chemoembolization under enzymatic conditions, we placed a GMP in a model blood vessel made with a gradually tapered microcapillary. Under the conditions of applying a constant pressure (100 kPa) in the presence of trypsin (4×10⁻⁴ wt%), the microcapillary was carefully clogged with a GMP. (Fig. 8A-B, Fig. S5). Upon getting clogged, the surface of the GMP was tapered along the glass wall. As the enzymatic degradation progressed, the contact length of a particle at the glass wall (L) increased and the
radius of the GMP (R) decreased. It was noticeable in our study that after a critical time of degradation, the GMP suddenly melted away (Fig. 8C). To quantitatively characterize the change in the mechanical property during the degradation, we determined the compressive modulus, $K$, of the GMP from the degree of volume change associated with the applied compressive pressure.\textsuperscript{20,21} The pressure from the glass capillary wall, $p_{\text{wall}}$, is obtained by balancing the external force from $P_{\text{wall}} = \frac{2R}{l \sin \alpha} p$, where $\alpha$ is the taper angle of the capillary and $p$ is the applied hydrostatic pressure. Consequently, the compressive modulus can be expressed as $K = \frac{2p_{\text{wall}} + p}{3 (2\varepsilon_r + \varepsilon_z)}$, where $\varepsilon_r$ and $\varepsilon_z$ are the strains in the radial and longitudinal directions, respectively. We observed that $L$ increased sharply after 105 min, which seems to be attributed to the collapse of the dense shell layer. Before ~105 min, the GMP endured a complete collapse of the shell. For this reason, the GMPs lost their moduli after ~105 min (Fig. 8D). This dramatic decrease in the $K$ value at a critical degradation time supports our hypothesis that the GMP indeed exhibits a micro-shell structure: a slightly crosslinked soft gelatin core and highly crosslinked hard shell. Thus, tuning this structure and the mechanical properties of the core and shell enables us to precisely control the structural rupture in response to enzymatic degradation under pressure.

CONCLUSIONS
We have come up with a simple and intelligent method to fabricate monodisperse, biodegradable chemoembolic microparticles made with a natural gelatin. The monodispersity in the particle size of GMPs could be achieved using a drop-based microfluidic technique. We showed that the extraordinary degradation kinetics of the GMPs, which stemmed from the micro-shell structure, enabled more controlled chemoembolization as well as drug release. A model micromechanic study, carried out in an artificial blood vessel, supported the utility of our GMPs for temporary chemoembolization applications. These results highlight that our GMPs exhibit a great potential in the development of a new type of smart chemoembolic agent with the abilities to be degraded at a target time while consecutively releasing the drug loaded in the gelatin gel network, which enables smart chemoembolization for cancer therapy.\textsuperscript{26}

ASSOCIATED CONTENT
Supporting Information.
The supporting information is available free of charge on the ACS Publications website. Characterization of hydrogel mesh size by Peppas and Merrill equation, generation process of W/O precursor emulsion drops, compressive modulus of GMPs, degradation periods of GMPs, swelling ration of GMPs, and demonstration for micromechanic setup.

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B. Kim and S. W. Han contributed equally to this work.

Notes

The authors declare no competing financial interests.

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REFERENCES


**Graphical abstract**

Monodisperse gelatin microparticles with a micro-shell structure show extraordinary degradation kinetics that enables controlled rupturing while exhibiting drug release under temporary chemoembolic conditions.
Figure 1. (A) Schematic illustration for controlled crosslinking and consecutive degradation of GMPs. (B) Chemistry of crosslinking and degradation of gelatin polymers.
Figure 2. (A) Bright-field microscope image showing generation of monodisperse W/O gelatin precursor emulsion drops. The inset shows schematic illustration of coaxial flow in the device. The scale bar is 200 μm. (B) Monodisperse gelatin emulsion precursors obtained from the microfluidic device. The scale bar is 100 μm. (C) Particle size distributions of gelatin emulsion precursors.
Figure 3. Bright-field microscope images of gelatin microparticles after solidification in cold water. (A) $Q_{DF}/Q_{OF} = 0.026$. (B) $Q_{DF}/Q_{OF} = 0.28$. The scale bars are 50 μm. (C) Changes in particle sizes (■) and coefficients of variation (CV, ○) with varying scaled flow rates ($Q_{DF}/Q_{OF}$).
Figure 4. Time lapse observation of GMPs crosslinked with different concentrations of GA under enzymatic conditions (trypsin $4 \times 10^{-4}$ wt%). The particles were labeled with 100 nm Fluospheres®. The scale bar is 50 μm.
Figure 5. (A) Mesh size vs. characteristic ratio for gelatin microparticles. (B) Correlation of bursting time (■) with mesh size (●) of GMPs with the increase in GA concentration.
Figure 6. Fluorescence microscopic observation of a micro-shell particle morphology: (A) a swollen state in water, (B) a collapsed dried state, and (C) an intensity plot profile of a GMP. For this observation, the 2° amines in the gel network were covalently labelled with fluorescein isothiocyanate. The scale bars are 20 μm.
Figure 7. Cytotoxicity analysis. (A) NIH/3T3 cells and (B) NCTC clone 929 cells co-cultured with GMPs before and after degradation. Here, controls don’t contain GMPs, dGMP is the degraded GMPs in $4 \times 10^{-4}$ wt% pepsin for 48 h at 37 °C, cGMP-0.01 is the GMPs crosslinked with 0.01 wt% GA, and cGMP-0.1 is the GMPs crosslinked with 0.1 wt% GA.
Figure 8. (A) Deformation of a GMP in a model blood vessel under constant pressure. (B) Scanning electron microscope image of a tapered microcapillary. The scale bar is 500 μm. (C) Deformation of a GMP crosslinked with 0.01 wt% of GA in the microcapillary under the clogged conditions of applying a constant pressure (100 kPa) in the presence of trypsin (4×10^{-4} wt%). The particles were labelled with 100 nm Fluospheres®. The scale bar is 200 μm. (D) Compressive modulus as a function of deformation time.